

## CURRICULUM VITAE

Janice C. Zgibor, RPh, PhD, CPH, FACE  
Professor of Epidemiology  
College of Public Health  
Department of Pharmacotherapeutics and Clinical Research  
College of Pharmacy  
University of South Florida

### EDUCATION AND TRAINING

#### Undergraduate:

1979-1984	University of Pittsburgh School of Pharmacy Pittsburgh, PA	B.S., 1984	Pharmacy
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#### Graduate:

1992-1997	University of Pittsburgh Graduate School of Public Health Pittsburgh, PA	M.P.H., 1997	Epidemiology
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1997-1999	University of Pittsburgh Graduate School of Public Health Pittsburgh, PA	Ph.D., 1999	Epidemiology
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#### Post Graduate:

1999-2001	NIH Post-doctoral Fellowship University of Pittsburgh Pittsburgh, PA		Endocrinology and Metabolism
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3/2001	Second Advanced Diabetes Epidemiology Course Utrecht, Netherlands		Epidemiology
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10/2003	1 <sup>st</sup> CDC Diabetes Short Course Diabetes Public Health and Research, Division of Diabetes Translation, Atlanta, GA		Translational Research
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03/2013	Excellence in Teaching Certificate University of Pittsburgh Graduate School of Public Health		
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9/2017-5/2018	USF System Professional Development in Higher Education Leadership Program		Leadership
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1/2018-6/2018	Quality Matters Certification in Online Teaching	Teaching
6/2019-8/2019	New Academic Leaders: Strategies (Magna)	Leadership

## APPOINTMENTS AND POSITIONS

### Academic

	<b>Position</b>	<b>University of Pittsburgh</b>
2001-2004	Research Associate	Epidemiology, Graduate School of Public Health
2000-2010	Epidemiology consultant/Director of Evaluation (2004)	University of Pittsburgh Diabetes Institute School of Medicine Division of Endocrinology and Metabolism
2004-2013	Assistant Professor	Epidemiology Graduate School of Public Health
2011-2015	Associate Director	Center for Aging and Population Health Prevention Research Center Graduate School of Public Health
2012-2014	Assistant Professor	Clinical Translational Science School of Medicine
2010-2015	Assistant Professor	General Internal Medicine School of Medicine
2014-2015	Associate Professor	Clinical Translational Science School of Medicine
2013-2015	Associate Professor	Epidemiology Graduate School of Public Health
2015	Associate Professor	Medicine School of Medicine
2015-present	Adjunct Associate Professor	Epidemiology Graduate School of Public Health
		<b>University of South Florida</b>
2015-2019	Associate Professor	Epidemiology and Biostatistics College of Public Health

2015-present	Director	PhD Program in Epidemiology College of Public Health
2016-present	Associate Professor	Pharmacotherapeutics and Clinical Research College of Pharmacy
2017-present	Director	Doctor of Public Health Program College of Public Health
2017-present	Director	Certificate in Pharmacoepidemiology
2018-present	Concentration Lead	Epidemiology
2019-present	Faculty Development Fellow	Academy for Teaching and Learning Excellence
2019	Professor	Epidemiology

**Non-Academic**

1983-1985	Pharmacy intern/staff pharmacist	Giant Eagle Pharmacy, Pittsburgh, PA
1985-1986	Staff pharmacist	Weis Pharmacy, Frederick MD
1986-1987	Teaching Assistant	West Virginia University Department of Pharmacy Administration
1987-1990	Sales Representative	Eli Lilly and Company, Indianapolis, IN
1990-1995	Staff Pharmacist	Merck/Medco, North Versailles, PA
1996-1997	Graduate Student Researcher	Diabetes Prevention Program, Department of Epidemiology
1998-2004	Graduate Student Researcher/Project Coordinator	DIACOMP Study, Epidemiology of Diabetes Complications Study Department of Epidemiology University of Pittsburgh
2000-2009	Epidemiologist Consultant	End Stage Renal Disease Network 4 (Pennsylvania/Delaware) Center for Medicare and Medicaid Services
2011-2013	Analytical Consultant	University of Illinois at Chicago

## **CERTIFICATION AND LICENSURE**

### **Certification and Licensure**

Pharmacy	Pennsylvania State Board of Pharmacy	Pennsylvania RP033500L
Public Health	National Board of Public Health Examiners	CPH 12905

## **MEMBERSHIP IN PROFESSIONAL AND SCIENTIFIC SOCIETIES**

1996-present	American Diabetes Association
1999	Society for Epidemiologic Research
2005-2007	Society for Medical Decision Making
2004 present	BRIDGE-Behavioral Research in Diabetes Group Exchange
2012-present	American Public Health Association
2016-present	Florida Public Health Association
2016-present	American College of Epidemiology

## **HONORS**

<b>Year</b>	<b>Title of Award</b>
1984	Graduated, Cum Laude, University of Pittsburgh, School of Pharmacy, Pittsburgh, PA
1999	Rho Chi, Honor Society for Pharmacy, West Virginia University, Morgantown, WV
1997	Outstanding Master's Degree Student, Epidemiology, University of Pittsburgh, Pittsburgh, PA
2000	Delta Omega, International Public Health Honor Society, University of Pittsburgh, Pittsburgh, PA
2005	Golden Pen-New Author Award for Excellence in Writing, Journal for Health Care Quality, National Association for Health Care Quality
2012	Best Paper Award, ACM GIS International Conference on Advances in Geographic Information Systems, Rondondo, Beach California
2013	Regional Public Health Partnership Award from the Arthritis Foundation honoring the work of the Center for Aging and Population Health Prevention Research Center

2013	Erickson Foundation Research Award, The Aging and Public Health Section of the American Public Health Association, Boston, MA
2013	Community Partnership Engagement Award from the Prevention Research Center National Community Committee honoring the work of the Center for Aging and Population Health Prevention Research Center
2016	Fellow, American College of Epidemiology

