

Cari Eckman, MD, MPH

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EDUCATION

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| University of South Florida ▪ <i>Tampa, FL</i> | 2020 – 2024 |
| Obstetrics and Gynecology Residency | |
| Administrative chief resident | 2023 - 2024 |
| Albany Medical College ▪ <i>Albany, NY</i> | 2016-2020 |
| Doctor of Medicine | |
| University of Miami ▪ <i>Miami, FL</i> | 2014-2016 |
| Master of Public Health | |
| University of Miami ▪ <i>Miami, FL</i> | 2010-2014 |
| Bachelor of Science in Biochemistry | |
| Minors in Chemistry, Philosophy, Business Administration, and Psychology | |

WORK EXPERIENCE

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| Assistant Professor | 2024 - Present |
| University of South Florida ▪ <i>Tampa, FL</i> | |

HONORS, SCHOLARSHIPS, & AWARDS

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| Outstanding MIS Resident | 2024 |
| The Society of Laparoscopic and Robotic Surgeons resident achievement award | |
| William Roberts Award ▪ <i>University of South Florida</i> | 2023 |
| Gynecologic Oncology Award | |
| Alpha Omega Alpha ▪ <i>Albany Medical College</i> | 2019 |
| Arthur D. Hengerer, M.D. Award ▪ <i>Albany Medical College</i> | 2019 |
| This award is presented to a senior medical student who has excelled in Gynecologic Surgery | |
| Delta Omega Honorary Society in Public Health ▪ <i>University of Miami</i> | |
| 2015 | |
| Dickinson Scholarship ▪ <i>University of Miami</i> | 2010 |
| Merit Scholarship | |

PRESENTATIONS & PUBLICATIONS

Eckman, C, Cline, K, Fertel, S, Propst, K. Gaps in postpartum care: a subgroup analysis of patients with OASI. Presented at University of South Florida Department of OB/GYN Research Day. Tampa, FL. (June 19, 2024)

Eckman C, Rich, N. Implementation of a Hysterectomy Route Assessment Tool and Pre-operative Checklist. Presented at University of South Florida Department of OB/GYN Quality Improvement Day, Tampa, FL. (June 14, 2023)

Eckman C, Buras A, Jeong D, Hakam A, Chon HS (2021) Robotic Resection of a Large Degenerating Leiomyoma. *Obstet Gynecol Cases Rev*.

Lynch TA, Olson-Chen C, Colihan S, Meyers J, Holloman C, Li D, Link H, Torres P, Kim A, King DJ, **Eckman C**, Varlamov A, Dexter S, Pressman EK, Soto-Torres E, Malshe A (2018). Preterm Prelabor Rupture of Membranes: Outcomes with Expectant Management until 34 versus 35 Weeks. *American Journal of Perinatology*.

Lynch TA, Olson-Chen C, Colihan S, Holloman C, Link H, King D, **Eckman CT**, Dexter S, Varlamov A, Meyers J, Pressman E, and Malshe A. Preterm premature rupture of membranes: An analysis of expectant management until 35 weeks. Presented at the 65th Annual Meeting, Society for Reproductive Investigation, San Diego, CA. (March 8, 2018)

Eckman CT, Colihan S, King D, Dexter S, Lynch TA, Olson-Chen C, Link H, Pressman E, Meyers, J, Malshe A. Preterm Premature Rupture of Membranes (PPROM): Outcomes of Expectant management (EM) until 34 weeks compared with 35 weeks. Presented at Albany Medical College Medical Student Investigation Day, Albany, NY. (September 26, 2017)

Byrne, MM., Brinker, K., **Eckman, CT.**, Tannenbaum, S., Maestri, SA., Studts, J. Improving knowledge about lung cancer screening: effect of a decision aid vs. NCI website. Presented at the Annual North American Meeting of the Society for Medical Decision Making. (October 23 - 26, 2016)

Byrne, MM., Tannenbaum, S., **Eckman CT.**, Maestri, SA., Brinker, K., Studts, J. Effect of a decision aid vs. NCI website on lung cancer screening decisions and behavior. Presented at the Annual North American Meeting of the Society for Medical Decision Making. (October 23 - 26, 2016)

Byrne MM., Tannenbaum, S., Maestri SA., **Eckman, CT.**, Studts, J. The effect of a cancer clinical trials decision aid on patients' knowledge and decision preparedness. Presented at the Annual North American Meeting of the Society for Medical Decision Making. (October 23 - 26, 2016)

Pacheco-Quinto, J., **Eckman, CT.**, Horowitz, J., Kennedy, S., McCann, M., Woods, C., & Eckman, E. (2013). Failure in beta-amyloid degradation in the endosomal/lysosomal pathway results in intracellular beta-amyloid accumulation within lipid rafts. *Alzheimer's & Dementia: The Journal of the Alzheimer's Association*. **Abstract**.

