

**Leigh J. Ruth, M.D.**  
**Board Certified Adult, Child & Adolescent Psychiatrist**

**Citizenship**

USA & New Zealand

**Education**

Dates

- Keck School of Medicine, University of Southern California, Doctor of Medicine, 2012 07/2007-05/2012
- Bryn Mawr College, Postbaccalaureate Premedical Program 07/2003-05/2004
- Victoria University of Wellington, New Zealand, Bachelor of Arts, First Class Honours in Political Science, 1996 01/1996-12/1996
- Victoria University of Wellington, New Zealand, Bachelor of Arts, Political Science and Japanese Language, 1995 01/1993-12/1995

**Postgraduate Training**

Dates

- University of Maryland Medical Center / Sheppard Pratt Health System, Baltimore, MD, Fellow, Child and Adolescent Psychiatry Fellowship Program 07/2015-06/2017
- University of Maryland Medical Center / Sheppard Pratt Health System, Baltimore, MD, Resident, General Psychiatry Residency 07/2012-06/2015

**Awards, Honors, Honorary Society Memberships**

Dates

- PGY-3 Teacher of the Year Award, USF Dept. of Psychiatry and Behavioral Neurosciences 06/2022
- PGY-3 Teacher of the Year Award, USF Dept. of Psychiatry and Behavioral Neurosciences 06/2020
- Child Fellowship Teacher of the Year Award, USF Dept. of Psychiatry and Behavioral Neurosciences 06/2020
- PGY-3 Teacher of the Year Award, USF Dept. of Psychiatry and Behavioral Neurosciences 06/2019
- Award Recipient, Educational Outreach Program, American Academy of Child and Adolescent Psychiatry 09/2016
- "Best Academic Publication by a Resident", for paper published in *J Trauma Dissociation* by George KC, Kebejian L, Ruth LJ, Miller CW, Himelhoch S, Department of Psychiatry, University of Maryland School of Medicine, Baltimore, MD 05/2016
- Awarded "Physician Colleague," 2014 Nursing Excellence Awards, University of Maryland Medical Center, Baltimore, MD 05/2014
- Wallace Award for "Best Academic Paper, Monograph or Book on Electoral Matters," Electoral Commission of New Zealand 12/1998

**Appointments**

Dates

- Associate Professor, USF Dept. of Psychiatry and Behavioral Neurosciences, Tampa, FL 03/2023-current

- |  |                 |
|--|-----------------|
| • Program Director, USF Child and Adolescent Fellowship Program, Tampa, FL                               | 05/2022-current |
| • Associate Course Director, Course 7, USF Morsani College of Medicine, Tampa, FL                        | 08/2019-current |
| • Associate Program Director, USF Child and Adolescent Fellowship Program, Tampa, FL                     | 10/2020-04/2022 |
| • Assistant Professor, USF Dept. of Psychiatry and Behavioral Neurosciences, Tampa, FL                   | 08/2017-03/2023 |
| • Attending Psychiatrist, Adult Inpatient Services, University of Maryland Midtown Campus, Baltimore, MD | 07/2016-06/2017 |

### Clinical Certifications

Dates

- |   |                 |
|---|-----------------|
| • American Board of Psychiatry and Neurology, Board Certified General Psychiatrist              | 09/2016-current |
| • American Board of Psychiatry and Neurology, Board Certified Child and Adolescent Psychiatrist | 09/2017-current |
| • Maryland Medical License  | 07/2012-07/2018 |
| • DEA License with Suboxone Waiver  | 07/2015-current |
| • Florida Medical License   | 07/2017-current |
| • Pennsylvania Medical License  | 03/2023-current |

### Teaching, Courses and Lectures

Dates

#### Undergraduate Medical Education:

- |   |              |
|---|--------------|
| • Course 7 Neurology and Psychiatry, 4hr per week, 150-189 USF MS2 students |              |
| • BMS6043.001.723M18  | 2018-2019    |
| • BMS6043.001.723M19  | 2019-2020    |
| • BMS6043.001.723M20  | 2020-2021    |
| • BMS6043.001.723M21  | 2021-2022    |
| • BMS6043.001.723M22  | 2022-current |
| • Medical Marijuana Panelist, 3hr per year, 150-189 USF MS2 students        | 2019-current |
| • Doctoring III, 4hr per week, 9-11 USF MS3 students                        |              |
| • BCC7000A.001.778M18   | 2018-2019    |
| • BCC7000A.001.778M19   | 2019-2020    |
| • BCC7000A.001.778M20   | 2020-2021    |
| • BCC7000A.001.778M21   | 2021-2022    |
| • BCC7000A.001.778M22   | 2022-2023    |
| • BCC7000A.001.778M23   | 2023-2024    |
| • BCC7000A.001.778M24   | 2024-current |
| • Doctoring II, 4hr per week, 9-12 USF MS2 students                         |              |
| • BMS6826.001.720M17  | 2017-2018    |
| • BMS6826.001.720M18  | 2018-2019    |
| • BMS6826.001.720M19  | 2019-2020    |
| • BMS6826.001.720M20  | 2020-2021    |
| • BMS6826.001.720M21  | 2021-2022    |

- Entrustable Professional Activities, Psychiatry (4hr per year, 4-6 USF MS4 students) 2021-current
- Medications for Aggression (2hr per year, 3-6 USF MS4 students) 2018-current

