Anaisy Pargas, M.D., FACOG

University of South Florida, Morsani College of Medicine, Tampa, Florida

Address

2 Tampa General Circle, STC 6th Floor, Tampa, FL 33606
Office: (813) 821-8019
Email: anaisy@usf.edu

Education

Morsani College of Medicine at USF Health Doctor of Medicine, 2013 Medicine and Gender Scholarly Concentration	2015 – 2019
Boston University School of Medicine Master of Science in Medical Sciences, 2015	2013 – 2015
University of South Florida, Tampa, FL Bachelor of Science in Biomedical Sciences Minor in Psychology, Honors College	2009 – 2013

Postgraduate Training

Boston University Medical Center, Boston, MA Obstetrics and Gynecology Residency	2019 – 2023
American Board of Obstetrics and Gynecology, Board Certified	10/2025

Awards, Honors, Honorary Society Memberships

Resident Teaching Award, Boston Medical Center	2023
ACOG District XII Annual Medical Student Award	2019
Gold Humanism Honor Society – Barness/Behnke Chapter	2018
Robert A. Good Honor Society, USF MCOM (research, innovation, and scholarly endeavors)	2018
Robert C. Knapp Medical Student Award	2018
USF Health Bulls on the Rise – Featured Research Project	2017
USF MCOM Scholarly Concentration Summer Research Grant, Nicaragua	2016
Undergraduate Scholar Award for Service, Research, and Global Engagement, USF	2013
USF Honors College Peer Leader Service Award, USF, Department of Chemistry	2013
USF Presidential Scholar Award	2009

Appointments

Assistant Professor, Division of Specialists in General OB/GYN Department of OBGYN, USF Health Morsani College of Medicine	2023 – present
Clinical Instructor of Obstetrics and Gynecology, Boston University School of Medicine	2020 – 2023

Education Leadership

Assistant Clerkship Director, Women's Health Clerkship, USF Health Morsani College of Medicine	6/2026 – present
Assistant Clerkship Director, Surgery Clerkship – GYN Surgery, USF Health Morsani College of Medicine	6/2024 – 6/2026

Teaching, Lecture

Undergraduate Medical

OBGYN Clerkship Lectures, USF MCOM	6/2026 – present
OB Emergencies, Laparoscopy/Hysteroscopy, Surgical Instruments and Cesarean Simulation, OBGYN EPA Course MS4s, USF MCOM	3/2026
Course 7 Reproductive Health Lectures, MS2s, USF MCOM	2/2026 – present
GYN Simulation Preceptor, USF MCOM	6/2024 – present
GYN Surgery Clerkship Lectures, USF MCOM	2024 – 2026
Contraceptive Counseling, OBGYN EPA Course MS4s, USF MCOM	3/2024
Trauma Informed Care (MS3 Clerkship Orientation), Boston University School of Medicine	1/2020
Doctoring I Preceptor, USF Health Morsani College of Medicine	2018 – 2019
MCAT and SAT/ACT Tutor, Myers Tutoring, Tampa, FL	2014 – 2016
Chemistry 101 Teaching Assistant, University of South Florida	2013

Graduate Medical (residents, fellows)

Pregnancy of Unknown Location and Ectopic Pregnancy, Resident didactics, University of South Florida	7/2025
STDs, PID, and TOA Management Review, Resident didactics, University of South Florida	7/2025
PCOS Basics and CREOG Review, Resident Didactics, Boston Medical Center	7/2023
Perioperative Medication Management, Resident lectures, Boston Medical Center	11/2022
Post-Roe Effects on Residency Abortion Training, OBGYN Department Grand Rounds, Boston Medical Center	10/2022
Laparoscopic Entry Techniques and Best Practices, Resident lectures, Boston Medical Center	9/2022

Anti-NMDA Receptor Encephalopathy and Ovarian Teratomas, OBGYN Department, Boston Medical Center	8/2022
Breastfeeding Simulation Day – Resident Didactics, Boston Medical Center	5/2022
Fascial Dehiscence and Port Site Hernias, OBGYN Department, Boston Medical Center	2/2022
Gynecologic Surgery Considerations in Obese Patients, Resident lectures, Boston Medical Center	12/2021
Cervical Preparation for Surgical Abortions, Resident subspecialty conference, Boston Medical Center	10/2021
Neurobiological Changes in Pregnancy and the Postpartum Period, OBGYN Department Grand Rounds, Boston Medical Center	6/2021
Birth Control in Adolescents with Cardiac Conditions, Resident subspecialty conference, Boston Medical Center	5/2021
Preoperative Predictors of Endometrial Cancer at Time of Hysterectomy, Beth Israel Lahey Health	1/2021
Adenomyosis Incidence and Treatment, Benign Gynecology Conference, Beth Israel Lahey Health	12/2020

