PRISCILLA A. AMOFA-HO., M.A., M.S., Ph.D.

UNIVERSITY OF SOUTH FLORIDA, COLLEGE OF NURSING
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POSITIONS

Assistant Professor, tenure-track 2026-present
College of Nursing
University of South Florida Health

Assistant Professor / Clinical Neuropsychologist 2026 - present
Memory Disorder Clinic
Department of Psychiatry and Behavioral Neurosciences
University of South Florida Health

EDUCATION

Clinical Research Post-Doctoral Scholar/Fellowship 2024-2026
Area of Focus: **Behavioral Sleep Medicine and ADRDs**
University of South Florida, College of Nursing
Sleep and Health Innovations in Neurobehavioral Science Center (SHINE)
Christina S. McCrae, Ph.D., DBSM., FSBSM., FAASM - Research Mentor

Clinical Neuropsychology Postdoctoral Fellow 2025-2026
Area of Focus: Neuropsychology – neurodegenerative disorders
Saibel Neuropsychology
Shivani Saible, Ph.D., ABPP-CN and Duane Dede – Clinical Supervisors

Clinical Psychology Pre-Doctoral Internship, Neuropsychology Track 2023 - 2024
James A. Haley Veterans' Hospital, Tampa, FL
APA-Accredited

Doctor of Philosophy in Psychology August 2024
Primary Area of Concentration: **Clinical Psychology**
Specialty Area: **Neuropsychology**
University of Florida, Department of Clinical and Health Psychology, Gainesville, FL. APA-Accredited
Glenn E. Smith, Ph.D., ABPP-CN – Research Mentor and Committee Chair
Dissertation: The Use of cSEM to Assess the Interplay Between Composite Adversity in Social Determinants of Health, Cognition, Vascular Burden, and Everyday Functional Decline Among a Diverse Older Adult Population.

Master of Science in Psychology May 2020
Primary Area of Concentration: **Clinical Psychology**
Specialty Area: **Neuropsychology**
University of Florida, Department of Clinical and Health Psychology, Gainesville, FL. APA - Accredited
Glenn E. Smith, Ph.D., ABPP-CN – Research Mentor and Committee Chair
Master's Thesis**:** Functional Ability is Associated with Higher Adherence to Behavioral Interventions in Mild Cognitive Impairment.

Master of Arts in Counseling May 2018
Specialty Area: **Clinical Mental Health Counseling**
Roosevelt University, College of Education, Chicago, IL. CACREP - Accredited

Bachelor of Arts June 2013

Major: Psychology
Minor: Neuroscience
Carleton College, Northfield, MN

AWARDS & HONORS & FELLOWSHIPS

SRS Trainee Merit Award	2026
SRS & AASM Foundation Dependent Care & Accessibility Grant	2026
Alzheimer's Association-Interdisciplinary Summer Research Institute (AA-ISRI)	2025
AASM Foundation Young Investigators Research Forum	2025
Alzheimer's Association International Conference (AAIC) 2024 Fellowship Award	2024
University of Florida Supplemental Retention Scholarship	2023, 2024
APPIC Cynthia Belar Internship Applicant Scholarship	2023
University of Florida Clinical and Health Psychology Student Research Award	2022
University of Florida Robert and Phyllis Levitt Neuropsychology Award	2022
Internal Finalist, American Psychological Association Dissertation Award	2022
Advanced Psychometric Methods for Cognitive Aging Research Conference Award	2019, 2022
McKnight Brain Institute Rising Star	2022
University of Florida Board of Education Summer Fellowship	2018
Carleton College Second Century Student Award	2013
Ronald McDonald House Charity Scholarship	2009 - 2013

GRANTS

Pending – External

K23 (PI Amofa-Ho)
National Institute of Health/National Institute on Aging
ADAPT-ADRD: Adapting multimodal lifestyle and behavioral interventions to address sleep, cognition, inflammatory, and emotional health in older adults with MCI and their caregivers at risk of ADRD
Total Cost: $960, 605 [4/2027-4/2032]