## PROFESSIONAL ACTIVITIES

### 1. Teaching

#### a. Courses Taught

<u>Years Taught</u>	<u>Course Number: Title</u>	<u>Hours of Lecture, credits Average Enrollment</u>	<u>Position</u>
<b><u>2002-2015</u></b> <b><u>University of Pittsburgh</u></b>			
2002-2013	Epidemiology 2183: Reading, Analyzing and Interpreting the Public Health and Medical Literature	2 hours per week Average of 10 students (taught Summer and Fall)	Primary instructor
2010-2011	CLRES 2010: Clinical Research Methods	6 hours per week for sessions in Summer, Average 30/session	Co-instructor
2012-2013	CLRES 2010: Clinical Research Methods	6 hours per week for sessions in Summer, Average 30 per term	Course Director and Co-instructor
2013-2015	Epidemiology 2590: Grant Writing	2 hours/week	Primary Instructor
<b><u>2015-present</u></b> <b><u>University of South Florida</u></b>			
2016-2018	PHC 7935: Epidemiology and Biostatistics Seminar/Journal Club	1 hour/week	Primary instructor
2016-present	PHC 6934: Population Assessment 1	5 credits/130 students in person/150 students online	Team Taught
2017-present	PHC 7042: Practical Issues in Epidemiology	3 credits/11 students	Primary instructor
2018-present	PHC 7154: Advanced Public Health Research	3 credits/45 doctoral students	Co-instructor

<u>Years Taught</u>	<u>Course Number: Title</u>	<u>Hours of Lecture, credits Average Enrollment</u>	<u>Position</u>
2018-present	PHC 6934: Social Epidemiology	1 credit	Primary Instructor
2018	PHC 7903: Transforming Public Health Practice	3 credits/42 doctoral students	Co-instructor

**b. Other Teaching** (lectures, tutorials and continuing education courses)

**2002-2015 University of Pittsburgh**

<u>Years Taught</u>	<u>Course</u>	<u>Topic</u>
2003-2004	Division of Endocrinology Clinical Fellowship Program	Statistics: Basic Concepts and Practical Application
2003-2005	Epid 2160 Infectious Disease Epidemiology	Data Management
2004	Epid 2260 Epidemiologic Basis for Disease Control	Diabetes
2008-2015	Epid 2181 Clinical Trials	Cluster Randomized Clinical Trials
2012	HPM 2141 Health Policy and Management Managerial Epidemiology	Measuring Population Health: Incidence and Prevalence
2014-2015	Lecture: Medical Sociology	The role of Epidemiology in Medicine

**2015-present University of South Florida**

2016-present	Lecture: Foundations in Public Health USF School of Pharmacy	Pharmacy and Public Health
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**c. Major Professor for Doctoral Students**

<b>Name of Student</b>	<b>Degree Awarded, Year</b>	<b>Type of Document and Title</b>
Gretchen Piatt	PhD, 2006	Behavior as a correlate of self-management and improved diabetes care
Laura Bettencourt	PhD, 2009	Analysis of Geographical Patterns in Modifiable Risk Factors in People with Diabetes

<b>Name of Student</b>	<b>Degree Awarded, Year</b>	<b>Type of Document and Title</b>
Shih-Chen Kuo	PhD, 2013	Cost-effectiveness of diabetes interventions in community settings
Wei-Hsaun Lo	PhD 2013	Pharmacoepidemiologic studies: an interrupted-time analysis on drug utilization and evaluation of beneficial or adverse drug effects
Valerie Stapinski	MPH, 2013	Changes in self-efficacy associated with weight change
Karen Nunley	PhD 2014	Changes in brain structure and function: an under-recognized complication of type 1 diabetes.
Maura Maloney	PhD 2016	Redesigning Medication Intensification Delivery for Type 2 Diabetes
Elizabeth Rodgers	PhD 2017	Outcomes from an Enhanced Exercise Program in Older Adults
Linshu Xue	PhD candidate	Long-term effects of diabetes pharmacotherapy on clinical outcomes and economic outcomes
Malinee Neelamegam	PhD candidate	
Kristina Johnson	PhD candidate	
Nnadozie Emechebe	PhD candidate	
Rashida Jones	PhD in progress	
Kristen Chapman	DrPH 2018	
John Destefano	DrPH 2018	
Ermion Pierre	DrPH in progress	
Heather Owens	PhD in progress	
Pascale Eduardo	DrPH in progress	
Thalia Thompson	DrPH in progress	

<b>Name of Student</b>	<b>Degree Awarded, Year</b>	<b>Type of Document and Title</b>
Yanbin Dong	DrPH in Progress	

**d. Service on Doctoral Committees**

<b>Name of Student</b>	<b>Degree Awarded</b>	<b>Title of Dissertation/Essay</b>
Michael Walsh	PhD, 2003	A multinational assessment of geographic disparities in microvascular and macrovascular complications of type 1 diabetes
Rashida Dorsey	PhD, 2006	Screening for diabetes complications
Tina Bhargava	PhD, 2012	The Impact of Cognitive Factors on the Performance of Diabetes Self-Management Tasks
Michael Baczaco	PhD, 2012	Association between perceived neighborhood safety and adverse health effects and delinquency
Chung-Yu Chen	PhD, 2012	Influence of hostile personality traits on the relationship between television viewing and cardiometabolic risk
Monsak Socharoentum	PhD, 2014	Multi-modal transportation and multi-criteria walking routing for navigation services on cloud
Mini Jacob	PhD, 2014	Epidemiological methods in the testing of population aging theories
Altawalbeh S	PhD, 2015	Leukotriene receptor antagonists versus long acting beta agonists in older adults with persistent asthma receiving concomitant inhaled corticosteroid therapy: a study of effectiveness and safety

**University of South Florida**

Darren Sheer	PhD, 2019	Respiratory Infections and Risk for Development of Narcolepsy: Analysis of the Truven Health MarketScan Database (2008 to 2010) with Additional Assessment of Incidence and Prevalence
Deborah Formelio	DrPH, 2019	Investigator Sites and Clinical Quality Assurance: A New Framework



<b>Name of Student</b>	<b>Degree Awarded</b>	<b>Title of Dissertation/Essay</b>
Mukhtar Fahad	PhD in progress	Cancer Epidemiology
Kimberly Ngyuen	DrPH, 2018	
Tara Foti	PhD in progress	

