

Anaisy Pargas, MD

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EDUCATION

Morsani College of Medicine at USF Health , Tampa, FL <i>Doctor of Medicine</i> Medicine and Gender Scholarly Concentration	2015 – 2019
Boston University School of Medicine , Boston, MA <i>Master of Science in Medical Sciences</i>	2013 – 2015
University of South Florida , Tampa, FL <i>Bachelor of Science in Biomedical Sciences; Honors College</i>	2009 – 2013

CLINICAL TRAINING

Boston University Medical Center , Boston, MA Obstetrics and Gynecology Residency, <i>Ambulatory Chief (2022-2023)</i>	2019 – 2023
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FACULTY APPOINTMENTS

USF Health Morsani College of Medicine , Department of Obstetrics and Gynecology <i>Assistant Professor, Division of Specialists in General OB/GYN</i>	2023 - present
Boston University School of Medicine <i>Clinical Instructor of Obstetrics and Gynecology</i>	2020 – 2023

LICENSURE AND CERTIFICATIONS

Fundamentals in Laparoscopic Surgery Certification	2022
Massachusetts Physician Surgeon, Limited License	2019
Merck Clinical Training Program for Nexplanon	2019
Advanced Cardiac Life Support/Basic Life Support Certification	2019
Advanced Disaster Life Support (ADLS) Certification	2019
Campus Connect Training, Suicide Prevention Certification	2018
Applied Suicide Intervention Skills Training (ASIST)	2012
Florida Council Against Sexual Violence (FCASV) Advocacy Core Training	2012

AWARDS AND RECOGNITION

Resident Teaching Award, Boston Medical Center	2023
ACOG District XII Annual Medical Student Award	2019
Gold Humanism Honor Society – Barness/Behnke Chapter	2018
Robert A. Good Honor Society, USF MCOM (research, innovation, and scholarly endeavors)	2018
Robert C. Knapp Medical Student Award - <i>Award for dedication to the field of Gynecologic Oncology</i>	2018
USF Health Bulls on the Rise – Featured Research Project	2017
USF MCOM Scholarly Concentration Summer Research Grant, Nicaragua	2016
Undergraduate Scholar Award for Service, Research, and Global Engagement, USF Honors College	2013

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Peer Leader Service Award, USF, Department of Chemistry	2013
USF Presidential Scholar Award	2009

PUBLICATIONS

- Hostage JC, Faulkner S, Mendez L, Vragovic O, Yarrington C, **Pargas A**, Markenson G. Does pregnancy alter risk factors for disease severity of Covid-19? *Am J Obstet Gynecol*. 2021 Feb;224(2):S669. doi: 10.1016/j.ajog.2020.12.1109. PMID: PMC7848555.
- Price CR, Hatch LA, Radisic A, Palakurty SH, Khalil S, Simoneit E, **Pargas A**, Shetty I, Lyman M, Couchot P, Roetzheim R, Guerra L, Gonzalez E. Enhancing Adherence to Cervical Cancer Screening Guidelines at a Student-Run Free Clinic. *J Community Health*. 2020 Feb;45(1):128-132. doi: 10.1007/s10900-019-00724-8. PMID: 31420789.
- Khalil S, Hatch L, Price CR, Palakurty SH, Simoneit E, Radisic A, **Pargas A**, Shetty I, Lyman M, Couchot P, Roetzheim R, Guerra L, Gonzalez E. Addressing Breast Cancer Screening Disparities Among Uninsured and Insured Patients: A Student-Run Free Clinic Initiative. *J Community Health*. 2020 Jun;45(3):501-505. doi: 10.1007/s10900-019-00767-x. PMID: 31667647.
- Nwabuobi C, Gowda N, Schmitz J, Wood N, **Pargas A**, Bagiardi L, Odibo L, Camisasca-Lopina H, Kuznicki M, Sinkey R, Odibo A. Risk factors for cesarean delivery in growth restricted pregnancies undergoing induction of labor. *Ultrasound in Obstetrics & Gynecology*. 2020 Jun;55(6):799-805. doi: 10.1002/uog.20850. PMID: 31441151.

PRESENTATIONS

Oral Presentations:

- N. Wood, **A. Pargas**, S. Romero. An Educational Model for Cervical Cancer Prevention in Rural Nicaragua. 2017. The Sixth International Conference on Global Health Challenges, 2017, Barcelona, Spain.