**Graduate Medical Education:**

- CAP Fellowship (6 PGY3-6 USF CAP Fellows)
  - Ethics in Child Psychiatry (3hr) 2019-current
  - Oppositional Defiant Disorder (1hr) 2019-current
  - Conduct Disorder (1hr) 2019-current
  - Aggression (1hr) 2019-current
  - Obsessive Compulsive Disorder (2hr) 2019-current
  - Tourette’s Disorder (2hr) 2020-current
  - Board Preparation Review (12hr) 2021-current
  - Generalized Anxiety Disorder (1hr) 2021-current
  - Separation Anxiety Disorder (1hr) 2021-current
  - Social Anxiety Disorder (1hr) 2021-current
  - Pediatric Catatonia 2024-current
- General Psychiatry Residency (USF Psychiatry Residents)
  - Obsessive Compulsive Disorder in Children (1hr, 20 PGY1-2) 2018-current
  - Post-Traumatic Stress Disorder in Children (1hr, 20 PGY1-2) 2018-current
  - Anxiety Disorders in Children (1hr, 10 PGY2) 2020-current
  - Gender Dysphoria (1hr, 6 PGY3) 2021-current
- Pediatric Residency (USF Pediatric Residents)
  - Adolescent Psychiatry in the ER (1hr, 40 PGY1-3) 04/2022

**Hospital:**

- Panelist, “Screenagers: how online behaviors affect depression and anxiety disorders in adolescents,” Brandon Healthplex, Tampa General Hospital (3hr, open to the public) 02/2019

**School:**

- Recognizing & Treating ADHD When it co-occurs with Anxiety or Depression, Tampa Day School (2.5hr, open to public) 10/2018

**Teaching, Supervisory**

Dates

**Clinical supervisory and training responsibilities:**

- Silver Child Development Center Psychiatry Clinic, Tuesday afternoon resident and fellow clinic, (4hrs per week, PGY2-6 Psychiatry Residents and Fellows) 08/2017-current
- Rotation Supervisor, Introduction to Outpatient CAP, (8hr per week, 1 PGY-2 Psychiatry Resident) 08/2019-current
- Supervising Attending, MEL8602 Child and Adolescent Outpatient Psychiatry elective, (4hrs per week, 1 MS3-4) 07/2018-current
- Supervising Attending, Outpatient CAP, (4hrs per week, adhoc, 1 PGY2-3 Pediatric Resident) 07/2019-current

**Other supervision:**

- Consultant, Florida Behavioral Health Collaborative Pediatric Hotline (1hr per week, pediatric primary care providers across Florida)

1/2022-current

**Published Bibliography**

**Peer-Reviewed Articles:**

- Gum, A. M., Goldsworthy, M., Guerra, L., Salloum, A., Grau, M., Gottstein, S., Horvath, C., Fields, A., Crowder, J., Holley, R., **Ruth, L.J.**, Hanna, K., Trauma-informed patient and public-engaged research: Development and evaluation of an online training programme., *Health Expectations*, Nov 2022.
- Cervin, M., Salloum, A., **Ruth, L.J.**, and Storch, E.A., Posttraumatic symptoms in young trauma-exposed children: links to other mental health symptoms and PTSD and stress in caregivers., *Child Psychiatry and Human Development*, 2021, 52:1173-1183.
- George, K.C., Kabejian L., **Ruth, L.J.**, Miller C.W., and Himelhoch S., Meta-Analysis of the Efficacy and Safety of Prazosin versus Placebo for the Treatment of Nightmares and Sleep Disturbances in Adults with Post-Traumatic Stress Disorder., *J Trauma Dissociation*, 2016, 17:494-510.
- **Ward, L.J.**, Second-Class MPs: New Zealand's Adaptation to Mixed-Member Parliamentary Representation., *Political Science*, 1998, 49:125-152.

**Books, Textbooks, Chapters, Case Reports**

- Jiang, S.; Burke, H., Hernandez, M., **Ruth, L.J.**, Sertraline-Induced Urinary Retention Reversed by Mirtazapine in an Adolescent., *Prim Care Companion CNS Disord*, 2022, 24(6)
- Iannuzzi, G., **Ruth, L.J.**, Wagoner, R., and Currier, G., Chapter 31: Evaluating the Suicidal Patient., *Emergency Psychiatry: Principles and Practice*, edited by Glick, R.L. *et al*, 2<sup>nd</sup> Ed., 2019, Wolters Kluwer.

**Other Publications**

- Cohen B., **Ruth L.J.**, Preuss C.V., "Opioid Analgesics" in StatPearls [Internet], Treasure Island, FL, StatPearls Publishing; 2022

**Service**

	Dates
• Member, American Psychiatric Association (APA)	07/2012-current
• Member, American Academy of Child and Adolescent Psychiatry (AACAP)	07/2015-current
• Chief Fellow, Sheppard and Enoch Pratt Health System, Child and Adolescent Psychiatry Fellowship Program	07/2016-06/2017
• Secretary, Tampa Bay Regional Council of AACAP	10/2019-12/2021
• Partner, <i>myPATH</i> , a patient-centered partnership of academic, professional, and patient representatives planning and conducting research on trauma for primary care patients	01/2020-current
• Faculty Advisor, Psychiatry Interest Group, USF Morsani College of medicine	07/2020-current
• Member, American Association of Directors of Psychiatric Residency Training (AADPRT)	11/2020-current
• Committee Member, IT Committee, AADPRT	11/2021-current
• President, Tampa Bay Regional Council of AACAP	01/2022-current
• Member, State 988 Crisis Response Advocates (monthly call)	01/2022-current
• Expert Panelist, Florida Medicaid Guidelines Virtual Expert Panel, working group to update the <i>Florida Best Practice Psychotherapeutic Medication Guidelines for Children and Adolescents</i>	04/2022
• Faculty Advisor, QI Committee, USF Department of Psychiatry and Behavioral Neurosciences	07/2022-current