Melissa J Lazinski PT, DPT, DHSc Board Certified Clinical Specialist in Orthopaedic Physical Therapy University of South Florida

#### Education:

Doctor of Health Science AT Still University, Mesa, AZ Health Science with Concentration in Fundamentals of Education December 2018

Doctor of Physical Therapy Regis University, Denver, CO Physical Therapy with Graduate Honors May 2010

Bachelor of Health Science University of Florida, Gainesville, FL Physical Therapy with Honors May 1999

Licensure Information/ Registration Number:

Florida Licensed Physical Therapist: #PT 18324, expires 11/30/2023

#### Certifications:

Board Certified Clinical Specialist in Orthopaedic Physical Therapy, ABPTS, 2007-2027 Collaborative Institutional Training Initiative (CITI) re-Certified May 2022 National Institutes of Health, Protecting Human Research Participants Training, July 2016 National Institutes of Health, Financial Conflicts of Interest Training, 7/26/2017 Vestibular Rehabilitation Certification, American Institute of Balance, 2009 Certified Pilates Instructor, Power Pilates, 2009 Credentialed Clinical Instructor, American Physical Therapy Association, 2008 CPR BLS Certification, 1998-2023

### Employment and Positions Held:

Associate Professor University of South Florida, School of Physical Therapy and Rehabilitation Sciences Tampa, FL Jan 2022 - present

Associate Faculty EnTandem, Rehab Essentials Columbia Falls, MT Jan 2022 - present

Orthopedic Residency Coordinator Nova Southeastern University, Physical Therapy Department Davie, FL Jan 2019- Jan 2022

Associate Professor Nova Southeastern University, Blended DPT Program Clearwater, FL Jun 2016- Jan 2022

Assistant Professor Nova Southeastern University, Blended DPT Program Clearwater, FL Feb 2011- Jun 2016

Director of Clinical Education Nova Southeastern University, Blended DPT Program, Clearwater, FL Feb 2011- Jul 2012

Physical Therapist & Center Manager Select Physical Therapy Palm Harbor, FL 2005-2011

PRN Physical Therapist Manor Care Palm Harbor, FL 2008-2009

Physical Therapist Lloyd Staffing Tampa, FL 2003-2005

Physical Therapist Farese Physical Therapy Center St. Petersburg, FL 2000-2003

Physical Therapist North Florida Regional Medical Center Gainesville FL 1999-2000

Instructor City College Gainesville, FL 1999

Peer Reviewed Publications:

Lazinski MJ, Ross L, Wolf S, Fink M, Cherry L. Interprofessional Education at a Distance: The Hybrid Interprofessional Education Model. *The Internet Journal of Allied Health Sciences and Practice*. 2021;19(3), Article 15. Internal grant funded. Acceptance April 2021. Published July 2021.

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- Lazinski, MJ, Lazinski M, Fedorczyk, J. Clinical examination of the elbow. Chapter 7 in Hand and Upper Extremity Rehabilitation: A Practical Guide, 7<sup>th</sup> ed. Philadelphia, PA: Mosby. Accepted June 2019. Published March 2020.
- Lazinski MJ. Psychomotor skills, physical therapy, and a hybrid course: A case study. *Quarterly Review of Distance Education,* Vol 18, Number 4. Accepted January 27, 2018. Published Jan 2018.
- Lazinski MJ. Psychomotor skills, physical therapy, and a hybrid course: A case study. *Distance Learning,* Vol 14, Number 4. Accepted October 30, 2017. Published December 2017.

Lazinski M. Harris hip score. PTNow website. http://www.ptnow.org/tests-detail/harris-hipscore-hhs. Accepted 10/2/2015. Published online 6/15/2017.

Lazinski M. Western Ontario and McMaster Universities osteoarthritis index (WOMAC). PTNow website. https://www.ptnow.org/tests-detail/western-ontario-mcmasteruniversities-osteoarthrit. Accepted 10/2/2015. Published online 6/29/2017.

Lazinski M. Hip abduction muscle strength by dynamometry. PTNow website. https://www.ptnow.org/tests-detail/hip-abduction-muscle-strength-by-dynamometry. Accepted 10/2/2015. Published online 8/24/2017.