Career Development Award (PI Amofa-Ho)
Sleep Research Society Foundation
SYNCH-AA: Patterns of Sleep Health, Inflammation, and Multimorbidity and their Association with Cognition in African Americans with Sleep Disorders at Increased Risk of ADRD.
Total Cost: $50, 000 [1/2027-12/2027]

Past – External

R01 AG066081 (PI McCrae)
National Institute of Health/National Institute on Aging
Web-based CBT for insomnia in rural dementia caregivers: examination of sleep, arousal, mood, and cognitive, and immune outcomes
Total costs: $3,460,205 (06/2021 – 03/2027)
Role: Project Coordinator

Completed - Internal

NIA Non-Pharmaceutical Interventions in ADRD T32 Training Fellowship (AG 020499)	2022 - 2023
NIA ADRD T32 Training Fellowship (AG 061892)	2020 - 2022

Unfunded - External

NIH F31 Ruth L. Kirschstein National Research Service Award	2021

K99/R00 1K99AG101293-01 (PI Amofa-Ho) 2025
National Institute of Health/National Institute on Aging
Adapting multimodal lifestyle and behavioral interventions to address sleep, cognition, inflammatory, and emotional dysfunction in older adults with MCI and their caregivers at risk of ADRD
Direct Cost: K99 ($197, 847 [4/2026-4/2028]); R00 ($...)
Status: Competitive Not Discussed. Accepted faculty position and did not resubmit.

RESEARCH DISSEMINATION

PEER-REVIEWED PUBLICATIONS

1. Holland, B.M., **Amofa-Ho, P.A.,** Stevenson, E., McCrae, C. S. (2026). Behavioral Sleep Interventions for Chronic Pain: Mechanisms, clinical evidence, and future directions. *Current Sleep Medicine Reports*, 12 (43). https://doi.org/10.1007/s40675-026-00393-9

2. Stearns, M. A., **Amofa-Ho, P.,** Holland, B., & McCrae, C. S. (in press). Non-Pharmacologic Management of Insomnia Disorder in Primary Care. *Primary Care: Clinics in Office Practice, April 6th 2026; 53(2). DOI: 10.1016/j.pop.2026.01.009*

3. **Amofa-Ho, P.A.,** Fiala, J., Levy, S.A., Walker, A.F., Ross, K.M., and Smith, G.E. Interrelationships of social determinants with cognition, vascular health, and physical functioning. *Alzheimers Dement. 2025 Jan 3;20(Suppl 3):e088011. doi: 10.1002/alz.088011. PMCID: PMC11710351*

4. Kobayashi, L.C., Peterson, R., Yu, X., Avila-Roeger, J., **Amofa-Ho**, **P.,** Vila-Castelar, C., Meza, E., Shaaban, E., Whitmer, R., Gilsanz, P., Mayeda, E.R. Life course financial mobility and later-life cognitive function and decline by gender and race and ethnicity: an intersectional analysis of the US KHANDLE and STAR cohort studies. *Lancet Healthy Longevity. https://doi.org/10.1016/S2666-7568(24)00129-6*

5. **Amofa-Ho, P**.A., Stickel, A.M., Chen, R., Kobayashi, L.C., Glymour, M.M., Eng, C. W., Alzheimer's Diseases Neuroimaging Initiative. The mediating roles of neuro-biomarkers in the relationship between education and later-life cognition. *J Alzheimers Dis. 2023 Sep 2. Doi: 10.3233/JAD-230244. Epub ahead of print. PMID: 37694365*.

6. De Wit, L., Levy, A.A., Kurasz, A.M., **Amofa, P.**, DeFeis, B., O'Shea, D., Chandler, M.J., Smith, G.E. Procedural learning, declarative learning, and working memory as predictors of learning the use of a memory compensation tool in persons with amnestic mild cognitive impairment. *Neuropsychol Rehabil*. 2023 Aug; 33 (7):1278-1303. doi: 10.1080/09602011.2022.2089697. Epub 2022 Jun 23. PMID: 35749375.