## 2. Research

### a. Principal Investigator

<b>Years Inclusive</b>	<b>Grant and/or Contract Title</b>	<b>Source</b>
<b><u>Pending</u></b>		
04/01/2020	A Healthy Lifestyle Intervention for Women of Childbearing Age (Healthy Life)	NIH R21
<b><u>Current</u></b>		
2017-2018	Community needs assessment with a community partner to determine barriers to health and access to healthcare	USF Research Council
2018-2019	A Healthy Lifestyle Intervention for Women of Childbearing Age (Healthy Life)	USF College of Public Health
<b><u>Complete</u></b>		
2011-2014	Redesigning Diabetes Care Delivery in Primary Care Using Medication Algorithms	American Diabetes Association Clinical Translational Award
2012-2013	Early Insulin Use and Incidence of Diabetes Complications: Prediction and Decision Analysis	Sanofi Aventis US
2010-2013	Integrating and Evaluating Community Workers in a Diabetes Care Delivery System	International Diabetes Federation
2006-2009	Predicting Cardiovascular Risk in Type 1 Diabetes	NIH K01
2005-2007	Diabetes Prevention and Treatment Programs for Western Pennsylvania: Evaluation Core and Coordinating Center	Department of Defense
2000-2003	Patient Provider Partnership: Improving Diabetes Care in the Community	McKeesport Hospital Foundation/ University of Pittsburgh Medical Center

**b. Co-Principal Investigator**

<b>Years Inclusive</b>	<b>Grant and/or Contract Title</b>	<b>Source</b>
2001-2004	A Comprehensive Office-Based Diabetes Educational Approach to Improving Clinical Standards in the Primary Care Provider Office Setting	PA Department of Health

**c. Co-Investigator**

<b>Years Inclusive</b>	<b>Grant and/or Contract Title</b>	<b>Source</b>
<i>Current</i>		
2019-2020	Social Determinants of Health in Women with Heart Failure: Impact on Hospitalizations	USF Women's Health Collaborative
<i>Complete</i>		
2014-2019	Health Promotion and Disease Prevention Research Center	Centers for Disease Control and Prevention
2001-2004	Epidemiology of Diabetes Complications Study	NIH R01
2001-2002	Department of Medicine Improvement in Health Care Award	Jewish Health Care Foundation
2001-2002	Diabetes World: A website by and about teens with diabetes	Cochrane Weber Foundation
2001-2002	Implementing a Diabetes Disease Management Model in a Rural Primary Care Practice Setting	American Association of Diabetes Educators
2005	Screening for Diabetes Complications in the VA	VA
2004-2009	Epidemiology of Diabetes Complications Study	NIH R01
2010-2014	Health Promotion and Disease Prevention Research Center	Centers for Disease Control and Prevention
2011-2016	SHARE India Population and Intervention Research Training	NIH Fogarty

**INVITED LECTURESHIPS AND MAJOR SEMINARS**

- May 2001 Building Partnerships to Enhance the Lives of People with Diabetes, Lions Clubs State Convention, Philadelphia, PA.
- March 2003 Implementing Diabetes Self-Management Training in Primary Care: Identifying the Problem Creating the Solution. Western Pennsylvania Association of Diabetes Educators, Slippery Rock, PA.
- June 2003 Barriers and Breakthroughs: Diabetes Self-Management Education in Primary Care. American Diabetes Association 63<sup>rd</sup> Scientific Sessions, New Orleans, LA
- August 2003 Provider and Patient Education in General Practice. 18<sup>th</sup> International Diabetes Federation Congress, Paris, France
- April 2004 From Clinical Trials to Community: from ideal to real. Epidemiology Seminar, Department of Epidemiology.
- April 2005 Predicting Cardiovascular Disease in Type 1 Diabetes. Epidemiology Seminar, Department of Epidemiology
- April 2005 University-wide Endocrine Conference
- May 2005 Diabetes Prevention and Treatment Programs in Western Pennsylvania: CDC Diabetes Translation Conference, Miami, Florida.
- May 2005 Using a Chronic Care Approach for Improving Diabetes Care, Brownsville Hospital
- May 2006 USAF Diabetes Congressional Program Update for UPMC Innovative Medical and Information Technologies Center
- May 2007 The Chronic Care Model: an organizational template for improving diabetes surveillance, prevention and treatment. Pennsylvania Department of Health: Launch of State Diabetes Plan.
- April 2008 Multidisciplinary Vision: Expanding New Horizons in Diabetes Care. California Coalition, Sacramento California.
- October 2009 Implementing the Chronic Care Model: Opportunities for the Diabetes Educator. California Diabetes Educator Annual Conference, Monterrey, California
- January 2010 Implementing the Chronic Care Model in Rural Southwestern Pennsylvania, University-wide Endocrine Conference.
- May 2010 Improving Diabetes Care: Opportunities for the Diabetes Educator and Pharmacist, Tainan University School of Medicine, Taiwan

- Oct 2011 Community Prevention Programs for Older Adults. Gerontology Update, UPMC McKeesport
- Nov 2011 Answering Medication Questions Using Epidemiologic Methods, University of Pittsburgh School of Pharmacy, Rho Chi Lecture.
- Oct 2012 Effective Models of Care: Expanding Your Mind About Healthcare Interventions, A Collaborative Approach to Diabetes Care, Buffalo, NY
- Oct 2012 Service Providers and Leaders of State Agencies are Using Comparative Effectiveness Research Results to Change Falls Prevention Programming Standard, PRC Directors Invited Session, San Francisco, CA.
- March 2013 Pilot Integration of a Healthy Aging Program into the Arthritis Foundation Exercise Program: Results and Dissemination, Works in Progress Seminar, Center for Aging and Population Health.
- Sept 2013 Effective Models of Care: Expanding Your Mind About Healthcare Interventions, A Collaborative Approach to Diabetes Care, Charlotte, NC
- April 2014 Missing the Bulls Eye on the Diabetes Treatment Targets. GSPH, Department of Epidemiology Seminar, Pittsburgh, PA
- June 2015 What To Try When Everything Else Fails. American Diabetes Association, 75<sup>th</sup> Scientific Sessions, Boston, MA
- Nov 2015 Supporting Primary Care Providers for Treatment Intensification in Diabetes: Expanding the Role of the Diabetes Educator, San Antonio, TX
- Nov 2015 Implementation of Glycemic Management Protocols. Webinar, UPMC Diabetes Educators.
- Dec 2016 Implementation of Lipid and Blood Pressure Management Protocols, Webinar, UPMC Diabetes Educators.
- Jan 2017 Supporting Primary Care Providers for Treatment Intensification in Diabetes. Webinar, Data and Evaluation Division, Office of Quality Improvement, Bureau of Primary Health Care, Health Resources and Services Administration.
- March 2017 Data harmonization methods in 5 longitudinal cohorts: The role of pre-diabetes in unrecognized myocardial infarction. Seminar in Epidemiology & Biostatistics: At the Crossroads of Science and Society.

