

Jennifer Rachel Shiroky-Kochavi, MD MPH

jshirokykochavi@usf.edu

561-706-9781

DEMOGRAPHIC AND PERSONAL INFORMATION

Current Appointments

2021-Present Assistant Professor, Morsani College of Medicine (MCOM), University of South Florida (USF)

2024-Present Interim Division Director, Division of General Internal Medicine, MCOM, USF

EDUCATION AND TRAINING

Undergraduate

2011 B.A. Vassar College, Poughkeepsie, NY

- Graduated with general and departmental honors
- Studied abroad at University of Melbourne, Melbourne, Australia 7/09-6/10

Doctoral/Graduate

2017 M.D. University of Miami Miller School of Medicine (UMMSM), Miami, FL

2017 M.P.H. University of Miami Miller School of Medicine, Miami, FL

Postdoctoral

2017-2018 Intern, Internal Medicine, Johns Hopkins Bayview Medical Center (JHBMC), Baltimore, MD

2018-2020 Resident, General Internal Medicine Track, Internal Medicine, JHBMC

2020-2021 Ambulatory Assistant Chief of Staff, JHBMC

Professional Training

12/2018 American Society of Addiction Medicine Educational Program for Buprenorphine

3/2019 Integrative Medicine Elective Rotation, Andrew Weil Center for Integrative Medicine,

Tucson, AZ

9/2019-5/20 Senior Resident Leadership Series, Johns Hopkins School of Medicine

1/2020 Johns Hopkins Bayview Medical Center Tobacco Cessation Counseling Certification

2020 Obesity Care Curriculum, JHBMC

2-6/2020 Sharing the Cure, Hepatitis C Outreach Program, Johns Hopkins Medicine Division of Infectious Diseases and Maryland Department of Health and Mental Hygiene

9/2020-6/21 Longitudinal Curriculum Development Course, Johns Hopkins Faculty Development Program

10/2020 Chief Resident Immersion Training (CRIT) Program in Addiction Medicine, Boston University School of Medicine

2021-2022 Curriculum Development Practicum, Johns Hopkins Faculty Development Program

COMMUNITY EXPERIENCES

Community Leadership Positions

2013 Assistant Project Manager, South Dade Health Fair, Department of Community

Service (DOCS) UMMSM, Miami FL
2014 Project Manager, South Dade Health Fair, DOCS, UMMSM
2013-14 Health Fairs, Clinics Enrollment, and Education Coordinator, DOCS, UMMSM
2015-16 Director of Community Partners and Outreach, DOCS, UMMSM
2016-17 Director of the Regional Medical Campus DOCS, UMMSM
2021-2022 Facilitator, Working on Wellness, USF Morsani Clinic

Volunteer Work

2013-14 Volunteer, Center for Haitian Studies, Miami FL
6-7/2014 Volunteer, Project Medishare, Hopital Bernard-Meys, Port-au-Prince, Haiti

EDUCATIONAL ACTIVITIES

Teaching

Classroom Instruction

USF

2024 Opiate Prescription Management in Primary Care, USF IM Residency
2022-Present Course Director, Doctoring 2, MCOM, USF
2021-Present Nutrition and in Health and Disease, Course 6, MCOM, USF

JHMI/Regional

2017-2019 Speaker: Mental Health, CKD, Lay Health Educator Program
3/28/2018 Morning Report Speaker, EBM: Does Mindful Eating Improve Weight Loss Outcomes for Obese and Overweight Patients, Internal Medicine Residency, JHBMC
7/04/2018 Noon Conference Speaker, How to Troubleshoot a Cirrhosis Admission, Internal Medicine Residency, JHBMC
7/26/2019 Noon Conference Speaker, Fever and a Rash, HNV Hospital International Case Conference, Internal Medicine Residency, JHBMC
10/03/2018 Noon Conference Speaker, Diagnostic Reasoning Case Conference, Internal Medicine Residency, JHBMC
9/03/2019 Noon Conference Speaker, Pharmacologic Treatment for Obesity, Internal Medicine Residency, JHBMC
11/25/2019 Noon Conference Speaker, Buprenorphine: Overview for a Primary Care Visit, Internal Medicine Residency, JHBMC

Invited Talks

5/21/2018 Speaker, JHU Geriatrics Grand Rounds, "Retirement", Baltimore, MD
12/14/2019 Speaker, JHU Symposium on Humanism and Medicine: As if the Patient Mattered. Residents Panel on Humanism in Training, Baltimore, MD
2/7/2022 Facilitator, USF MCOM MedEd Journal Club, "It's never too early to start preparing to practice primary care", Tampa, FL
11/8/2023 Speaker, Medi-Futures USF

Workshops/Seminars

2014-15 Founder, UMMSM Ethics Journal Club, Miami, FL
2022-Present Founder, SGIM Ambulatory Education for Residents Interest Group

Committees

2023-Present MCOM Academic Performance Review Committee, Voting Member

RESEARCH ACTIVITIES

2012-13 Full Time Research Student, Tolga Erim, DO- Department of Gastroenterology and Hepatology, Cleveland Clinic Florida
2014-17 Establishment of a Pediatric Residency Training Program in Haiti: Examining Health

2015-17 Outcomes UMMSM, Miami, FL, HMBPM, Port-au-Prince, Haiti.
Community Based Participatory Research with Guatemalan-Maya Community in
Lake Worth, FL UM DOCS, Palm Beach County, FL

Mentorship

2022-Present Faculty Advisor/Coach, CLARION Interprofessional Case Competition, University of
Minnesota

2023-Present Faculty Advisor/Coach, Local CLARION Interprofessional Case Competition, USF

PUBLICATIONS

Original Research

1. Castro F, Shiroky J, Raju R, Lurix E, Erim T, Johnston Y, Ukleja A. Routine duodenal biopsies in the absence of endoscopic markers of celiac disease are not useful: An observational study. *ISRN Endoscopy* 2013, Article ID 623936, 5 pages.
2. Ukleja A, Shiroky J, Agarwal A, Allende D. Esophageal dilations in eosinophilic esophagitis: A single center experience. *World J Gastroenterol* 2014.