7. **Amofa, P.**, Kurasz, A.M., Smith, G.E., Levy, S.A. Health concerns and attitudes towards research participation in a community of rural Black Americans. *Clin Gerontol*. 2022 May 30:1-12. doi: 10.1080/07317115.2022.2077678. Epub ahead of print. PMID: 35634727.

8. O'Shea, D.M, de Wit, L., Tanner. J., Kurasz A.M., **Amofa, P.**, Perez Lao, A., Levy, S.A., Chandler, M., Smith, G. Hippocampal Subfields in Mild Cognitive Impairment: Associations with Objective and Informant-Report of Memory Function. *Arch Clin Neuropsychol*. 2022 Apr 19: acac018. doi: 10.1093/arclin/acac018. Epub ahead of print. PMID: 35443280.

9. Levy, S.A., Smith, G., De Wit, L., DeFeis, B., Ying, G., **Amofa, P.**, Locke, D., Shandera-Ochsner, A., McAlister, C., Phatak, V., Chandler. M. Behavioral Interventions in Mild Cognitive Impairment (MCI): Lessons from a Multicomponent Program. *Neurotherapeutics.* 2022 Jan;19(1):117-131. doi: 10.1007/s13311-022-01225-8. Epub 2022 Apr 12. PMID: 35415779; PMCID: PMC9130435.

10. De Wit, L., Kessels, R.P.C., Kurasz, A.M., **Amofa, P.A.**, O'Shea, D., Marsiske, M., Chandler, M.J., Piai, V., Lambertus, T., Smith, G.E (2022). Declarative learning, priming, and procedural learning performances

comparing individuals with Amnestic Mild Cognitive Impairment and cognitively unimpaired older adults. *J Int Neuropsychol Soc*. 2022 Feb 28:1-13. Doi:10.1017/S1355617722000029. PMID: 35225209

11. Vonk, J.M.J., Gross, A.L., Zammit, A.R., Bertola, L., Avila, J.F., Jutten, R.J., Gaynor, L.S., Suemoto, C.K., Kobayashi, L.C., O'Connell, M.E., Elugbadebo, O., **Amofa, P.A.**, Staffaroni, A.M., Arce Rentería, M., Turney, I.C., Jones, R.N., Manly, J.J., Lee, J., & Zahodne, L.B. (2022). Cross-national harmonization of cognitive measures across HRS HCAP (USA) and LASI-DAD (India) *PLOS ONE* 17 (2): e0264166. https://doi.org/10.1371/journal.pone.0264166

12. DeFeis, B., Ying, G., Kurasz, A.M., De Wit, L., **Amofa, P.A.,** Chandler, M., Locke, D., Shandera-Oschner, A., Phatak, V., & Smith, G. Latent factor structure of outcome measures used in HABIT Mild Cognitive Impairment intervention programs. *J Alzheimers Dis*. 2021; 84(1):193-205. Doi: 10.3233/JAD-210582. PMID: 34511501.

13. **Amofa P.A.**, Locke D.E.C., Chandler M., Crook J.E., Ball C.T., Phatak V., Smith G.E. Comparative Effectiveness of Behavioral Interventions to Prevent or Delay Dementia: One-Year Partner Outcomes. *J Prev Alzheimers Dis.* 2021;8(1):33-40. doi: 10.14283/jpad.2020.59. PMID: 33336222.

14. De Wit, L., Piai, V., Thangwaritorn, P., Johnson, B., O'Shea, D., **Amofa, P.,** Marsiske, M., Kessels, R.P.C., Schaefer, N., & Smith, G (2021). Repetition priming in individuals with amnestic Mild Cognitive Impairment and Alzheimer's dementia: A systematic review and meta-analysis. *Neuropsychology Review*, 1-19. https://doi.org/10.1007/s11065-021-09504-5

15. Kurasz, A.M., DeFeis, B., Locke, D.E.C., De Wit, L., **Amofa, P.**, Smith, G., Chandler, M. Psychometric properties of the self-efficacy for managing mild cognitive impairment scale. *Int J Geriatr Psychiatry*. 2021 Jan;36(1):174-181. doi: 10.1002/gps.5411. Epub 2020 Sep 6. PMID: 32830353; PMCID: PMC7754146.