## **PUBLICATIONS**

### **Refereed Articles**

1. Carney (Zgibor) JC: Pharmacy Practice and the Requirements of *Riff v. Morgan Pharmacy*. *U.S. Pharmacist*, October 1987.
2. Zgibor JC, Songer TJ, Drash AL, Weissfeld J, Becker D, Orchard TJ: Associations Between Diabetes Specialist Care, Health Care Practices and Glycemic Control: A Cross-Sectional Analysis. *Diabetes Care* 23(4): 472-476, 2000. PMID: 10857937
3. Tabak AG, Tamas G, Zgibor J, Wilson R, Kerenyi Z, Orchard TJ: Targets and reality. A comparison of health care indicators between EDC and DiabCare studies. *Diabetes Care* 23(9): 1284-1289, 2000. PMID:10977019
4. Zgibor JC, Simmons D: Barriers to blood glucose monitoring in a multiethnic community. *Diabetes Care* 25(10): 1772-1777. 2002.PMID: 12351476
5. Zgibor JC, Songer TJ, Kelsey SF, Drash AL, Orchard TJ: The influence of health care provider on the development of diabetes complications: A long-term follow-up from the Pittsburgh Epidemiology of Diabetes Complications Study. *Diabetes Care* 25(9): 1584-1590, 2002.PMID:12196431
6. Lloyd CE, Zgibor J, Wilson RR, Barnett AH, Dyer PH, Orchard TJ. Cross-Cultural Comparison of Symptoms of Anxiety and Depression in Adults with Type 1 Diabetes. *Diabetes Metabolism Research and Reviews* 19 (5), 401-407, 2003.PMID:12951648
7. Zgibor JC, Stevenson JA, Rohay JM, Perry SB, Dyer NJ, Palevsky PM: Tracking and improving influenza immunization rates in a high risk population. *Journal for Health Care Quality*. 25(6): 17-24, 2003. PMID: 14671852
8. Siminerio L, Zgibor JC, Solano FX: Implementing the Chronic Disease Model for improvements in diabetes practice and outcomes in primary care: The University of Pittsburgh Medical Center Experience. *Clinical Diabetes*. 22 (2): 54-58, 2004.
9. Zgibor JC, Rao H, Wesche-Thobaben J, Gallagher N, McWilliams J, Korytkowski MT. Improving the quality of diabetes care in primary care practice. *Journal for Healthcare Quality* : official publication of the National Association for Healthcare Quality. 2004;26(4):14-21. PMID:15352340.
10. Sobolewski BA (student), Zgibor JC, Wilson RR, Orchard TJ. ACE inhibitors and calcium channel blockers: patterns of use and associations with mortality in type 1 diabetes. *Diabetes Research and Clinical Practice*. 65 (1): 37-43, 2004.PMID: 15163476
11. Walsh MG (student), Zgibor JC, Borch-Johnsen K, Orchard TJ: A multinational comparison of complications in type 1 diabetes: The DiaMond Substudy of Complications (DiaComp) Level 2. *Diabetes Care*. 27 (7): 1610-1617, 2004. PMID: 15220236

12. Zgibor JC, Wilson R, Orchard TJ: Has control of hypercholesterolemia and hypertension in people with type 1 diabetes improved over time? *Diabetes Care*. 28, 521-526, 2004. PMID: 15735181
13. Siminerio LM, Piatt GA, Zgibor JC: Implementing the Chronic Care Model for improvements in diabetes care and education in a rural primary care practice. *Diabetes Educator*. 31 (2): 225-234, 2005. PMID: 15797851
14. Costacou T, Lopes-Virella MF, Zgibor JC, Virella G, Otvos J, Walsh M, Orchard TJ. Markers of endothelial dysfunction in the prediction of coronary artery disease in type 1 diabetes. The Pittsburgh Epidemiology of Diabetes Complications Study. *Journal of Diabetes and its Complications*. 19: 183-193, 2005. PMID: 15993351
15. Costacou T, Zgibor JC, Evans RW, Tyurina YY, Kagan VE, Orchard TJ. Antioxidants and coronary artery disease among individuals with type 1 diabetes: Findings from the Pittsburgh Epidemiology of Diabetes Complications Study. *Journal of diabetes and its complications*. 20(6):387-94. PMID:17070445.
16. Walsh MG (student), Zgibor JC, Borch-Johnsen K, Orchard TJ: The socioeconomic correlates of global complications prevalence in type 1 diabetes: a multinational comparison to DiaComp, *Diabetes Research and Clinical Practice*. 70: 143-150, 2005. PMID: 16188576
17. Stella P, Tabak AG, Zgibor JC, Orchard TJ. Late diabetes complications and non-dipping phenomenon in patients with type 1 diabetes. *Diabetes Research and Clinical Practice*. 71 (1): 14-20, 2006. PMID:15963594
18. Yishak AA, Costacou T, Virella G, Zgibor J, Fried L, Walsh M, Evans RW, Lopes-Virella M, Kagan VE, Otvos J, Orchard TJ: Novel predictors of overt nephropathy in subjects with type 1 diabetes. A nested case control study from the Pittsburgh Epidemiology of Diabetes Complications (EDC) cohort. *Nephrology, Dialysis, and Transplantation*. 1-8, 2005. PMID: 16144851
19. Piatt G, Orchard T, Emerson S, Siminerio L, Simmons D, Korytkowski M, Ahmad U, Songer T, Zgibor J: Translating the Chronic Care Model into the Community: A Randomized Controlled Trial of a Multifaceted Diabetes Education Intervention. *Diabetes Care*. 29(4), 2005. 811-817. PMID: 16567820
20. Costacou T, Zgibor JC, Evans RW, Otvos J, Lopes-Virella MF, Orchard TJ. The role of adiponectin in coronary artery disease among individuals with type 1 diabetes. The Pittsburgh Epidemiology of Diabetes Complications Study. *Diabetologia*. 48: 41-48, 2005. PMID: 15616802
21. Costacou T, Zgibor J, Evans R, et al. Higher adiponectin associated with lower CAD risk in type 1 diabetes: People with type 1 diabetes may be at similar CAD risk to those with type 2 diabetes. *Endocrine Today* March 2005; 3(3): 22.