Lazinski M. Self-paced walk test (SPWT). PTNow website. https://www.ptnow.org/testsdetail/self-paced-walk-test-spwt. Accepted 10/2/2015. Published online 8/16/2017.

Lazinski M, Cherry L. Simulation in a hybrid musculoskeletal physical therapy course: Development, adaptation, and outcomes. Health Professions Educational Research Symposium 2017, Nova Southeastern University, Ft Lauderdale, FL. Jan 2017. http://nsuworks.nova.edu/hpers/2017/all\_events/7/

Lazinski M. X-Step stair climb test (SCT). PTNow website. https://www.ptnow.org/testsdetail/x-step-stair-climb-test-sct-where-x-is-number-of-s. Accepted 10/2/2015. Published online 8/17/2017.

Lazinski M. Six-minute walk test for hip osteoarthritis. PTNow website. Accepted 10/2/2015.

Lazinski M. Timed up-and-go (TUG) test for hip osteoarthritis. PTNow website. Accepted 10/2/2015.

**Lazinski M.** Passive hip internal and external rotation and hip flexion hip osteoarthritis. PTNow website. Accepted 10/2/2015.

Lazinski M. The FABER (Patrick's) test for hip osteoarthritis. PTNow website. Accepted 10/2/2015.

Lazinski M. The scour test for hip osteoarthritis. PTNow website. Accepted 10/2/2015.

Rockefeller K, Blackinton M, Cherry L, **Lazinski M**, Shaw K. Where Does the Time Go? A Work Sampling Study Comparing Faculty Activities in Traditional and Hybrid DPT Programs. Proceedings of the 19th Triennial Congress of the International Ergonomics Association. August 2015.

Peer Reviewed Scientific and Professional Presentations:

Lazinski MJ, Cherry L

An Online Musculoskeletal Triple Jump Practical Exam: Quantitative and Qualitative Outcomes

APTA Combined Sections Meeting, Virtual, FL. Feb 2021

Lazinski MJ, Ross L

IPE in a digital world

Going Deeply Digital, Digital Curriculum Conference, Nova Southeastern University Feb 2019

### Lazinski MJ, Moulton J

Course alignment in a digital curriculum Going Deeply Digital, Digital Curriculum Conference, Nova Southeastern University Feb 2019

### Lazinski M, Cherry L

Simulation in a hybrid musculoskeletal physical therapy course: Development, adaptation, and outcomes

Health Professions Educational Research Symposium 2017, Nova Southeastern University Jan 2017

Blackinton M, Galley R, Cherry L, Shaw K, Miller T, Gallichio J, **Lazinski M** Why just flip your classroom when you can transform it? The re-design of 3 lecture-based and 3 lab-based courses from traditional to hybrid delivery

APTA Educational Leadership Conference, Kansas City, MO Oct 2014

Rockefeller K, Blackinton M, Cherry L, **Lazinski M**, Shaw K Where does the time go? A work sampling study of DPT faculty time APTA Combined Sections Meeting, Las Vegas, NV Feb 2014

### Lazinski M

Blogging to create a palpation portfolio: Use of a blog to master psychomotor skills at a distance

Health Professions Educational Research Symposium, Nova Southeastern University Jan 2013

### Riba [Lazinski] M, Shaw KL

Using collaborative web tools to achieve affective and psychomotor objectives in hybrid physical therapy education APTA Combined Sections Meeting, San Diego, CA Jan 2013

Carrasco R, **Lazinski M**, Morris KDW Let's Talk Structure, then Function: Vestibular System in Occupations FOTA State Conference, Tampa, FL Nov 2012

Riba [Lazinski] M, Rockefeller K, Shaw K

360° of Hybrid Education: Session II Course Modification and Technology APTA Annual Conference, Tampa FL Jun 2012

Funded/In Review Grant Activity:

Ross LR, **Lazinski MJ**, Cherry L, Rockefeller K \$1500 Research study: Enhancing Acquisition of Joint Mobilization Skills in Physical Therapy Students

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May 2019, Nova Southeastern University, PCHCS Faculty Research and Development Grant

# Ross LR, Lazinski MJ, Cherry L, Rockefeller K.

\$5000

Research study: Enhancing Acquisition of Joint Mobilization Skills in Physical Therapy Students