16. **Amofa, P.A.**, DeFeis, B., De Wit, L., O'Shea, D., Mejia, A., Chandler, M., Locke, D.E.C., Fields, J., Phatak, V., Dean, P.M., Crook, J., Smith, G. Functional ability is associated with higher adherence to behavioral interventions in mild cognitive impairment. *Clin Neuropsychol.* 2020 Jul;34(5):937-955. doi: 10.1080/13854046.2019.1672792. Epub 2019 Oct 13. PMID: 31608773; PMCID: PMC8152958.

17. De Wit, L., Chandler, M., **Amofa, P.**, DeFeis, B., Mejia, A., O'Shea, D., Locke, D.E.C., Fields, J.A., Smith, G.E. Memory Support System training in mild cognitive impairment: Predictors of learning and adherence. *Neuropsychol Rehabil*. 2021 Jan;31(1):92-104. doi: 10.1080/09602011.2019.1667833. Epub 2019 Sep 20. PMID: 31538854; PMCID: PMC8180362.

18. Langer, K., O'Shea, D.M., De Wit, L., DeFeis, B., Mejia, A., **Amofa, P.**, Chandler, M., Locke, D.E.C., Fields, J., Phatak, V., Dean, P.M., Smith, G. Self-Efficacy Mediates the Association Between Physical Function and Perceived Quality of Life in Individuals with Mild Cognitive Impairment. *J Alzheimers Dis.* 2019;68(4):1511-1519. doi: 10.3233/JAD-181020. PMID: 30909227.

19. Wilson, R.S., Capuano, A.W., James, B.D., **Amofa, P.**, Arvanitakis, Z., Shah, R., Bennett, D.A., Boyle, P.A. Purpose in Life and Hospitalization for Ambulatory Care-Sensitive Conditions in Old Age. *Am J Geriatr Psychiatry*. 2018 Mar;26(3):364-374. doi: 10.1016/j.jagp.2017.06.022. Epub 2017 Jun 30. PMID: 28780129; PMCID: PMC5773406

20. Wilson, R.S., Rajan, K.B., Barnes, L.L., Jansen, W., **Amofa, P.**, Weuve, J., Evans, D.A. Terminal decline of episodic memory and perceptual speed in a biracial population. *Neuropsychol Dev Cogn B Aging Neuropsychol Cogn.* 2018 May;25(3):378-389. doi: 10.1080/13825585.2017.1306020. Epub 2017 Mar 23. PMID: 28332920; PMCID: PMC5928786.

21. Wilson, R.S., Capuano, A.W., Marquez, D.X., **Amofa, P.**, Barnes, L.L., Bennett, D.A. Change in Cognitive Abilities in Older Latinos. *J Int Neuropsychol Soc*. 2016 Jan;22(1):58-65. doi: 10.1017/S1355617715001058. Epub 2015 Nov 10. PMID: 26553103; PMCID: PMC4990203.

MANUSCRIPTS UNDER REVIEW

MANUSCRIPTS IN FINAL PREPARATION

1. Bravo, B., … **Amofa-Ho, P.A**., … Anton, S. Adherence and safety of 24-week time-restricted eating in older adults with subjective cognitive decline.
2. **Amofa-Ho, P**. A., Moore, M., Curtis, A. F., Craggs, J., Rowe, M., Groer, M., Stearns, M., Pace, R., & McCrae, C.S. Cognitive Resilience and Risk in Dementia Caregivers: Stress, Physical Activity, and Sleep.

3. **Amofa-Ho, P**.*, Stearns, M.A.*, Curtis, A.F., McGovney, K., Costa, A.N., Miller, M.B., Nair, U., McCrae, C.S. Sex differences in the interplay between physical activity, sleep quality, and subjective cognitive complaints among adults and older adults.