22. Dorsey RR (student), Songer TJ, Zgibor JC, Orchard TJ: Influences on screening for chronic diabetes complications in type 1 diabetes. *Disease Management*. 29 ( 2): 93-101, 2006. PMID: 16620195
23. Zgibor JC, Piatt GA, Ruppert K, Orchard TJ, Roberts MS: Deficiencies of cardiovascular risk prediction models for type 1 diabetes. *Diabetes Care*. 29 (8): 1860-1865, 2006. PMID: 16873793
24. Siminerio L, Piatt G, Emerson S, Ruppert K, Saul M, Solano F, Stewart A, Zgibor J: Deploying the Chronic Care Model to Implement and Sustain Diabetes Self-Management Training Programs, *The Diabetes Educator*. 32 (2): 253-260, 2006. PMID: 16554429
25. Zgibor JC, Orchard TJ, Saul M, Piatt G, Ruppert K, Stewart A, Siminerio LM. Developing and validating a diabetes database: Implications for diabetes care in a large health system. *Diabetes Research and Clinical Practice*. 75 (3): 313-319, 2006. PMID:16934906
26. Walsh MG (student), Zgibor JC, Borch-Johnsen K, Orchard TJ: A Multinational Assessment of Complications in Type 1 Diabetes: The DiaMond Substudy of Complications (DiaComp) Level 1. *Diabetes and Vascular Research*, 2006. PMID:17083056
27. Piatt G (student), Zgibor JC, Brooks MM: Invited response to Belalcazar, et al. *Diabetes Care*. 29(12), 2006.
28. Dorsey R (student), Songer T, Zgibor J, Kelsey S, Ibrahim S, Orchard T: Does Patient Behavior or Access Factors have the Largest Influence on Screening in Type 1 Diabetes? *Diabetes Care*. 30 (4): 867-871, 2007. PMID:17251280
29. Ruppert K, Roberts MS, Orchard TJ, Zgibor JC: Cardiovascular Disease Risk Prediction in Type 1 Diabetes: Accounting for the Differences. *Diabetes Research and Clinical Practice*, 78 (2): 234-237. 2007. PMID:17467846
30. Zgibor JC, Peyrot M, Ruppert KM, Noullet W, Siminerio LM, Peeples M, McWilliams J, Koshinsky J, DeJesus C, Emerson S, Charron-Prochownik D, and the Diabetes Education Outcomes Project Team. Using the AADE Outcomes System to Identify Patient Behavior Change Goals and Diabetes Educator Responses. *Diabetes Educator* 33 (5): 839-842, 2007. PMID: 17925588
31. Charron-Prochownik D, Zgibor JC, Peyrot M, Peeples M, McWilliams J, Koshinsky J, Noullet W, Siminerio LM, and the Diabetes Education Outcomes Project Team. The Diabetes Self-Management Assessment Report Tool (D-SMART): Process Evaluation and Patient Satisfaction. *Diabetes Educator*, 33 (5): 833-838, 2007. PMID: 17925587
32. Seidel MC, Powell RO, Zgibor JC, Siminerio LM, Piatt GA: Translating the Diabetes Prevention Program into an Urban Underserved Community: A Non-Randomized Prospective Intervention Study, *Diabetes Care*, 31 (4): 684-689, 2008. PMID: 18252904

33. Vergouwe Y, Soedamah-Muthu SS, Zgibor JC, Chaturvedi N, Orchard TJ, Fuller JH, Moons KGM. Progression from normoalbuminuria to microalbuminuria in type 1 diabetes mellitus: development and validation of a prediction rule. *Diabetologia*, 2009.PMID: 19908023
34. Siminerio LS, Zgibor JC, Gabbay R: Implementing the Chronic Care Model: A Statewide Focus for Pennsylvania. *Clinical Diabetes*. 27 (4): 153-159, 2009.
35. Piatt G, Anderson R, Brooks M, Songer T, Korytkowski K, Siminerio L, Zgibor J. Three Year Follow-Up of Clinical and Behavioral Improvements Following a Multi-Faceted Diabetes Care Intervention: Results of a Randomized Controlled Trial. *The Diabetes Educator. Feature Article*. 2009. PMID: 20200284
36. Zgibor JC, Ruppert K, Orchard TJ, Soedamah-Muthu SS, Fuller JH, Chaturvedi N, Roberts MS: Development of a Coronary Heart Disease Risk Prediction Model for Type 1 Diabetes: The Pittsburgh CHD in Type 1 Diabetes Risk Model, *Diabetes Research and Clinical Practice*, 2009.PMID: 20236721
37. Smith KJ, Hsu HE, Roberts MS, Kramer MK, orchard TJ, Piatt GA, Seidel MC, Zgibor JC, Bryce CL. Cost-effectiveness analysis of efforts to reduce risk of type 2 diabetes and cardiovascular disease in southwestern Pennsylvania, 2005-2007. *Preventing Chronic Disease* 7(5): 1-7, 2010. PMID: 20712936
38. Piatt GA, Songer TJ, Brooks MM, Anderson RM, Simmons D, Orchard TJ, Siminerio LM, Korytkowski MT, Zgibor JC. Impact of patient level factors on the improvement of the ABCs of diabetes. *Patient Education and Counseling*. 82: 266-270, 2011. PMID: 20434290
39. Chen HY (student), Ruppert K, Charron-Prochownik D, Noullet WV, Zgibor JC. Effects of depression and antidepressant use on goal setting and barrier identification among patients with type 2 diabetes. *The Diabetes Educator*. 37 (3): 370-380, 2011. PMID: 21460104
40. Kuo D (student), Bryce CL, Zgibor JC, Wolf DL, Roberts MS, Smith KJ. Cost-effectiveness of implementing the Chronic Care Model for diabetes care in a military population. *Journal of Diabetes Science and Technology*. 5 (3): 501-513, 2011. PMID: 21722566
41. Lo-Ciganic W (student), Zgibor JC, Ruppert K, Arena V, Stone RA. Identifying type 1 and type 2 diabetic cases using administrative data: A tree-structured model. *Journal of Diabetes Science and Technology*. 5 (3): 486-493, 2011. PMID: 21722564
42. Zgibor JC, Gieraltowski LB, Talbott EO, Fabio A, Sharma RK, Karimi H. The association between driving distance and glycemic control in rural areas. *Journal of Diabetes Science and Technology*. 5 (3): 494-500, 2011. PMID: 21722565
43. Lo W (student), Zgibor JC, Bunker C, Ness R: Can the Risk of Ovarian Cancer be Reduced by the Use of Aspirin, Non-Aspirin Nonsteroidal Anti-inflammatory Drugs (NA-NSAIDs),