Posters:

- J. Schmitz, C. Nwabuobi, **A. Pargas**, H. Camisasca-Lopina, R. Sinkey, A. Odibo. Risk factors for neonatal intensive care unit admission among growth restricted fetuses. ACOG Clinical and Scientific Meeting, 2019, Nashville, TN.
- C. Nwabuobi, M. Kuznicki, **A. Pargas**, R.G. Sinkey, A.O. Odibo. Hypertensive Disorders of Pregnancy Increase Neonatal Intensive Care Unit Admission in Growth Restricted Fetuses. ACOG Clinical and Scientific Meeting, 2019, Nashville, TN.
- C.R. Price, **A. Pargas**, I. Shetty, M. Moberg, M. Lyman, P. Couchot, M. Lippincott, T. Abuelenen, J. Nawlo, P. Patel, R. Roetzheim, L. Guerra, E. Gonzalez. Enhancing Adherence to Breast Cancer Screening Guidelines at USF BRIDGE Clinic. Institute for Healthcare Improvement National Forum, 2018, Orlando, FL; USF Health Research Day, 2019, Tampa, FL
- A. Pargas**, N. Wood, S. Romero. Assessing Barriers to Cervical Cancer Screening in a Rural Nicaraguan Community. ACOG Annual Clinical and Scientific Meeting, 2018, Austin, TX.
- N. Wood, **A. Pargas**, S. Romero. Cervical Cancer Attitudes and Prevention in Rural Nicaragua. ACOG Annual Clinical and Scientific Meeting, 2018, Austin, TX.
- R. Schickler, S. Holmstrom, **A. Pargas**, A. Nandyala. Attitudes and Barriers to LARC use in a Young Adult Population in Florida. ACOG Annual Clinical and Scientific Meeting, 2017, San Diego, CA.
- A. Pargas**, N. Wood, S. Romero. An Educational Model for Cervical Cancer Prevention in Rural Nicaragua. USF Health Research Day, 2017, Tampa, FL.
- A. Pargas**, N. Wood, J. Whitney, S. D'Alessio, S. Romero. Cervical Cancer Prevention in Rural Nicaragua: An Ambassador Model. 7th Annual Scholarly Concentrations Program Student Symposium, 2016, Tampa, FL.
- A. Pargas**, N. Wood, S. Romero. An Educational Model for Cervical Cancer Prevention in Rural Nicaragua. AAFP Global Health Workshop, 2016, Atlanta, GA.

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P.D. Silverman, S. Zachariah, **A. Pargas**, J. Escobar, C. Waterman, B. Baker. Isolation of Fungal Compounds as a Source of Antimalarial Drugs. Raymond N. Castle Research Conference, 2011, Tampa, FL.

Department Presentations:

- Post-Roe Effects on Residency Abortion Training, OBGYN Dept Grand Rounds, BMC, Boston, MA. Oct 2022
- Anti-NMDA Receptor Encephalopathy and Ovarian Teratomas, BMC, Boston, MA. Aug 2022
- Fascial Dehiscence and Port Site Hernias, BMC, Boston, MA. Feb 2022.
- Neurobiological Changes in Pregnancy and the Postpartum Period, OBGYN Dept Grand Rounds, BMC. Jun 2021.

Resident and Student Lectures:

- Perioperative Medication Management, BMC, Boston, MA. Nov 2022.
- Laparoscopic Entry Techniques and Best Practices, BMC, Boston, MA. Sept 2022.
- Breastfeeding Simulation Day – Resident Education, *curriculum contributor*. BMC, Boston, MA. May 2022.
- Gynecologic Surgery Considerations in Obese Patients, BMC, Boston, MA. Dec 2021.
- Cervical Preparation for Surgical Abortions, BMC, Boston, MA. Oct 2021.
- Birth Control in Adolescents with Cardiac Conditions. BMC, Boston, MA. May 2021.
- Preoperative Predictors of Endometrial Cancer at Time of Hysterectomy. Beth Israel Lahey Health, Burlington, MA. Jan 2021.
- Adenomyosis Incidence and Treatment. Benign Gynecology Conference, Beth Israel Lahey Health, Burlington, MA. Dec 2020.
- Trauma Informed Care (MS3 Clerkship Orientation), BUSOM, Boston, MA. Jan 2020.

RESEARCH EXPERIENCE

Principal Investigator, Lactation and Hormonal Contraception: A Systematic Review Update 2020 – present

Research Assistant, COVID-19 Ambulatory Survey of Effectiveness (CASE): The CASE for Telemedicine Study – Remote BP Cuff Study 2020 – 2022

Research Assistant, Impact of Obesity on Cell Free DNA Testing: a case-control study 2016 – 2017
Morsani College of Medicine, USF

Principal Investigator, Interprofessional Education at USF Health, BUSOM, Boston, MA 2014 – 2015
Master's Degree Thesis

- Wrote project protocol, distributed surveys to 4 health colleges within medical school, collected data and completed preliminary analysis of data.

