

Heather Galon, MD

University of South Florida, Obstetrics and Gynecology Department, Tampa, Florida

Contact

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Other Names

Heather Stewart (Maiden)

Education

University of South Florida, Obstetrics and Gynecology Residency	2021-2025
University of South Florida, Morsani College of Medicine	2017-2021
University of South Florida, Integrative Animal Biology, BS and 2016, King O'Neal Scholar	2013-2016

Work

Assistant Professor Division of Specialists in General OB/GYN University of South Florida, Tampa, FL	2025-current
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Certifications

BLS Certification. Sept 2024.

ACLS Certification. Sept 2024.

IOTA Certification. Attended an advanced gynecological ultrasound course and passed the International Ovarian Tumor Analysis certification test. May 2024.

Da Vinci Xi Robotics Certification. Feb 2025.

Awards, Honors, Honorary Society Memberships

Dr. Constantin Artzibushev Award for Humanism in OB/GYN. June 27, 2025. <i>An award elected by the USF Faculty, Residents, and Fellows.</i>	2025
Resident Excellence in Medical Student Teaching – GYN Surgery Rotation: November 21, 2022- February 24, 2023. <i>An award elected by nominations of medical students.</i>	2023
Resident Excellence in Medical Student Teaching – Rotation 4: November 22, 2021- January 28, 2022. <i>An award elected by nominations</i>	2022

of medical students.

Gold Humanism Honor Society	2020
Alpha Omega Alpha	2020
Best Poster Presentation in Science Education presented at Molecular Science Department Retreat at USF MCOM – “Summer STEM Program Aimed at Disadvantaged Students Shown to Increase Factual and High Order Cognition”	2019
Summer Scholarly Award Experience- Summer STEM Program Aimed at Disadvantaged Students. <i>A grant awarded to fund the development and implementation of an interactive curriculum for underrepresented pre-medical students.</i>	2018

Teaching

Instructor for Entrustable Professional Acts course, 9 students	2023 & 2024
Instructor for Summer STEM Program, 55 students	2018
Peer Tutor for first year medical students, 3-7 students	2018
Teacher at King High School, Biology and Physical Science, 140 students	2016 – 2017

Published Bibliography

Pitre, M., Mulla, Y, Arboleda, B., Nguyen, E., **Stewart, H.**, Hale, E., Cook, E., Shahin, A., Guerra, L., Trehy, D., Hanna, K. and Gonzalez, E. Contraception Use and Counseling at a Student-Run Free Clinic. *Journal of Student-Run Clinics*. 2022, 8:1

Cook, E., Arboleda, B., **Stewart, H.**, Nguyen, E., Shahin, A., and Gonzalez, E. Responding to COVID-19: Implementing a Telemedicine Program at a Student-Run Free Clinic. *Telemedicine Reports*. 2021. 2:1.

Nguyen, E., **Stewart, H.**, Maldonado, M., Cook, E., Arboleda, B., Simoneit, E., Harsha Palakurty, S., Shahin, A., and Gonzalez, E. A Model for Free Dental Care for Uninsured Patients Served by the BRIDGE Healthcare Clinic. *Journal of Student-Run Clinics*. 2021, 9:1

Presentations

Galon, H. McKeon, B. Paper Cases to Simulate an OB/GYN Interns First Day. Presented at USF OBGYN Department Research Day. Jun 2025.

Galon, H., Fertel, S., Garcia, A., Lynch, C. Rapidly Expanding Anterior Vaginal Wall Mass Requiring Emergent Surgery. A surgical video

presented at Society of Gynecologic Surgery Annual Scientific Meeting. Mar 2025.

Galon, H., Fryer, K. COVID-19 Vaccination in Pregnancy. Presented at University of South Florida Department of OB/GYN Quality Improvement Day. Jun 2023.

Bladuell, G., **Stewart, H.**, DeWaay, D. Addressing the Opioid Crisis: Curriculum for Medical Students. Oral Presentation at USF Student Symposium. Nov 2019.

Stewart, H., Ly, M., Seifer, C., Furtak, L., Field, M., Smith, S., and Gulick, D. Summer STEM Program Aimed at Disadvantaged Students is Shown to Increase Factual and High Order Cognition. Poster Presentation at USF Health Research Day. Feb 2019.

Other Research and Creative Achievements

Galon, H. All I could do was be there. Narrative Essay. Gold Virtual Humanism Conference: Healing the Heart of Healthcare: Reimagining How We Listen, Connect, and Collaborate. May 2022.

Stewart, H. Teaching and Learning Moments: My First Therapy Session. Narrative Essay. Academic Medicine. February 2021.

Stewart, H. Who are the patients of BRIDGE clinic? Short film recorded at Morsani Center in Jan 2018. Screened at BANDaids for BRIDGE in 2018, 2019, and 2020.

Leadership

Founding Member of Tampa General Hospital Obstetrics and Gynecology Communication Committee <i>Served as the provider liaison in the committee dedicated to improving communication between staff and providers within the department.</i>	2025-
Administrative Chief, USF OBGYN Residency Program <i>Coordinated rotational, clinic, and call schedules for 24 residents. Served as a liaison between residents and residency leadership.</i>	2024-2025
Interview Chair, USF OBGYN Residency Program <i>Organized social nights for 72 applicants over 6 interview days. Gathered and organized feedback from resident interviewers and provided this to faculty.</i>	2022-2023
Director, Building Relationships and Initiatives Dedicated to Gaining Equality (BRIDGE) Clinic a student run free clinic at USF. <i>Supervised a weekly clinic supported by faculty and student volunteers in addition to overseeing all research projects conducted, overseeing a year long elective for fourth year medical students, and managing special events throughout the year.</i>	2020-2021
Technical Director, BANDaids for BRIDGE. <i>Managed lights, audio, and visuals for a talent show used as an annual</i>	2018-2020

fundraiser for the BRIDGE clinic. Produced a short film screened at the event titled "Who are the patients of BRIDGE?"

Co-Coordinator, Women's Health Night at Judeo-Christian Health Clinic. 2018

Expanded an annual well woman exam night at a free clinic to a bi-annual event recruiting and preparing student volunteers and overseeing the clinic.

Assistant Technical Director, BANDaids for BRIDGE

Assisted and learned how to manage lights, audio, and visuals for a talent show used as an annual fundraiser for the BRIDGE clinic.

2017-2018

Volunteering

Volunteer, BRIDGE Clinic. 2017-2024

In addition to leadership role above, helped to staff clinic over these 7 years.

Peer Counselor, Peer Support Network. 2020-2021

Provided support and advice to fellow medical students via anonymous messages and quarterly office hour sessions.

Instructor, WeeWatermark Children's Ministry 2016-2021

Led a group of 14 children ages 5-6 through Sunday School Lessons once a month.

Education Coordinator, Empowering Survivors Through Educational Experiences in Medicine (ESTEEM). 2018-2019

Created health education sessions and lead interactive sessions with survivors at the Spring, a local domestic violence shelter.

Mentor, Plexus Mentoring Program 2017-2018

Mentored an undergraduate student pursuing a career in the medical field through navigating volunteering, shadowing, and studying.