- or Acetaminophen? A Large Population-Based Case-Control Study, *Epidemiology*. 23(2): 311-319, 2012. PMID: 22252409
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  45. Piatt GA, Seidel MC, Chen H, Powell RO, Zgibor JC. Two-Year Results of Translating the Diabetes Prevention Program Into an Urban, Underserved Community. *The Diabetes Educator*. Published Online. September 12, 2012. 38(6), November/December 2012.
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64. Lo-Ciganic W (student), Wolf D, Zgibor JC. Implementing the Chronic Care Model in Primary Care: Influence of Clinical Outcomes of Care. *Poster, American Diabetes Association, 71<sup>st</sup> Scientific Sessions, San Diego, CA, 2011.*
65. Piatt G, Seidel M, Powell R, Bednez J, Wolf D, Zgibor JC. Comparative Effectiveness of Multiple Modalities of Lifestyle Intervention in the Community: Results of the Rethinking Eating and ACTivity Study (REACT). *Oral Presentation, American Diabetes Association, 71<sup>st</sup> Scientific Sessions, San Diego, CA, 2011.*
66. Piatt G, Zgibor JC. Improved Functioning and Well Being following a Multi Modality Group Lifestyle Balance Program Intervention: Results of the Rethinking Eating and ACTivity Study (REACT). *Oral Presentation, American Diabetes Association, 71<sup>st</sup> Scientific Sessions, San Diego, CA, 2011.*
67. Kuo S, (student), Smith KJ, Piatt GA, Seidel MC, Zgibor JC, Roberts MS, Bryce CL. Cost-Effectiveness of Multiple Modalities of Lifestyle Intervention in the Community: Projections from the Rethinking Eating and ACTivity Study,(REACT) *Oral Presentation, American Diabetes Association, 71<sup>st</sup> Scientific Sessions, San Diego, CA, 2011.*
68. Jaladi S, Joshi A Levine L Padman R, Neill D, Harle C, Solano F, Zgibor JC. Clinician information needs for data visualization based diabetes risk assessment and guideline compliance. *American Medical Informatics Association. 2011.*
69. Hernandez R, Ruggiero L, Chavez N, Choi Y, Weihan Z, Zgibor J. Biopsychosocial Predictors of Diabetes Self-Care among African American and Latino Patients with Type 2 Diabetes. *Oral Presentation, American Public Health Association, 2011.*
70. Fultz NH, Nunley KA, Bayles CM, Williams K, Zgibor JC, Kuller LH, Albert S, Newman AB. Community Health Ambassador Program as a Method for Implementing the “10 Keys”™ to Healthy Aging. *Oral Presentation, Gerontological Society of America, November 2011.*
71. Bayles CM, Zgibor JC, Williams K, Woody SE, Kuller LH, Albert S, Newman AB. The “10 Keys”™ to Healthy Aging, Engaging Communities Using Innovative Approaches. *Oral Presentation, Gerontological Society of America, November 2011.*

72. Albert S, Williams K, Fultz NH, Zgibor JC, Vander Bilt J, Bayles CM, Kuller LH, Newman AB. Statewide Dissemination of the “ 10 Keys”™ to Healthy Aging. *Oral Presentation, Gerontological Society of America, November 2011.*
73. Soedamah-Muthu SS, Vergouwe Y, Costacou T, Miller RG, Zgibor JC, Chaturvedi N, Snell-Bergeon JK, Maahs DM, Rewers M, Forsblom C, Groop P, Fuller JH, Moons K, Orchard TJ. Predicting severe complications in type 1 diabetes patients: development and validation of a prediction rule in large cohort studies from Europe and the United States. Presented at: The 47th European Diabetes Epidemiology Group (EDEG) 2012 May 12 - 15. Swansea, Wales.
74. Piatt GA, Seidel MC, Powell R, Zgibor JC. The Effect of Community-Based Peer Support in Achieving and Maintaining Weight Loss Following Lifestyle Intervention. *oral presentation, American Diabetes Association Scientific Session, 2012.*
75. Sharker, M. (student), Karimi, H. and Zgibor, J. Health-Optimal Routing In Pedestrian Navigation Services. ACM SIGSPATIAL HealthGIS'12. Redondo Beach, CA, November 6 (2012).
76. Vander Bilt J, Lo-Ciganic WH, Woody SE, Zgibor JC, Conroy MB, Schlenk EA, Newman AB. Integrating a Health Prevention Program Into a Collaborative Framework in Community-Based Research. American Public Health Association-Round Table Discussion San Francisco CA October 2012.
77. Schlenk EA, Vander Bilt J, Lo-Ciganic W, Woody SE, Zgibor JC, Conroy MB, Kwok CK, Newman AB. Integration of a Health Prevention Program into the Arthritis Foundation Exercise Program: Six-Month Results. *Oral Presentation.* American College of Rheumatology/Association of Rheumatology Health Professionals Annual Scientific Meeting. Washington D.C., November 10-14, 2013.
78. Bhargava T (student), Trauth JM, Keane C, Albert SM, Zgibor JC, Mctigue KM. Cognitive Limitations and Health Behavior Change. Presented at: Society for Public Health Education Annual Meeting 2013 Apr. Orlando, FL.
79. Piatt GA, Emerson S, Johnson P, Tilves D, Zgibor, JC. Integration and Utilization of Peer Leaders for Long-Term Self-Management Support: Results from Project SEED (Support, Education, and Evaluation in Diabetes). *Poster presentation* American Diabetes Association 73<sup>rd</sup> Scientific Session. Chicago, IL, June 21-25, 2013.
80. Zgibor JC, Tu L, Kuo SC, Lo-Ciganic W, Ruppert K. Timing of Insulin Initiation and Diabetes Complications in a Large Health System: Developing a Profile for Secondary Prevention. *Poster presentation* American Diabetes Association 73<sup>rd</sup> Scientific Session. Chicago, IL, June 21-25, 2013.
81. Kuo S (student), Zgibor JC, Smith KJ, Mctigue KM, Hess R, Bhargava T, Bryce CL. Cost-effectiveness of an Internet-delivered lifestyle intervention in a high-risk population in

southwestern Pennsylvania. Poster presented at: American Diabetes Association 73 Scientific Sessions, Chicago, IL, June 21-25, 2013.