Co-Principal Investigator, Evaluation of 2-1-1 Services: Crisis Center of Tampa Bay 2012 – 2013
Honors Thesis, USF

- Project protocol and design; completed data collection, analysis, and final report. Presented findings to regional executive board of 2-1-1 Crisis Centers.

Undergraduate Research Assistant, Medicines for Malaria Venture (MMV), USF 2010 – 2011

- Experience in bioassays, filtration, and isolation of bacterial growths, archiving compounds, and extracting polar compounds; preliminary data gathering via medium-pressure liquid chromatography.

LEADERSHIP EXPERIENCE

Ambulatory Chief, Boston University, OBGYN Residency 2022 – present

USF Health Nicaragua/Cedro Galan Clinic 2016 – 2019
Chair (2017–2019), Vice Chair (2016–2017)

BRIDGE Clinic (Student-run free clinic), Tampa, FL
Gynecology Nights Coordinator; Longitudinal Upperclassman Mentor 2018 – 2019
Patient Coordinator 2016 – 2017

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<i>Peer Counselor, Peer Support Network, USF Morsani College of Medicine</i>	2018 – 2019
<i>Obstetrics-Pediatrics Clerkship Liaison, USF Morsani College of Medicine</i>	2017 – 2018
<i>Committee Member, MCOM Downtown Building Advisory Committee</i>	2016 – 2019
<i>OBGYN Interest Group, USF Morsani College of Medicine</i>	2015 – 2017
<i>President (2016 – 2017), Events Chair (2015 – 2016)</i>	
<i>Treasurer, Class of 2019 Student Council, USF Morsani College of Medicine</i>	2015 – 2019

GLOBAL HEALTH AND INTERNATIONAL SERVICE

<i>Team Lead, Med Teams Coordinator, Annual Women’s Health Week, Nicaragua</i>	2018
<i>Co-Founder and Director, Women’s Health “Embajadoras” Program/Cervical Cancer Education program, Cedro Galan, Nicaragua</i>	2016 – 2018
<i>USF Health Nicaragua, Cedro Galán, Nicaragua</i>	2016 – 2018
<i>Team Lead, Med Teams Coordinator, Medical Volunteer, 2018 Spring trip, 2017 Spring trip</i>	
<i>Trip Coordinator, 2017 Fall trip, 2016 Fall trip; Medical Volunteer, 2016 Spring trip</i>	
<i>The Gauntlet for Global Health (annual fundraiser benefitting Cedro Galan Clinic)</i>	2016 – 2018
<i>Director (2018, event raised over \$30k), Assistant Director (2017, event raised over \$15k), Student teams leader (2016)</i>	
<i>Summer Intern, Manna Project International (Community development org), Nicaragua</i>	2016
<i>Medical Volunteer, Medical Mission - Nicaragua: Bulls Service Break, Esteli, Nicaragua</i>	2012

VOLUNTEER EXPERIENCE

<i>Bilingual Medical Team Lead, Annual Woman’s Health Night at JCC (free clinic), Tampa, FL</i>	2017 – 2018
<i>Medical Team Volunteer, BRIDGE Clinic (Student-run free clinic), Tampa, FL</i>	2015 – 2019
<i>Annual Laps for Paps 5k (benefitting San Jose Mission Clinic, free women’s clinic)</i>	2015 – 2016
<i>Director and Staff Coordinator, 2016; Planning Committee Member, 2015</i>	
<i>Crisis Center of Tampa Bay, Tampa, FL</i>	2012 – 2013
<i>Crisis/Suicide Intervention Phone Counselor (Bilingual counselor)</i>	
<i>National Suicide Chat-line Counselor, Information and Referral specialist</i>	

TEACHING EXPERIENCE

<i>Doctoring I Preceptor, USF Health Morsani College of Medicine</i>	2018
<i>Girls’ Health Class Teacher and Curriculum Editor, Chiquilistagua, Nicaragua</i>	2016 – 2019
<i>MCAT and SAT/ACT Tutor, Myers Tutoring, Tampa, FL</i>	2014 – 2016
<i>Chemistry 101 Teaching Assistant, University of South Florida, Tampa, FL</i>	2013

PROFESSIONAL SOCIETIES

American College of Obstetricians and Gynecologists, *Junior Fellow*
American Association of Gynecologic Laparoscopists
Society for Maternal Fetal Medicine
Gold Humanism Honor Society
Massachusetts Medical Society
American Medical Association

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LANGUAGE FLUENCY

Spanish – native, fluent; completed course in Medical Spanish; certified bilingual provider