May 2019, Nova Southeastern University HPD Educational Research Grant

# Lazinski, M

\$5000

Educational innovative project: Hybrid Interprofessional Education: An innovative model for interprofessional education at a distance

Aug 2015, Nova Southeastern University, Center for Academic and Professional Excellence

Blackinton M, Cherry L, **Lazinski M**, Rockefeller K, Shaw K \$10,000

Research study: Where Does the Time Go? A Work Sampling Study Comparing Faculty Activities in Traditional and Hybrid DPT Programs

Jan 2012, Nova Southeastern University HPD Educational Research Grant

# Current/Active Research Activity:

Lazinski MJ, Rockefeller K, Cheng M

Manuscript in review: Predictors of NPTE failure in graduates of a blended Doctor of Physical Therapy program. Resubmitted with revisions *JOPTE*, July 2022 Unfunded

Erickson M, et al.

Clinical Practice Guideline in Revision: Clinical Practice Guideline revision: Carpal Tunnel Syndrome. In revision phase for submission to *JOSPT* in 2023 Sponsored by APTA Academy of Orthopedic Physical Therapy

## Continuing Education Workshops Conducted/Organized:

Lazinski, M. *PTLI: Hybrid PT Education, Pro Team.* Disruptive Innovation in Physical Therapist Education Summit. Physical Therapy Learning Institute. April 17, 2021. Available on APTA Learning Center:

https://learningcenter.apta.org/student/MyLP.aspx?id=130241df-efbe-4979-bee4f8826a0386d8&ProgramID=dcca7f06-4cd9-4530-b9d3-4ef7d2717b5d

Lazinski MJ. Communication skills for mentoring. Nova Southeastern University, PT Residencies Annual Mentoring Workshop. Live Webinar, Clearwater, FL. 1 CEH. August 27, 2020.

Dietrich J, Firestone A, Lazinski M. Tampa Bay Residency Mentoring Workshop. Tampa General Hospital, Tampa, FL. 3 CEH. February 19, 2020.

- Firestone A. Anatomy of a Mentor Session
- Lazinski MJ. Communication Skills for Mentoring
- Dietrich J. Small group break-out sessions
- Lazinski MJ. Biomechanics of the Shoulder for Rehabilitation. Hawthorne Village, Brandon, FL. 1 CEH. August 30, 2015
- Lazinski MJ. Shoulder Assessment. Hawthorne Village, Brandon, FL. 1.5 CEH. September 28, 2015

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Lazinski MJ. Therapeutic Exercise for Shoulder Dysfunction. Hawthorne Village, Brandon, FL. 1.5 CEH. October 26, 2015

Member in Scientific/Professional Organizations:

Academy of Hand and Upper Extremity Physical Therapy (APTA) 2019-present

Academy of Physical Therapy Education (APTA) 2011-present Residency/Fellowship Education Special Interest Group, 2019-present

Academy of Orthopaedic Physical Therapy (APTA) 2007-present Orthopaedic Residency Special Interest Group, 2018-present Pain Special Interest Group, 2018-present

American Physical Therapy Association, Florida Chapter 1998-present

Consultative and Advisory Positions Held:

Transitional DPT Capstone Advisor, Rehab Essentials, University of Montana 2013-present

Service to Profession:

Academy of Hand and Upper Extremity, APTA Early Career Development Coordinator, 2022-present

Academy of Orthopaedic Physical Therapy, APTA Pain Special Interest Group, Research committee member, 2022-present

Florida Physical Therapy Association Public Relations Committee, member, 2022-present Assembly Representative of FPTA West Central District, 2010-present Delegate, Florida Delegation to APTA HOD, 2021 Secretary of West Central District, 2013-2017

**Community Service:** 

Physical Therapist, pro bono Shark Motion Pro Bono Clinic at Clearwater Free Clinic, Clearwater, FL 2019-2022

Physical Therapist, pro bono Judeo Christian Healthcare Center, Tampa, FL 2013-2022

School Advisory Committee Member Palm Harbor Middle School, Palm Harbor, FL 2015-2021

