

Contact

ckailunas@gmail.com

www.linkedin.com/in/courtney-kailunas-40927290 (LinkedIn)

Top Skills

LGBTQ Health

Trauma Informed Care

Primary Care Nursing

Languages

Spanish (Professional Working)

English (Native or Bilingual)

Certifications

Take a More Creative Approach to Problem-Solving

NUAHT CASE STUDY #6

Elearning Essentials: Instructional Design

Basic Quality and Safety Certificate

National Registry of Certified Medical Examiners

Honors-Awards

Marquette University College of Nursing Scholarship Competition

Cum Laude

Cum Laude

Publications

Escalation: Raising the college students' awareness regarding early signs of abusive relationships

Courtney Kailunas

Instructor I at USF | DNP Nurse Practitioner

Tampa, Florida, United States

Summary

Doctorally prepared Family Nurse Practitioner and Nurse Educator with diverse experience across primary care, urgent care, concierge medicine, and academic nursing. I currently serve as a full-time Instructor at the University of South Florida, where I lead undergraduate nursing lectures and foster a culture of inquiry, ethical practice, and evidence-based care. My academic roles have included teaching across BSN and MSN-NP programs in pharmacology, pathophysiology, health policy, research, and adult primary care, with a strong commitment to mentoring and student development. Clinically, I bring extensive hands-on experience from urgent care and primary care settings, managing acute and chronic conditions, performing in-office procedures, and delivering patient-centered care in both traditional and concierge models. My background as a registered nurse in high-acuity environments—including ICU, ED, oncology, stroke, and COVID units—has shaped my clinical judgment, adaptability, and leadership skills. I am passionate about bridging clinical practice and academia to prepare the next generation of nurses while continuing to provide high-quality, accessible care to patients.

Experience

University of South Florida

Instructor

March 2026 - Present (1 month)

Tampa, FL

-Instructor I for BSN Pharmacology and Complex Health Nursing II

South University

Adjunct Professor

August 2024 - March 2026 (1 year 8 months)

Tampa, Florida, United States

- Lead lectures for BSN Nursing program on mental health and research, and MSN Nurse Practitioner Program on Health Policy, Pharmacology, Pathophysiology and Adult Primary Care clinical courses.
- Provide feedback on assignments and exams to enhance student learning.
- Cultivates a positive and engaging learning environment for students.

Health + Glow Primary Care and MedSpa

Primary Care Nurse Practitioner

April 2025 - February 2026 (11 months)

Tampa, FL

- Provided patient centered primary care using both holistic and evidence based practices
- Ordered proper diagnostics, including imaging, labs, EKGs and placing referrals as appropriate to specialist providers
- Dictated Executive Health Exams (EHE) reports and completed prior authorizations for patient convenience
- Performed hormone pellet insertion as a BioTE certified provider
- Offered nutraceuticals and supplements, such as DIM, NAD+ and others in conjunction with traditional pharmaceuticals for optimal wellness
- Provided education regarding nutrition and weight management with the supervised use of GLP-1 medications
- Worked collaboratively with medical assistants and medical director, Dr. Swapna Kallikadan, to see 20-30 patients per day
- Utilized Athena EMR

TGH Urgent Care powered by Fast Track

Urgent Care Nurse Practitioner

October 2023 - May 2025 (1 year 8 months)

Greater Tampa Bay Area

- Provided competent, compassionate care in an autonomous urgent care setting, performing procedures such as suturing, joint injections, and gynecological exams to 30-40+ patients per 12 hour shift.
- Utilized Epic EMR and evidence-based practice guidelines to deliver high-quality healthcare services to patients.
- Obtained detailed medical histories, conduct physical assessments, and reviewed diagnostic/lab tests to ensure accurate diagnosis and treatment.
- Provided occupational services such as DOT exams, HART exams and worker's compensation visits

Nova Southeastern University

Clinical Placement Coordinator

May 2023 - December 2023 (8 months)

Clearwater, Florida, United States

- Coordinated clinical placements for nurse practitioner cohorts, ensuring smooth transitions and optimal learning experiences.
- Conducted site visits to assess educational needs and provide support to students and clinical sites.

One Medical Center

Family Nurse Practitioner

May 2023 - September 2023 (5 months)

Clearwater, Florida, United States

- Collaborated with medical team to develop and implement new procedures, policies, and protocols to enhance patient care.
- Provided direct patient care, including history taking, physical examination, diagnostic testing, and treatment planning.
- Prescribed medications within scope of practice and collaborated with primary care providers on long-term management plans.