82. Piatt GA, Seidel M, Zgibor JC. Sustained Weight Loss and Risk Reduction Following Lifestyle Intervention in the Community: Results of the Rethinking Eating and ACTivity Study (REACT). *Poster presentation*. 49<sup>th</sup> Annual Meeting of the European Association for the Study of Diabetes. Barcelona, Spain, September 23-27, 2013.
83. J Vander Bilt, W-H Lo-Ciganic, SE Woody, JC Zgibor, AJ Brenckle, JS Brandenstein, MB Conroy, EA Schlenk, SM Albert, CK Kwoh, R Boudreau, AB Newman. Integrating exercise and bundled health promotion in a collaborative community-based program for older adults: a cluster randomized trial. *Poster Presentation*. 141<sup>st</sup> Annual Meeting and Exposition of the American Public Health Association on November 2-6, 2013 in Boston, MA.
84. Xue L (student), Piatt GA, Zgibor JC. Effect of peer leader supported diabetes self-management in glycemic control and patient centeredness. *Poster Presentation*. American Diabetes Association 74<sup>th</sup> Scientific Sessions, San Francisco, CA. June 13-17, 2014.
85. Vander Bilt J, Zgibor JC, Xue L, Brenckle AJ, Brandenstein JS, Conroy MB, Schlenk EA, Albert SM, Boudreau R, Newman AB. Never too late: Benefits of community-based exercise groups for older adults. 142<sup>nd</sup> Exposition of the American Public Health Association, New Orleans, LA, 2014.
86. Jacob ME (student), Boudreau RM, Sanders JL, Arnold AM, Zgibor JC, Ganguli M, Albert SM, Newman AB. Can Late-life lifestyles impact end-of-life morbidity? *Oral Presentation*. Gerontological Society of America, 2015.
87. Zgibor JC, Maloney MA, Tilves D, Solano FX. Redesigning primary care to overcome clinical inertia and improve outcomes. *Oral Presentation*, American Diabetes Association, 75<sup>th</sup> Scientific Sessions, June 2015
88. Piatt G, Zgibor J. Integration and utilization of peer leaders for diabetes self-management support in rural primary care. *Oral Presentation*, North American Primary Care Research Group, November 2015.
89. Maloney M (student), Zgibor JC, Kuo SC, Nunley KA, Solano F, Tu L. Indicators of Cognitive Improvement Using Certified Diabetes Educators (CDEs) in a Community-based Trial. *Poster Presentation*, American Diabetes Association, 76<sup>th</sup> Scientific Sessions, June 2016.
90. Maloney M (student), Zgibor JC, Kuo SC, Nunley KA, Solano F, Tu L. Predictors of Improved Diabetes Medication Adherence and HbA1c Using Certified Diabetes Educators (CDEs) in Primary Care. *Oral Presentation*, American Diabetes Association, 76<sup>th</sup> Scientific Sessions, June 2016.

91. Krall J, Koshinsky J, Arena VC, Solano FX, Zgibor JC, Kanter J, Siminerio L. A role for diabetes educators in therapeutic management in primary care. *Poster presentation*, American Diabetes Association, 77<sup>th</sup> Scientific Sessions, June 2017.
92. Emechebe N (student), Agu N, Malmi M, Zgibor J. Examining the Association between Treatment Satisfaction and Medication Adherence among Patients with Poorly Controlled Type 2 Diabetes. Poster presentation at the American Diabetes Association, Orlando FL, June 2018.
93. Johnson K (student), Malmi, M, Kuo, S, Zgibor J. Impact of Certified Diabetes Educators following Preapproved Protocols on Diabetes Self-Care Behaviors—Results of the REMEDIES 4D Trial. Poster presentation: American Diabetes Association Annual Conference, Orlando, FL. (June 2018).
94. Johnson, K (student), Burns K, Zgibor J. There's an app for that: Social media as a delivery system for health behavior change interventions. American Public Health Association Annual Conference, San Diego, CA. (November 2018).
95. Johnson, K (student), Wilson R, Austin D, Burpee C, Zgibor J. Meet the people where they are: A qualitative study of health risk factors in Tampa women. American Public Health Association Annual Conference, San Diego, CA. (November 2018).
96. Johnson K (student), Wilson R, Austin D, Burpee C, Zgibor J. Numbers Never Lie, but Do They Tell the Whole Story?: Qualitative Analyses to Inform Epidemiological Research. Oral presentation: CSTE Annual Conference, West Palm Beach, FL. (June 2018).
97. Xue L, Boudreau R, Donohue J, Zgibor J, Marcum Z, Costacou T, Newman AB, Strotmeyer ES. Multiple Medication Use and Risk of Treated Fall Injury: the Health ABC Study. Gerontological Society of America, 2019. November 2019.
98. Johnson K, Wiley R, Austin D, Wilson R, Zgibor, J. "I got to be like half way dead": A qualitative study of perceptions of health and pharmaceuticals in African-Americans in west central Florida. Roundtable presentation: American Public Health Association Annual Meeting and Expo, Philadelphia, PA. November 2019.
99. Johnson K, Austin D, Burns, K, Owens H, Wilson R, Zgibor J. Making HealthyLIFE: Community-informed adaptation of an evidence-based prevention program. Roundtable presentation: American Public Health Association Annual Meeting and Expo, Philadelphia, PA. November 2019.
100. Johnson K, Austin D, Burns K, Owens H, Wilson, R, Zgibor J. A new perspective: Qualitative data as an asset to epidemiologic studies. Oral presentation: American Public Health Association Annual Meeting and Expo, Philadelphia, PA. November 2019.