Classroom Volunteer,

Lake St. George Elementary, Palm Harbor, FL 2010-2018

Event Volunteer FARA Ride Ataxia, Clermont, FL 2011-2017

### Service to University/ College/School on Committees/Counsels/Commissions

University-wide

College

2012-2022 Center for Academic and Professional Excellence (CAPE), NSU PCHCS, Founding Chair of Executive Council Founding Member of CAPE and Teaching and Learning Academy

Department

2022-present Chair, Outcomes Committee, USF SPRTS Member, Curriculum Committee, USF SPRTS

2021-2022 Interim Program Weekend Institute Coordinator, NSU DPT-Tampa

2019-2022 Residency Coordinator, Orthopedic Residency Program, NSU DPT Department

2018-2022 Member, Program Advisory Board, NSU-DPT-Tampa

2017-2022 Chair, Outcomes and Alumni Committee, NSU DPT-Tampa Member, Accreditation Committee (2020), NSU DPT-Tampa Program Schedule and Lab Assistant Coordinator, NSU DPT-Tampa

2011-2022 Academic Advisor, NSU DPT-Tampa

2013-2020 Member, Technology Committee, NSU DPT-Tampa

2011-2019 Member, Committee on Admissions, NSU DPT-Tampa

2011-2018 Member, Curriculum Committee, NSU DPT-Tampa

2011-2017 Faculty Advisor, Student Physical Therapy Association, NSU DPT-Tampa

Honors and Awards:

Faculty Leadership Award, NSU Tampa Bay DPT Program, Sept 2020 Golden Apple Faculty Member of the Year Award, Tampa DPT Class of 2020, May 2020 Nominee, Faculty Award for Excellence in Teaching, NSU, August 2017 Golden Apple Faculty Member of the Year Award, Tampa DPT Class of 2017, May 2017 Alpha Eta Society Inductee, Nova Southeastern University Chapter, May 2016 Golden Apple Faculty Member of the Year Award, Tampa DPT Class of 2016, May 2016 Fellowship of the Teaching and Learning Academy, Center for Academic and Professional

Excellence, PCHCS NSU, August 2015 Teaching and Learning Academy charter member, PCHCS NSU, December 2012 Graduate Honors, Regis University, Denver CO, May 2010 Graduate with Honors, University of Florida, Gainesville FL, May 1999 President's List, University of Florida, Gainesville FL, 1998 Anderson Scholar Award, University of Florida, Gainesville FL, 1997 Golden Key National Honor Society, University of Florida, Gainesville FL, 1997 Phi Sigma Pi National Honor Fraternity, University of Florida, Gainesville FL, 1995 Undergraduate Honors Program, University of Florida, Gainesville FL, 1995-1997

### **Continuing Education Attended:**

FPTA Leadership & Public Speaking Workshop, presented by the FPTA. July 23, 2022

APTA Clinical Practice Guideline Workshop, presented by APTA. July 13-14, 2022.

- *PTLI Disruptive Conference*, presented by Physical Therapy Learning Institute. April 8-9, 2022. (6 CEH)
- *More Than Soft Skills: Cultivating Compassion and Vulnerability in Health Care*, presented by Nicole Piemonte, USF SPTRS. March 31, 2022.
- *Thumb CMC Arthritis: Conservative Hand Therapy,* presented by S Hite, APTA Academy of Hand and Upper Extremity. March 23, 2022 (1CEH)

CSM 2022: Combined Sections Meeting of the APTA. Feb 3-5; San Antonio, TX (18 CEH)

- Examination and Rehabilitation of Upper Extremity Injury in Athletes, Part 1, presented by GK Davies, R Manske, T Ellenbecker.
- Educating for Ethics and Professionalism: Lessons learned During the COIVD-19 Pandemic, presented by Ditwiler, Hardwick, Swisher.
- The Impact of Poor Nutrition on Pain Mechanisms and Central Sensitization, presented by C Dolan & J Tatta.
- The Exercise Prescription Continuum: Evidence-based Dosing for Pain Modulation, Neuroplastic Adaptation, and Physical Performance, presented by T Machan, D Larson, C Gomez.
- The Unforgiving Elbow: Treatment Update to Optimize Patient Outcomes, presented by J Fedorczyk.
- *NPTE Workshop for Educators,* presented by FSBPT volunteers and staff, FSBPT. January 21-13, 2022.