4. Ganga Bey, Tim Hohman, **Priscilla Amofa-Ho**, et. al. Using MAIHDA to examine differences in the effects of reported discrimination on cognitive health across ethnoracial and sex/gender groups in the KHANDLE and STAR cohorts.

PEER REVIEWED PUBLISHED ABSTRACTS & POSTER/ORAL PRESENTATIONS

ORAL PRESENTATIONS

1. Kobayashi, L.C., Peterson, R., Avila-Rieger, J., **Amofa-Ho, P.A.**, Vila-Castelar, C., Meza, E., Shaaban, B., Whitmer, R.A., Gilsanz, P., Mayeda, E.R. (July 2023). Life course financial mobility and later-life memory by gender and race/ethnicity: an intersectional analysis of a multi-ethnic cohort study. Abstract accepted for paper presentation at the annual meeting of the Alzheimer's Association International Conference (AAIC), Amsterdam, Netherlands.

2. Adrien, T., **Amofa-Ho, P**., Levy, SA., Smith, G. (March 2024). White matter hyperintensities and functional ability: How do CSF biomarkers and cognitive measures mediate this relationship? Paper accepted and presented at international conference, AD/PD, Barcelona.

3. **Amofa**, **P.**, Stickel, A., Chen, R., Kobayashi, L., Eng, C. (March 2022). The mediating roles of neuro-biomarkers in the relationship between education and later-life cognition. Paper accepted and presented at international conference, AD/PD, Barcelona.

4. **Amofa, P.**, Levy, S. (January 2022). Including diverse populations in clinic research: Results from a quantitative study. Oral presentation at 2020 Provost Annual Faculty Gathering at the University of Florida.

PEER-REVIEWED ABSTRACTS

1. **Amofa-Ho, P**., Moore, M., Curtis, A.F., Craggs, J., Rowe, M.A., Groer, M., Stearns, M.A., Pace, R., & McCrae, C.S. (July 2026). Cognitive Resilience and Risk in Dementia Caregivers: Stress, Lifestyle, Sleep Disruptions, and Race/Ethnicity. Abstract accepted for poster presentation at the annual meeting of the Alzheimer's Association International Conference (AAIC), London, United Kingdom.

2. **Amofa-Ho, P**., Curtis, A.F., Craggs, J., Rowe, M.A., Groer, M., Stearns, M.A., Pace, R., & McCrae, C.S. (June 2026). Move, Breathe, Think: How Activity and Sleep Disordered Breathing Shape Caregiver Well-

Being. Abstract accepted for poster presentation at the annual meeting of the Associated Professional Sleep Societies SLEEP Conference, Baltimore, MD, U.S.A. Featured episode on Sleep Research Society Podcast

3. **Amofa-Ho, P. A**., Brown, T., Craggs, J., Curtis, A. F., Staud, R., Berry, R. B., Robinson, M. E., McCrae, C. S. (June 2026). Hypertension status moderates insomnia and atrophy of the left superior frontal gyrus interaction in women with fibromyalgia. Abstract accepted for poster presentation at the annual meeting of the Associated Professional Sleep Societies SLEEP Conference, Baltimore, MD, U.S.A.

4. **Amofa-Ho, P. A**., Chen, R., Curtis, A.F., Craggs, J., Rowe, M.A., Groer, M., Stearns, M.A., Pace, R., & McCrae, C.S. (June 2026). Sleep Disruption Secondary to Disordered Breathing Directs the Strength Between Physical Activity and Physical Limitations among Dementia Caregivers. Abstract accepted for poster presentation at the annual meeting of the Associated Professional Sleep Societies SLEEP Conference, Baltimore, MD, U.S.A.

5. **Amofa-Ho, P**., Stearns, M.A., Curtis, A.F., Craggs, J., Rowe, M.A., Shatzer, J., McCrae, C.S. (October 2025). Physical activity and stress influence total sleep time among dementia caregivers. Abstract presented as a poster presentation at the Society of Behavioral Sleep Medicine annual meeting, Kansas City, Missouri, U.S.A.