Teaching, Supervisory

Attending Physician for University of South Florida physician assistant and medical students in outpatient ambulatory clinic at South Tampa Center and Brandon Healthplex at University of South Florida, Tampa, FL	1/2024 – present
Attending Physician for University of South Florida physician assistant students, medical students, OBGYN residents on Labor and Delivery and Gynecology Inpatient service at Tampa General Hospital, Tampa, FL	9/2023 – present
Attending Physician for University of South Florida Anesthesia and Family Medicine residents on Labor and Delivery at Tampa General Hospital, Tampa, FL	7/2025 – present
Attending Physician for University of South Florida physician assistant students, medical students, and Obstetrics and Gynecology residents at Genesis Health Park outpatient ambulatory clinic, Tampa General Hospital, Tampa, FL	1/2024 – present

Clinical Activities

Attending Obstetrician and Gynecologist, University of South Florida Morsani College of Medicine and Tampa General Hospital	9/2023 – present

Published Bibliography

Peer-reviewed

Hostage JC, Faulkner S, Mendez L, Vragovic O, Yarrington C, **Pargas A**, Markenson G. Does pregnancy alter risk factors for disease severity of Covid-19? *Am J Obstet Gynecol*. 2021 Feb;224(2):S669. doi: 10.1016/j.ajog.2020.12.1109. PMCID: PMC7848555.

Price CR, Hatch LA, Radisic A, Palakurty SH, Khalil S, Simoneit E, **Pargas A**, Shetty I, Lyman M, Couchot P, Roetzheim R, Guerra L, Gonzalez E. Enhancing Adherence to Cervical Cancer Screening Guidelines at a Student-Run Free Clinic. *J Community Health.* 2020 Feb;45(1):128-132. doi: 10.1007/s10900-019-00724-8. PMID: 31420789.

Khalil S, Hatch L, Price CR, Palakurty SH, Simoneit E, Radisic A, **Pargas A**, Shetty I, Lyman M, Couchot P, Roetzheim R, Guerra L, Gonzalez E. Addressing Breast Cancer Screening Disparities Among Uninsured and Insured Patients: A Student-Run Free Clinic Initiative. *J Community Health*. 2020 Jun;45(3):501-505. doi: 10.1007/s10900-019-00767-x. PMID: 31667647.

Nwabuobi C, Gowda N, Schmitz J, Wood N, **Pargas A**, Bagiardi L, Odibo L, Camisasca-Lopina H, Kuznicki M, Sinkey R, Odibo A. Risk factors for cesarean delivery in growth restricted pregnancies undergoing induction of labor. *Ultrasound in Obstetrics & Gynecology.* 2020 Jun;55(6):799-805. doi: 10.1002/uog.20850. PMID: 31441151.

Oral Presentations

N. Wood, **A. Pargas**, S. Romero. An Educational Model for Cervical Cancer Prevention in Rural Nicaragua. 2017. The Sixth International Conference on Global Health Challenges, 2017, Barcelona, Spain.

Poster Presentations

J. Schmitz, C. Nwabuobi, **A. Pargas**, H. Camisasca-Lopina, R. Sinkey, A. Odibo. Risk factors for neonatal intensive care unit admission among growth restricted fetuses. ACOG Clinical and Scientific Meeting, 2019, Nashville, TN.

C. Nwabuobi, M. Kuznicki, **A. Pargas**, R.G. Sinkey, A.O. Odibo. Hypertensive Disorders of Pregnancy Increase Neonatal Intensive Care Unit Admission in Growth Restricted Fetuses. ACOG Clinical and Scientific Meeting, 2019, Nashville, TN.