- *Myth Busters Healing fractures & Soft Tissue ARE Symbiotic,* presented by Maureen Hardy & Lynne Feehan, APTA Academy of Hand and Upper Extremity. October 18, 2021 (1 CEH)
- *Prevention of Medical Errors,* presented by Debra Stern, Nova Southeastern University. October 28, 2021 (2 CEH)
- *PTLI Disruptive Conference*, presented by Physical Therapy Learning Institute. April 16-17, 2021 (6 CEH)

Wrist Proprioception Assessment & Rehabilitation: Emphasis on Wrist Instabilities, presented by Christos Karagiannopoulos, APTA Hand and Upper Extremity Academy. March 29, 2021 (1 CEH)

CSM 2021: Combined Sections Meeting of the APTA. Feb - March 2021; Online (15.5 CEHs)

- *Not Just Wear and Tear: Osteoarthritis Today*, presented by S Kolanski, C Oatis, L Thoma, & D White.
- *Qualitative Data Analysis in Physical Therapy Research, Part 1,* presented by J Saldana.
- *Qualitative Data Analysis in Physical Therapy Research, Part 2,* presented by J Saldana.
- Graded Motor Imagery 101: What Every Clinician Should Know and Do, presented by S Schmidt, K Zimney, A Louw, & J Podolak.
- From Walking to Running: What Can Your Foot and Your Shoe Do for You?, presented by C Pollard, W Johnson, S Ridge, S McClinton.
- *Rehabilitation Principles for People with Hand Arthritis,* presented by M Erickson & R Pigott.
- Optimizing the Therapeutic Alliance Through Motivational Interviewing and Patient-Reported Outcome Measures: Patient-Centered Physical Therapy, presented by JM Beneciuk, JM Fritz, S Kareha, R Holmes, F Alodaibi.
- Thinking Outside the Algorithm: Upper Extremity Return-to-Sports Decision Making Beyond the Paper Patient, presented by E Bellm, M Pontillo, M Salsbery.
- Current Concepts in the Surgical and Postoperative Management of Patients Undergoing Reverse Total Shoulder Arthroplasty, presented by E Schweitzer & W Hanney.
- Evidence-Based Management of Temporomandibular Disorder, Cervicalgia, and Headache: What Your Patients Wish You Knew, presented by E Kahnert, J Prodoehl, & N Rainey.
- 21<sup>st</sup> Century Pain Education: Implementing Recommended Core Competencies into *Physical Therapist Education*, presented by SE Harrington, M Allapattu, MH Bement, C Wassinger, KA Sluka, KJ Zimney.
- The Power of Hands-On: Maximizing the Effects of Manual Therapy, presented by CA Courtney, J Bialosky, & T Flynn.
- Weaving Breathing Through the Pelvic Plan of Care: Diaphragmatic Breathing as a Primary Intervention, presented by A Pawlik, K Ireland, & A Jones.

Defensible Documentation: A Framework for Physical Therapy Documentation, presented by Lori Quinn and Julie Fineman, APTA Learning Center Online. Dec 11, 2020 (2 CEHs)

Physical Therapy and Recovery from Human Trafficking, presented by Sandrine Gaillard-Kenney and Brianna Black Kent, Nova Southeastern University. November 18, 2020 (1 CEH)

Tampa Bay Residency Mentoring Workshop. Tampa General Hospital, Tampa, FL (3 CEHs) February 19, 2020. CEU sponsored by NSU.

- Anatomy of a Mentor Session, presented by Amy Firestone.
- Communication Skills for Mentoring, presented by Melissa J. Lazinski.
- Small group break-out sessions, presented by Jamie Dietrich.

Successful Mentorship for Residency and Fellowship Education, presented by Greg Hartley, Gail Jensen, Ivan Matsui, Carol Jo Tichenor, APTA Learning Center Online. Jan 13, 2020 (8 CEHs)

Diagnostic Imaging of the Cervical Spine: Essentials for the Autonomous Physical Therapist, presented by Biederman and Hazle, APTA Learning Center Online. Dec 12, 2019 (3 CEHs)

*Prevention of Medical Errors,* presented by Florida Medical Education Services, Online. September 29, 2019 (2 CEH)

*Clinical Mentoring Workshop,* presented by Melissa Tovin and Rania Margonis, Nova Southeastern University Web Conference. Aug 23, 2019 (2 hours)