6. Singh, M., Holland, B., Stevenson, E.R., **Amofa-Ho, P**., Stearns, M.A., Curtis, A.F., McGovney, K., Costa, A.N., Miller, M.B., Nair, U., McCrae, C.S. (October 2025). Interconnectedness of sleep, stress, and subjective memory in individuals with chronic pain. Abstract accepted for poster presentation at the Society of Behavioral Sleep Medicine annual meeting, Kansas City, Missouri, U.S.A.

7. **Amofa-Ho, P**.*, Stearns, M.A.*, Curtis, A.F., McGovney, K., Costa, A.N., Miller, M.B., Nair, U., McCrae, C.S. (June 2025). Sex differences in the interplay between physical activity, sleep quality, and subjective cognitive complaints among adults and older adults. Abstract accepted for poster presentation at the annual meeting of the Associated Professional Sleep Societies SLEEP Conference, Seattle, Washington, U.S.A.

8. Stearns, M.A., Parbhoo, A., **Amofa-Ho**, P., McCrae, C.S. (April 2025). Inner-city stress and sleep in the context of adolescent ethnicity and gender. Abstract accepted for post presentation at the annual meeting of the Society of Pediatric Psychology Annual Conference, Phoenix, AZ, U.S.A.

9. **Amofa-Ho**, P.A., Fiala, J., Levy, A., Walker, A.F., Ross, K.A., and Smith, G.E. (August 2024). Interrelationships of social determinants with cognition, vascular health, and physical functioning. Abstract accepted for poster presentation at the annual meeting of the Alzheimer's Association International Conference (AAIC), Philadelphia, U.S.A.

10. Kobayashi, L.C., Peterson, R., Avila-Rieger, J., **Amofa-Ho, P.A.**, Vila-Castelar, C., Meza, E., Shaaban, B., Whitmer, R.A., Gilsanz, P., Mayeda, E.R. (July 2023). Life course financial mobility and later-life memory by gender and race/ethnicity: an intersectional analysis of a multi-ethnic cohort study. Abstract accepted for paper presentation at the annual meeting of the Alzheimer's Association International Conference (AAIC), Amsterdam, Netherlands.

11. Perez-Lao, A., De Wit, L., DeFeis, B., Kurasz, A.M., **Amofa-Ho, P.A.**, Langer, K., Chandler, M., Levy, S., Smith, G. (February 2023). Adherence to behavioral interventions is associated with a change in participant adjustment in a sample of aMCI participants. Abstract accepted for poster presentation at the International Neuropsychology Society Annual Meeting, San Diego.

12. Higgins, C., Aslanyan, V., Cody, K., Ward, T., Choi, S., Wei, J., **Amofa, P**., Crane, P., and Harrison, T. (July 2022). Tau PET shows both direct and atrophy-mediated effects on cognition: 4-way decomposition of the overall effect of tau PET on cognitive performance in the presence of brain atrophy. Abstract accepted for poster presentation at the annual meeting of the Alzheimer's Association International Conference (AAIC), San Diego.

13. Perez-Lao, A., De Wit, L., DeFeis B., Kurasz, A., **Amofa, P.**, Chandler, M., Levy, S., Smith, G. (February 2022). Factors predicting adherence to behavioral interventions in participants with amnestic mild cognitive impairment (MCI). Abstract accepted for poster presentation at the International Neuropsychology Society Annual Meeting, Virtual Event.

14. De Wit, L., Levy, S., Kurasz, A., **Amofa, P**., DeFeis, B., O'Shea, D., Chandler, M., Smith, G. (February 2022). Declarative and procedural learning as predictors for memory compensation training in individuals with amnestic mild cognitive impairment. Abstract and poster presented at the International Neuropsychology Society Annual Meeting, Virtual Event.