Essays

1. **Shiroky-Kochavi J.** The Pandemic Determinants of Health. *JAMA* 2022; 327(19):1869.

Review Articles

1. Erim T, **Shiroky J**, Pleskow DW. Cholangioscopy: the biliary tree never looked so good! *Curr Opin Gastroenterol* 2012; 29: 501-8.
2. Azar A, Aldaoud N, Hardenbergh D, Krimins R, Son J, **Shiroky J**, Timlin H. Systemic lupus erythematosus and common variable immunodeficiency. *J Clin Rheumatol* 2022; 28(1):e245-e248.
3. Lorenz Z, Rybolt L, Ghanem KG, **Shiroky-Kochavi J.** A patient with secondary syphilis following incomplete treatment of primary infection. *Lancet ID*, published July 3, 2023.

Case Reports

1. **Shiroky J**, Jimenez Cantisano BG, Schneider A. Esophageal motility disorders after bariatric surgery. *Dysphagia* 2013; 28: 455-6.
2. Timlin H, Machireddy K, **Shiroky J**, Ravi S, Haque U. Anti-Smith antibody positivity without lupus in the setting of lung cancer. *Cureus* 2020;12(5):e8298.
3. Patel B, **Shiroky-Kochavi J.** A wandering arthritis and mind. *CRAJ* 2022; 32(4):24-26.

Book Chapters, Monographs

1. Schuchman M, **Shiroky J**, Leff B. Home-Based Care. In *Current Diagnosis and Treatment: Geriatrics*, Third Edition, McGraw-Hill 2020.

Posters

1. Moody A, Bennett J, Melillo A, **Shiroky J**, Lin J, Burns W, O'Connell M. "University of Miami medical students trained as Certified Application Counselors: Serving the community and gaining unique insights into today's healthcare system." AAMC Annual Meeting & Medical Education Meeting. Chicago, IL, November 6-11, 2014.
2. Camfield K, Crichton E, Dunn E, **Shiroky J.** "Assessing community needs in health knowledge: Enhancing DOCS health education initiatives." UMMSM Annual Public Health Graduate Student Showcase. Miami, FL, February 2015.
3. **Shiroky J.** "Establishment of a pediatric residency training program in Haiti: Examining health outcomes." UMMSM Annual Public Health Graduate Student Showcase. Miami, FL, February 2015.
4. Moody A, **Shiroky J**, Bennett J, Meshbane K, Melillo A, Lin J, Snow K, O'Connell M. "Serving the community and understanding the Affordable Care Act: University of Miami medical students trained as CAC assisters." Society of General Internal Medicine 38th Annual Meeting. Toronto, CA. April 22-25, 2015. Presented at Research and Innovations in Medical Education Poster Reception. Miami, FL.

5. **Shiroky J**, Kim E, O'Shea D, Gaffney L, Kobetz E, Belkowitz J. "Understanding the health needs to better serve the Guatemalan-Maya Community of Lake Worth, FL." Society of General Internal Medicine 39th Annual Meeting. Hollywood, FL, May 12-14, 2016.
6. **Shiroky J**, Pytell J. "Takes a long time to get DRESSED when it's cold." Society of General Internal Medicine 42nd Annual Meeting. Washington, DC, May 8-11, 2019.
7. **Shiroky J**, Caulfield-Noll C, Arbaje A. "The retirement milestone: How can we help older adults make the transition?" Society of General Internal Medicine 42nd Annual Meeting. Washington, DC, May 8-11, 2019.
8. **Shiroky J**. "Dermatopathology cinches the diagnosis for spor(e)adic fevers." Society for General Internal Medicine 43rd Annual Meeting. May 2020.
9. **Shiroky-Kochavi J**, Ward H, Gross C. Outpatient practice tactics to improve management in Internal Medicine (OPTIMIM). Society of General Internal Medicine 42nd Annual Meeting. Washington, DC, May 8-11, 2019.

Funding

2014 Global Health Scholars Award, UMMSM, \$1800
 2014 SpringBoard Grant, UMMSM \$1000
 2020 University Health Services Wellness Grant, JHU \$220

RECOGNITION

Awards, Honors

2017 Inductee, Iron Arrow Honor Society, University of Miami
 2017 Inductee, AOA, University of Miami
 2023 Award, 2021-2022 Top Performer Patient Experience Award, USF Health
 2023 Award, Press Ganey Award Fourth Quarter of 2023, USF Health
 2024 Award, 2022-2023 Top Performer Patient Experience Award, USF Health

OTHER

Scholarly Work

2021-Present Peer Reviewer, Society of General Internal Medicine
 2021-Present Peer Reviewer, Annals of Internal Medicine

Medical, other state/government licensure

2019-2021 Maryland Board of Physicians
 2021-Present Florida Board of Physicians

Professional Societies

2013-Present Member, American College of Physicians
 2018-Present Member, Society of General Internal Medicine

Other

2022-Present Vassar College Alumni Association Program, Applicant Interviewer
 2017 The MBSR Home Study Course: An 8-Week Training in Mindfulness-Based Stress Reduction. Offered by Sounds True
 2017-2018 Intern Class Oath, Painter
 2017-2020 Committee Member, Co-Chair, Resident Wellness Committee, Johns Hopkins Bayview Medical Center