C.R. Price, **A. Pargas**, I. Shetty, M. Moberg, M. Lyman, P. Couchot, M. Lippincott, T. Abuelenen, J. Nawlo, P. Patel, R. Roetzheim, L. Guerra, E. Gonzalez. Enhancing Adherence to Breast Cancer Screening Guidelines at USF BRIDGE Clinic. Institute for Healthcare Improvement National Forum, 2018, Orlando, FL; USF Health Research Day, 2019, Tampa, FL.

A. Pargas, N. Wood, S. Romero. Assessing Barriers to Cervical Cancer Screening in a Rural Nicaraguan Community. ACOG Annual Clinical and Scientific Meeting, 2018, Austin, TX.

N. Wood, **A. Pargas**, S. Romero. Cervical Cancer Attitudes and Prevention in Rural Nicaragua. ACOG Annual Clinical and Scientific Meeting, 2018, Austin, TX.

R. Schickler, S. Holmstrom, **A. Pargas**, A. Nandyala. Attitudes and Barriers to LARC use in a Young Adult Population in Florida. ACOG Annual Clinical and Scientific Meeting, 2017, San Diego, CA.

A. Pargas, N. Wood, S. Romero. An Educational Model for Cervical Cancer Prevention in Rural Nicaragua. USF Health Research Day, 2017, Tampa, FL.

A. Pargas, N. Wood, J. Whitney, S. D'Alessio, S. Romero. Cervical Cancer Prevention in Rural Nicaragua: An Ambassador Model. 7th Annual Scholarly Concentrations Program Student Symposium, 2016, Tampa, FL.

A. Pargas, N. Wood, S. Romero. An Educational Model for Cervical Cancer Prevention in Rural Nicaragua. AAFP Global Health Workshop, 2016, Atlanta, GA.

P.D. Silverman, S. Zachariah, **A. Pargas**, J. Escobar, C. Waterman, B. Baker. Isolation of Fungal Compounds as a Source of Antimalarial Drugs. Raymond N. Castle Research Conference, 2011, Tampa, FL.

Service

Hospital/University

Culture, Engagement, and Enrichment Committee, Graduate Medical Education, USF MCOM, Tampa, FL	2024 – present
Ambulatory Chief, Boston University, OBGYN Residency	2022 – 2023
Peer Counselor, Peer Support Network, USF MCOM	2018 – 2019
Obstetrics-Pediatrics Clerkship Liaison, USF MCOM	2017 – 2018
Committee Member, MCOM Downtown Building Advisory Committee	2016 – 2019
OBGYN Interest Group, USF Morsani College of Medicine *President (2016 – 2017), Events Chair (2015 – 2016)*	2015 – 2017
Treasurer, Class of 2019 Student Council, USF MCOM	2015 – 2019

Community

BRIDGE Clinic (Student-run free clinic), Tampa, FL	
Attending Physician Volunteer	2024 – present
Gynecology Nights Coordinator; *Longitudinal Upperclassman Mentor*	2018 – 2019
Patient Coordinator	2016 – 2017
Medical teams volunteer	2015 – 2019
Crisis Center of Tampa Bay, Tampa, FL *Crisis/Suicide Intervention Phone Counselor (Bilingual counselor)* *National Suicide Chat-line Counselor, Information and Referral specialist*	2012 – 2013

Global Health and International Service

USF Health Nicaragua/Cedro Galan Clinic *Chair (2017–2019), Vice Chair (2016-2017)* *Team Lead, Med Teams Coordinator,* Annual Women's Health Week *Team Lead, Medical Volunteer,* 2018 Spring trip, 2017 Spring trip *Trip Coordinator,* 2017 Fall trip, 2016 Fall trip; *Medical Volunteer,* 2016 Spring trip	2016 – 2019 2018
The Gauntlet for Global Health (annual fundraiser benefitting Cedro Galan Clinic) *Director (2018, event raised over $30k), Assistant Director (2017, event raised over $15k), Student teams leader (2016)*	2016 – 2018
Co-Founder and Director, Women's Health "Embajadoras" Program/Cervical Cancer Education program, Cedro Galan, Nicaragua	2016 – 2018
Summer Intern, Manna Project International (Community development organization), Nicaragua	2016
*Medical Volunteer***,** Medical Mission - Nicaragua: Bulls Service Break, Esteli, Nicaragua	2012

Professional Society Memberships

American College of Obstetricians and Gynecologists

American Association of Gynecologic Laparoscopists