15. De Wit, L., Lambertus, T., **Amofa, P**., Kurasz, A., DeFeis, B., Chandler, M., Smith, G.E., Tanner, J. (February 2021). Parahippocampal and temporal neocortical thickness as predictors of word-stem completion priming in individuals with amnestic mild cognitive impairment. Abstract accepted for poster presentation at the annual meeting of the International Neuropsychology Society Annual meeting, Virtual Event.

16. De Wit, L., Pilar, V., Thangwaritorn, P., Johnson, B., O'Shea, D., **Amofa, P**., Marsiske, M., Kessels, R., Schaeffer, N., Smith, G. (2020). Repetition priming in individuals with amnestic Mild Cognitive Impairment and Alzheimer's dementia: A systematic review and meta-analysis. Abstract accepted for poster presentation at the International Neuropsychology Society Mid-Year Conference, Vienna. *Abstract: Journal of the International Neuropsychological Society*

17. **Amofa, P**., Locke, D., Chandler, M., Crook, J., Fields, J., Diehl, N., Thomas, C., Phatak, V., Smith, G. (February 2020). Comparative effectiveness of behavioral interventions to prevent or delay dementia: One-year partner outcomes. Abstract accepted for poster presentation at the International Neuropsychology Society Annual Meeting, Denver, CO. *Abstract: Journal of the International Neuropsychological Society*.

18. DeFeis, B., Mejia, A., **Amofa, P**., De Wit, L.,Chandler, M., Locke, D., Smith, G. (February 2020). A confirmatory factor analysis of Mild Cognitive Impairment Intervention variables in participant-partner dyads. Abstract accepted for poster presentation at the International Neuropsychology Society Annual Meeting, Denver, CO. *Abstract: Journal of the International Neuropsychological Society*.

19. Lambertus, T.D., De Wit, L., O'Shea, D., Mejia, A., DeFeis, B., **Amofa, P**., Chandler, M., Mayewski, A., Smith, G. (February 2020). The implicit memory construct: Repetition priming, motor skill learning, and pattern learning in individuals with mild cognitive impairment and healthy controls. Abstract accepted for poster presentation at the International Neuropsychology Society Annual Meeting, Denver, CO. *Abstract: Journal of the International Neuropsychological Society.*

20. **Amofa, P**., DeFeis, B., Chandler, M., Lock, D., Fields, J., Phatak, V., Dean, P., Levy, S., Smith, G. (February 2019). Predicting factors to adherence in behavioral interventions to prevent/ delay dementia. Abstract accepted for poster presented at the International Neuropsychology Society Annual Meeting, New York City, NY. *Abstract: Journal of the International Neuropsychological Society*.

21. O'Shea, D. M., Tanner, J.J., Chandler, M., De Wit, L., Mejia, A., DeFeis, B., **Amofa, P**., Smith, G.E. (February 2019). Prediction of response to behavioral interventions with MRI-based hippocampal subfields in mild cognitive impairment: preliminary finding. Abstract accepted for poster presentation at the International Neuropsychology Society Annual Meeting, New York, NY. *Abstract: Journal of the International Neuropsychological Society*.

POSTER PRESENTATIONS

1. *Doh, B. Ponnekanti H., Scotch L., Suleiman K., **Amofa-Ho P.** (Jan. 2026). Opioids and the Brain: A Genetic Lens on Cognition and Addiction. Systematic review poster presentation at Harvard University's National Collegiate Research Conference. *Student mentee research presentation.

2. *Brown, T., **Amofa-Ho, P.A.,** Craggs, J., Curtis, A. F., Staud, R., Berry, R. B., Robinson, M. E., McCrae, C. S. (March 2026). Hypertension status moderates insomnia and atrophy of the left superior frontal gyrus interaction in women with fibromyalgia. Poster presentation at USF Health Research Day, Tampa, FL. *Student mentee research presentation.

3. *Chen, R., **Amofa-Ho, P.A**., Curtis, A.F., Craggs, J., Rowe, M.A., Groer, M., Stearns, M.A., Pace, R., & McCrae, C.S. (March 2026). Sleep Disruption Secondary to Disordered Breathing Directs the Strength Between Physical Activity and Physical Limitations among Dementia Caregivers. Poster presentation at USF Health Research Day, Tampa, FL. *Student mentee research presentation.