### 3. Service (Professionally Related)

#### a. University/Institute of Higher Learning

Years	Committee	Position
<b><u>University of Pittsburgh</u></b>		
2004-2010	Department of Epidemiology, Small Grants Review committee	Member
2004-2005	Department of Epidemiology, Preliminary Exam Committee	Member
2004-2006	Department of Epidemiology, Admissions Committee	Member
2005	School of Nursing, Small Grants	Reviewer
2012-2013	Health Across the Lifespan Allegheny County Conference	Planning Committee
2011-2015	Department of Epidemiology Curriculum Committee	Member
2011-2015	Center on Race and Social Problems, Health Research Advisory Panel, School of Social Work	Member
2012-2015	Comparative Effectiveness Research Core-Community Stakeholders Subcommittee	Member
2015	Faculty Working Group, Department of Epidemiology	Member
<b><u>University of South Florida</u></b>		
2016-2017	College of Public Health Research Committee	Member
2016-present	College of Public Health Education Committee	Member
2016-2018	USF Institutional Review Board	Member
2016	Together 2 Goal: Diabetes Quality Improvement Advisory Group. USF Health	Member
2017-2018	Interprofessional USF Health IPE Working Group	Member
2017-2018	Geriatric Workforce Enhancement Program	Member
2017	Judge USF Health Research Day	Judge
2018	Search Committee Practice Faculty	Member
2018	Graduate Council: Policy and Fellowship Committee	Member
2019	Search Committee Epidemiology Faculty	Member
2019	Concentration Lead Task Force	Member
2017-present	DrPH Advisory Board	Chair

## b. Editorial Boards, Editorships

<b>Journal Title</b>	<b>Position</b>	<b>Organization</b>
Diabetes Spectrum	Editorial Board	American Diabetes Association
Diabetes Science and Technology	Guest Editor	Diabetes Technology Society
Epidemiology: Current Research	Editorial Board	OMICS Publishing Group

## c. Professional Service

### Journal Review

Journal of Clinical Epidemiology

Diabetes Spectrum

Diabetologia

JAMA

Canadian Medical Association Journal

Abstract Reviewer 19<sup>th</sup> World Diabetes Congress, International Diabetes Federation

American College of Physicians; Physician's Information and Education Resource (PIER)

International Journal of Clinical Practice

Diabetes Research and Clinical Practice

Endocrine Disorders

Lancet

Current Medical Research and Opinion

BMC Health Services Research

BMJ Open Access

Diabetes Care

### Study Sections, Review Panels, and Related Advisory Boards

<b>Date</b>	<b>Position</b>	<b>Organization and Nature of Activity</b>
2005	Reviewer	Harvard Medical School, Boston Area Diabetes Endocrinology Research Center Pilot and Feasibility Grant
2006 – present	Reviewer	American Diabetes Association Nationwide Research Program
2007	Reviewer	Kentucky Diabetes Research Board
2007	Reviewer	Bringing Research in Diabetes to Global Environments and Systems
2008	Reviewer	University of Alabama DRTC
2010	Reviewer	Centers for Disease Control Special Emphasis Panel
2013	Reviewer	Medical Research Council, Swindon, UK



<b>Date</b>	<b>Position</b>	<b>Organization and Nature of Activity</b>
2011	Ad-Hoc Reviewer	NIH NIDDK Kidney, Nutrition, Obesity, Diabetes Study Section
2011-present	Ad-Hoc Reviewer	NIH Dissemination and Implementation Research in Health Study Section
2014	Special Emphasis Panel	NIH NIDDK Natural Experiments and Pragmatic Trials Study Section
2015	Special Emphasis Panel	National Science Foundation
2015-present	Special Emphasis Panel	NIH Director's Early Independence Award
2015-present	Ad-Hoc Reviewer	NIH HSOD Study Section
2015-2017	Content Review	Bringing Science Home, USF

#### **Service to Governmental and Other Public Organizations**

<b>Date</b>	<b>Position</b>	<b>Type of Service and/or Agency</b>
2004-2005	Stakeholder	Pennsylvania Department of Health Diabetes Prevention and Control Program
2005-2007	Co-chair	Pennsylvania Department of Health Diabetes Prevention and Control Program, Evaluation subcommittee
2006 – 2010	Member	Pennsylvania Department of Health Diabetes Prevention and Control Program, Steering Committee
2007-2011	Core Faculty	Johnson and Johnson Diabetes Institute
2009	Reviewer	Associations of Schools of Public Health, ASPH Training Program
2009	Member	AADE Performance Measurement Strategy Workgroup
2011-2012	President	Behavioral Research in Diabetes Group Exchange
2011-2015	Member	CDC Prevention Research Center Evaluation/Research/Program Committee
May 2012	Co-chair	NCI Research 2 Reality Cyber Webinar Series: Making it Last: Sustaining Public Health Programs in Your Community
2013-2015	Member	American Diabetes Association National Older Adult Subcommittee

<b>Date</b>	<b>Position</b>	<b>Type of Service and/or Agency</b>
2013-2015	Member	YMCA Diabetes Prevention Program-Community Advisory Board/Referral Network
2013-2014	Member	Arthritis Foundation of Western Pennsylvania Board
2015-2016	Member	American Diabetes Association 76 <sup>th</sup> Scientific Sessions Planning Committee: Psychosocial, Behavioral Medicine Subcommittee
2016-2017	Member	American Diabetes Association 77 <sup>th</sup> Scientific Sessions Planning Committee: Health Care Delivery
2015-2016	Member	Healthy Start Plan Development: Lifecourse and social determinants of health workgroup.
2013-present	Member	American Diabetes Association National Health Disparities Committee
2016-present	Member	American College of Epidemiology: Education Subcommittee
2017-2018	Member	Centers for Disease Control Prevention Research Centers: Community Health Worker Subcommittee
2017-present	Member	DrPH workgroup ASPPH
2017-2018	Member	American Diabetes Association 78 <sup>th</sup> Scientific Sessions Planning Committee: Health Care Delivery
2018-present	Member	American Diabetes Association National Health Disparities Committee and Subcommittee for Criteria/Review Committee for evidence- and practice-based submission

**g. Consultantships**

<b>Date</b>	<b>Name of Consultantship</b>
2000-2008	End Stage Renal Disease Network 4, Pennsylvania and Delaware
2004-2006	American Association of Diabetes Educators
2007-2011	Johnson and Johnson Diabetes Institute
2011-2013	University of Illinois at Chicago, Center for Health Behavior Research
2017-present	Diabetes subject matter expert: Health Services Advisory Group, Tampa Florida

<b>Date</b>	<b>Name of Consultantship</b>
2017-present	AREST Trial: Data Safety Monitoring Board
2018-present	Accelerated Resolution Therapy for Treatment of Complicated Grief in Senior Adults. Data Safety Monitoring Committee

**h. Community Service**

<b>Date</b>	<b>Name of Service</b>
2014	Certified Yoga Instructor RYT 200 hour
2014-2015	Yoga Instructor Exhale Yoga and Yoga H'om. Pittsburgh PA
2015-2017	Yoga Instructor Hanaq Prana Yoga and Club Tampa Palms
2017	Yoga Teacher Trainer Hanaq Prana Yoga
2017-present	Yoga Instructor, University of South Florida College of Public Health