Curriculum Vitae

Kathryn J. Steckel DNP, CNM, WHNP-BC

OBJECTIVE

To serve women from menarche to menopause, with a focus on caring for underserved population in providing excellent prenatal care to insure a healthy, safe delivery. I have a passion for Women's Health, particularly in Obstetrics and Midwifery and would like to continue in that capacity as a Nurse-Midwife. I have 25 years' experience as a Maternal-Child Health RN before becoming a CNM, I have welcomed many newborns into their mother's arms. I would love to continue working in the field of Obstetrics and focus on providing the best Evidence Based Care to improve health outcomes for mother and baby.

EDUCATION

09/2015 to 08/2017: Wilkes University, 84 W. South St.; Wilkes Barre, Pennsylvania; **Doctorate in Nursing Practice**. Scholarly Project on Breastfeeding Support to increase continued breast feeding in the sixmonth postpartum period. GPA:3.9

08/2004 to **02/2007**: Frontier School of Midwifery and Family Nursing, 195 School St.; Hyden, Kentucky; **Masters of Science in Nursing with an emphasis in Midwifery and Women's Health.** February 17, 2007. **Post Master's Certificate as a Women's Health Nurse Practitioner**.

09/2001 to **05/2003**: Immaculata University, 1145 West King Rd.; Malvern, PA; **Bachelors of Science in Nursing.**

09/1980 to 05/1983: Chester County Hospital School of Nursing, 701 E. Marshall St.; West Chester, PA; **Diploma in Nursing**,

EMPLOYMENT

05/27/2022 to present. Manatee County Rural Health: West Manatee OB/Gyn; 2318 Manatee Ave. W; Bradenton, FL 34205. Working as an NP in office providing for the Obstetric and gynecological needs of women 14 to 65 years old.

10/5/2020 to 05/26/2022: Women's Care Florida 1600 Dr. M.L.K. Jr. St., N; St. Petersburg. FL 33704. Full scope midwifery care. Caring for low, medium, and high-risk antenatal patients and managing low risk women in labor, delivery and postpartum. Providing family planning and gynecological care.

4/1/2020 to 9/7/2020: Women's Care of Bradenton 4216 Cortez Rd. W.; Bradenton, FL. Worked as a CNM in an office with one physician, providing gyn and antenatal care across the lifespan. On call at Sarasota Memorial Hospital for deliveries. Share call with 4 other OB/Gyn groups.

8/2011 to 3/2020: Geisinger Wyoming Valley; 1000 E. Mountain Dr.; Wilkes Barre, PA. 8/2011 to 4/2013. Full scope midwifery practice caring for women in all stages of life from menarche to post-menopause. Caring for low, medium, and high-risk antenatal patients and managing low risk women in labor, delivery and postpartum. Transferred to Geisinger Bloomsburg Women's Health, 425 E. 1st St.; Bloomsburg, PA. 4/2013 to 3/2020 to start a hospital-based midwifery led birthing unit. Practicing full scope midwifery care in outpatient and inpatient setting where the midwives do the deliveries with back-up as needed by our Obstetricians, job responsibility included first many FNP students and Nurse Midwife Students

03/2019 to 03/2020: University of Scranton-Adjunct faculty for undergraduate nursing students in their OB clinical rotation.

5/2009 to 6/2011: The Reading Hospital and Medical Center, Spruce St. and S. 6th Ave.; West Reading, PA. Reading Professional Services. Working as a CNM in the OB triage unit, labor and delivery, and clinic. Responsibilities include evaluating pregnant women for all of the OB practices at the hospital who present with various complaints related to pregnancy. Providing antenatal, intrapartum and postpartum care to low risk women in the OB clinic.

08/2007 to 6/2011: The Birth Center, 918 County Line Rd.; Bryn Mawr, PA. Staff CNM in a full scope midwifery practice. Responsible for antenatal care, labor and delivery of healthy, low risk women in an out of hospital birth center, with privileges at our back up facility at Bryn Mawr Hospital. Have attended over 200 births. Also responsible for well women and problem gyn visits from menarche to menopause. Was a primary preceptor to 2 nurse-midwifery students.

11/2000 to 02/2008: The Birthplace at Riddle Memorial Hospital, 1068 W. Baltimore Pike; Media, PA. Position: RN. Responsibilities included labor and delivery, postpartum, and newborn care in an LDRP unit that had 1100 to 1200 births a year. Position also included circulating and scrubbing for Caesarean Sections, triage, and antepartum care. Clinical Coordinator of the unit for one year. Responsibilities during this time included quality assurance, staffing, staff assignments, and management of unit during interim without Nurse Manager. Resigned position due to commitment to school.

10/2006 to 01/2007: Chester County Hospital, 701 E. Marshall St.; West Chester, PA; Staff RN per diem in labor and delivery unit that did 2200-2400 births a year. Responsibilities include management and support of women in labor, fetal monitoring, circulating and scrubbing for Caesarean Sections, managing preterm and preeclampsia patients on Magnesium Sulfate, and triage of pregnant women with various complaints related to pregnancy.

01/1995 to 03/1998: Paoli Memorial Hospital, 255 W. Lancaster Ave.; Paoli, PA; Staff RN in brand new, state of the art, family centered maternity unit. Responsibilities included labor, delivery, postpartum, and newborn care. Functioned as charge nurse on 3rd shift.

01/1988 to 11/2000: The Birth Center, 918 County Line Rd.; Bryn Mawr, PA. Staff RN assisting CNM's in a freestanding birth center. Responsibilities included assisting the CNM's at deliveries, postpartum and newborn care, and childbirth education. Responsible for 3 day postpartum and newborn home visits, including metabolic and bilirubin screening.

08/1986 to 02/1988: Booth Maternity Hospital, Overbrook Ave.; Phila., PA; Staff RN. Assisted CNM's with labor support, assisted at deliveries, postpartum and newborn care. Scrubbed and circulated for Caesarean Sections.

06/1983 to 08/1986: Chester County Hospital, 701 E. Marshall St.; West Chester, PA; Began my nursing career working in the operating room and later cross trained to PACU. Responsibilities included scrubbing and circulating for a variety of surgical procedures. Provided care to patients recovering from anesthesia.

PRESENTATIONS

10/2004 Guest Speaker at The Birth Center in Bryn Mawr for Villanova University

students on "The History of Midwifery". Power point presentation on the

history of midwifery and their role in America's healthcare.

04/2012 Guest Speaker at a Women's Health Question and Answer Session

sponsored by Geisinger Wyoming Valley.

12/2013 Guest Lecturer on Women's Health at Bloomsburg University Advanced

Nurse Practitioner Class.

LICENSURE APRN License, State of Florida, APRN11005862, expiration 04/30/25

RN License, State of Florida, RN9512861, expiration 04/30/25

CERTIFICATIONS

CNM certification # 12409- expires 12/31/2025 NCC certification Women's Health Nurse Practitioner, ID # STE1-0431-6851, expires 09/30/2025 CPR certification- expires 03/2025

AFFILIATIONS NPWH- active member.