RESEARCH

Summer Research Fellowship ▪ *AMC, Department of OB/GYN, Albany, NY* 2017
Selected as a research fellow at Albany Medical College following development of a grant proposal ▪ Gathered and analyzed retrospective data on preterm prelabor rupture of membrane patients at Albany Medical Center ▪ Research was presented at the Medical Student Investigators Day at AMC

Research/Graduate Assistant ▪ *UM Department of Public Health Sciences, Miami, FL* 2015-16
Gathered data and coordinated decision aid feasibility studies for lung cancer screening and cancer drug clinical trials ▪ Recruited participants for two decision aid studies ▪ Conducted literature searches and assisted in development of decision aid website based on relevant data

Public Health Research Intern ▪ *Citrus Health Network, Hialeah FL* 2015-16
Conducted literature searches on Homelessness and the Housing First model ▪ Attended community and local organization's meetings on evaluation of homelessness and housing needs in Miami, FL ▪ Assisted in development of grants for funding of Housing First programs at Citrus ▪ Analyzed housing outcomes at Citrus Health Network and developed a report to be used for future funding

Research Assistant ▪ *University of Miami Miller School of Medicine, Miami, FL* 2012-13
Part-time research in a Parkinson's Disease genome wide association study ▪ Assisted in research using laboratory techniques including electrophoresis, DNA isolation, Nanodrop and PCR

Research Intern ▪ *Biomedical Research Institute of New Jersey, Morristown, NJ* 2012
Collected and analyzed data for a molecular biology Alzheimer's disease research project as a summer research intern ▪ Designed and executed experiments to evaluate beta-amyloid degradation in cell cultures

LEADERSHIP

Co-Administrative Chief Resident ▪ *Tampa, FL* 2023 - 2024
Coordinated rotation, clinic, and call schedules for USF OB/GYN residents ▪ Served as a liaison between residents and residency leadership

OSR (Organization of Student Representatives) Representative ▪ *Albany, NY* 2017-2020
Class of 2020 Representative
Attended National AAMC Conferences to discuss medical education and programs at medical schools across the country ▪ Attended student council, undergraduate medical education, and student advisory committee meetings ▪ Developing resource for M1 and M2 students for shadowing opportunities at AMC

Patient Navigation ▪ *Albany, NY* 2016-2018
Paired with lung cancer patient to attend appointments and chemotherapy with and provide support ▪ Called patient regularly to assess any issues with accessing care or medical issues due to therapies and organize questions for upcoming visits
Coordinator (2017-2018)
Responsible for recruiting volunteers for this service learning program and selecting new volunteers through application process ▪ Planned training and informational sessions ▪ Met with volunteers periodically to address issues and concerns with patient navigation

Project Sunshine ▪ *Albany, NY* 2016-2018

Volunteered with children on pediatrics wards to create crafts and encourage socialization
Co-Leader (2017-2018)
Planned and coordinated volunteering events for students with nursing staff ▪ Managed club budgets and finances ▪ Recruited students to volunteer events ▪ Volunteered creating crafts during events

Delta Omega ▪ Miami, FL 2015-2016
President

Planned and coordinated educational and professional activity events for members ▪ Recruited and selected new members ▪ Responsible for planning service events open to all students

Phi Sigma Pi ▪ Miami, FL 2011-2014

National Honor Fraternity

Regional Delegate (2012-13)

Regularly held conference calls with regional delegates at south east region chapters ▪ Assisted in planning regional conferences and assisted our chapter's members attendance

Inter-chapter Relations Chair (2012-13)

Responsible for communicating with other Phi Sigma Pi chapters throughout the country ▪

Communicated innovative events and programs being developed at other chapters with our board

Brother at Large (2013-2014)

Acted as an anonymous resource within the organization for members to discuss concerns or conflicts confidentially ▪ Assembled a team of members to vote on disciplinary actions

COMMUNITY SERVICE

Strong Moms Volunteer ▪ Albany, NY 2016-2017

Mentor to teenage mother with current legal concerns ▪ Attended meetings providing education and personal wellness activities with Moms ▪ Assisted mentee in developing career goals and study habits to obtain her GED ▪ Support before and after doctor appointments

Camillus House Volunteer ▪ Miami, FL

2014-2016

Volunteered at the homeless shelter during meal services and in the facility for clients with pets ▪ Coordinated food drives and service events with students in the public health department

Health Fair Volunteer ▪ Miami, FL

2014-2016

Provided educational materials and counseling on nutrition and exercise at health fairs developed by public health and medical students throughout low socioeconomic status areas in Miami

ACTIVITIES

Advanced Gynecologic Ultrasound Course ▪ AIUM online

6/10-11/2023

Participated in lectures on gynecologic ultrasound including adnexal masses and endometriosis ▪ Obtained IOTA certification after passing a qualifying examination.

Resident Recruitment Committee ▪ Tampa, FL

2021 -2022

Participated in interviews for prospective interns ▪ Collected and compiled data from resident interviews of all applicants interviewed ▪ Coordinated and participated in social events for applicants

Curriculum Review Committee ▪ *Albany, NY* 2016-2020
Reviewed and synthesized comments from first- and second-year themes as well as 3rd year clerkships ▪ Attended meetings with course and clerkship leaders to discuss assessments and mechanisms of change

Admissions ▪ *Albany, NY* 2017-2020
Volunteered with the AMC admissions department as an interview day panelist and as an interviewer during the MMI interview

TEACHING EXPERIENCE

Mentor/Tutor ▪ *Albany, NY* 2017-2020
Medical School
Provided one-on-one tutoring to an AMC M1 student for first year classes
Continued mentoring student throughout the M2 and M3 years

Epidemiology Teaching Assistant ▪ *Miami, FL* 2015-2016
Graded and kept record of all student assignments and quizzes ▪ Fielded and responded to student questions in graduate level epidemiology course

Biology Teaching Assistant ▪ *Miami, FL* 2012-2014
Led weekly discussion groups and responded to questions from students in introductory biology courses ▪ Assisted in grading course work

HONOR SOCIETIES & PROFESSIONAL MEMBERSHIPS

American College of Obstetrics and Gynecology
The American Institute of Ultrasound in Medicine
Delta Omega Honorary Society
Alpha Omega Alpha