A+ Family Urgent Care

Nurse Practitioner

October 2022 - May 2023 (8 months)

Tampa, Florida, United States

- Collaborated with medical team to develop and implement new procedures, policies, and protocols to enhance patient care.
- Conducted comprehensive physical exams on patients of all ages, ordered lab tests, and interpreted results.
- Provided counseling for stress management, anxiety, depression, and relationship issues.
- Supervised medical assistants in the urgent care center's triage area.

FLORIDA WELLNESS MEDICAL GROUP

Family Nurse Practitioner

October 2021 - December 2022 (1 year 3 months)

Tampa, Florida, United States

- Managed patient records and conducted physical exams, sports physicals, and well woman exams.
- Ordered diagnostic tests, prescribed medications, and developed customized treatment plans.
- Treated acute and chronic illnesses, including minor lacerations and incision and drainage procedures.

University of Washington Medical Center

Float Registered Nurse

June 2021 - September 2021 (4 months)

Seattle, Washington, United States

- Provided high-quality medical care based on individual physician orders in various acute care units
- Collaborated with interdisciplinary team members to support patient wellness and staff
- Acted as a primary medical resource for patients and caregivers, fostering a compassionate environment
- Utilized Epic EHR software for efficient patient care management

BayCare Health System

Clinical Nurse II

February 2018 - May 2021 (3 years 4 months)

Tampa, FL

- Provided direct patient care, precepted new nurses, and fulfilled charge nurse duties on the inpatient float team.
- Managed patient pain using various techniques like PCA pumps, epidural pumps, guided imagery, and aromatherapy.
- Collaborated with interdisciplinary teams to create customized care plans for patients and utilized Cerner EHR software.

University of Florida

Teaching Assistant

July 2019 - April 2021 (1 year 10 months)

Gainesville, Florida Area

- Reviewed student assignments and provided feedback as needed.
- Served as a resource for students seeking assistance in coursework.
- Assisted in teaching basic research methods to Doctor of Nursing Practice students at the University of Florida.

Tampa General Hospital

Registered Nurse

July 2017 - February 2018 (8 months)

Tampa Bay, FL

- Provided direct patient care on a surgical oncology unit, creating individualized care plans and monitoring patient progress.
- Collaborated with a team of healthcare professionals to share expertise and knowledge, ensuring comprehensive care for patients.

- Recognized and treated cancer-related issues, offering supportive resources to promote a positive outlook for patients and families.

Regal Financial Group

Receptionist

February 2013 - June 2017 (4 years 5 months)

Kentwood, Michigan

- Answered phones and directed calls at Regal Financial Group in Kentwood, Michigan.
- Scanned financial statements and forms, created marketing materials, and provided customer service.
- Utilized Microsoft Office suite for daily tasks and bulk marketing mailings.

Marquette University

1 year 5 months

Research Assistant

September 2016 - May 2017 (9 months)

Greater Milwaukee Area

- Conducted research study groups and analyzed information for a project on relationship violence education.
- Collaborated with Dr. Abir Bekhet at Marquette University to contribute to impactful research.
- Developed strong analytical skills and gained valuable experience in research methodology.

Pharmacology and Pathophysiology Tutor

January 2016 - May 2017 (1 year 5 months)

Greater Milwaukee Area

- Created study materials in pharmacology and pathophysiology to enhance student performance.
- Provided personalized tutoring sessions to 3-5 BSN students weekly.
- Conducted mini lectures to clarify complex concepts and improve understanding.

Blue Lake Fine Arts Camp

Health Staff

March 2015 - August 2015 (6 months)

Muskegon, Michigan

- Managed camper visits to the clinic and distributed medications at Blue Lake Fine Arts Camp.

- Worked alongside RN's to provide first aid and document camper interactions.
- Collaborated on a shift basis to ensure the health and safety of campers.

Education

University of Florida

Doctorate of Nursing Practice, Family Practice Nurse/Nursing · (2018 - 2021)

Marquette University

Bachelor's Degree, Registered Nursing/Registered Nurse, BSN · (2013 - 2017)

Grand Rapids Catholic Central High School

High School Diploma, General Studies · (August 2009 - May 2013)