CSM 2019: Combined Sections Meeting of the APTA. Jan 24-26, 2019; Washington, DC (19 CEHs)

- *The Frozen Shoulder Has a Brain*, presented by Adriaan Louw, Stephen Schmidt, and Paul Mintken
- Unlocking the Mysteries of Diffuse Elbow Pain, presented by Ann Lucado, R Barry Dale, and Joseph M Day
- Promoting Healthy Lifestyles: Effective Communication/Counseling Strategies, presented by Donald Lein, John Lowman, David M Morris, and Robert Motl
- Pain Science within Tendinopathy Management: Square Peg, Round Hole?, presented by Kenneth Kirby and JJ Kuczynski
- Prognostic Approach for Managing Adverse Outcomes in Upper Extremity Fractures, presented by Joy MacDermid, Saurabh P Mehta, and Susan Stralka
- Pain Talks: Conversations with Pain Science Leaders in the Future of the Field, presented by Carol Courtney, Steven George, Adriaan Louw, Carolyn McManus, Mark Shepherd, Kathleen Sluka, and Derrick Sueki.
- Incorporating Positive Psychology into Musculoskeletal Pain Management, presented by Kristin Archer, Rogelio Coronado, and Stephen Wegener
- Rose Award Platform Presentation

Integration of the Movement System into NSU PT Program, presented by Kim Smith, PT, DPT; NSU Department of Physical Therapy. January 16, 2019 (1.5 hours)

*Pain, Plasticity, and Physical Therapy*, presented by Adriaan Louw, PT, PhD; APTA. Blended course. September 13, 2018 (2 CEHs)

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- Holistic Interventions and Meditation, presented by Jennafer Vande Vegte, MSPT and Nari Clemons, PT; Herman and Wallace Pelvic Rehabilitation Institute. Tampa, FL. Jan 19-21, 2018 (22 CEHs)
- *Telehealth*, presented by Dr Matthew Caines. Nova Southeastern University, Tampa. November 8, 2017 (1 hour)
- *Prevention of Medical Errors.* Presented by Florida Medical Education Services, Online. November 8, 2017 (2 CEH)
- Bloodbourne Pathogens, Hazard Communication, Personal Protective Equipment, and Global Harmonized Systems, NSU Environmental Health & Safety Training, Nova Southeastern University [online]. April 28, 2017.
- Putting on the GLITZ: Helping Students Learn to Remember Through Purposeful Instructional Activities, Presented by Kathleen Hagan, EdD. Physical Therapy Faculty Retreat, Tampa, FL, March 21, 2017 (2 hours)
- CSM 2017: Combined Sections Meeting of the APTA. Feb 15-18, 2017; San Antonio, TX (19 CEH)
  - The Role of Physical Therapy in Exercise is Medicine: A Collaborative Symposium With the ACSM
  - Working Smarter, Not Harder: Crafting Scholarly Projects That Count!
  - Teaching Tips I Can Use on Monday: A Primer on Easy to Integrate Technology
  - Clinical Management of lateral (horizontal) Canal Benign Paroxysmal Positional Vertigo (BPPV)
  - Challenging Traditional Education Views With a 2-Year DPT Model
  - Movement-Based Examination and Treatment of Temporomandibular Joint Disorder
  - Treating the Complicated Orthopaedic Patient: Four Cases from Four Practitioners

Health Professions Educational Research Symposium: *Active Learning: Theory, Practice, and Evidence*. Jan 21, 2017; NSU Ft. Lauderdale, FL. (8 hours)

# Current Teaching Responsibilities:

Spring 2022

- PHT 6285 Foundations of Physical Therapy 2, 4 CH, Course Director
- PHT 6178 Movement Science 2, 3 CH, Guest Lecturer/Topic Leader
  - Biomechanics and Kinesiology of: Thoracic spine and rib cage, lumbar spine, temporomandibular joint, sacroiliac joint, and hip
- PHT 7777 Musculoskeletal Clinical Problem Solving 2, 3 CH, Lab Preceptor
- PHT 6932 Seminar in Physical Therapy 2, 2 CH, Small Group Facilitator
- PHT 6934 Seminar in Physical Therapy 4, 2 CH, Small Group Facilitator