4. **Amofa-Ho**, P.A., Stearns, M.A., Curtis, A.F., McGovney, K., Costa, A.N., Miller, M.B., Nair, U., & McCrae, C.S. (February 2025). Sex Differences in the Interplay Between Physical Activity, Sleep Quality, and Subjective Cognitive Complaints among Adults. Poster presentation at USF Health Research Day, Tampa, FL.

5. DeFeis, B., Tanner, J., O'Shea D., De Wit, L., Mejia, A., **Amofa, P**., Mayewski, S., Chandler, M., Smith, G. (October 2019). Mediation of periventricular white matter hyperintensity burden, cognition, depression, and quality of life in older adults with amnestic Mild Cognitive Impairment. Poster presented at the Society for Neuroscience, Chicago, IL.

6. **Amofa, P**., Arias, F., Trifilio, E. R., Belser-Ehrlich, J., Rohl, B., Lopez, F., & Levy, S. (2019). Free Neurocognitive Screening Initiative: An opportunity to address health disparities and promote cultural competence. Poster presented at the PHHP Diversity Week, Gainesville, FL.

7. **Amofa, P**., Arias, F., Trifilio, E. R., Belser-Ehrlich, J., Rohl, B., Lopez, F., & Levy, S. (2019). Free Neurocognitive Screening Initiative: An opportunity to address health disparities and promote cultural competence in northcentral Florida. Abstract and poster presented at the Hispanic Neuropsychological Society Conference- Cultural Neuropsychology in Action. New York City, NY.

8. **Amofa, P.** (2013). Effects of neuropeptides on spatial learning and memory in rats. Poster presented at the 48th Minnesota Undergraduate Psychology Conference, Minneapolis, MN.

RESEARCH EXPERIENCE/POSITIONS

Post-Doctoral Fellow September 2024 - May 2026
University of South Florida, College of Nursing
Study: Web-based CBT for Insomnia in Rural Dementia Caregivers: Sleep, Arousal, Mood, Cognitive and Inflammatory Outcomes (NiteCAPP CARES and NiteCAPP SHARES).
Faculty Advisor: Christina McCrae, PhD
Goal: To evaluate the acceptability, feasibility, and short-term and long-term effects of NiteCAPP CARES on the sleep and stress mechanisms underlying poor caregiver health and functioning.
Role and Responsibilities:
- Project coordinator, managing day-to-day study activities.
- Initiate and complete peer-reviewed manuscripts.
- Assist with grant developments and submissions.

Dissertation Defended February 2023
University of Florida, Department of Clinical and Health Psychology
Study**:** *The Use of cSEM to Assess the Interplay Between Composite Adversity in Social Determinants of Health, Cognition, Vascular Burden, and Everyday Functional Decline Among a Diverse Older Adult Population.*

Faculty Advisors**:** Glenn Smith, PhD ABPP-CN, Shellie-Anne Levy, PhD, Kathryn Ross, PhD, Ashby Farmer Walker, PhD.
Goal: To evaluate the effects of cumulative social determinants of health on cognitive functioning, vascular burden, and everyday functioning in a diverse national data sample.
Role and Responsibilities:

- Developed research idea; obtained and cleaned data; analyzed data.
- Initiated and completed peer-reviewed manuscript.

Graduate Research Assistant July 2018 - December 2021
University of Florida, Department of Clinical and Health Psychology
Study**:** *PEACEOFMND Program, WiFi Study*
Faculty Advisor: Glenn Smith, Ph.D., ABPP-CN
Goal: Clinical trial interventions aimed at mitigating disabilities/difficulties associated with cognitive impairments.
Role and Responsibilities:

- Recruited and enrolled potential research participants.
- Administered neuropsychological and physical function assessments to research participants.
- Assisted in grant writing.
- Wrote peer-reviewed manuscripts.

Principal Investigator June 2019 - August 2020
University of Florida, Department of Clinical and Health Psychology
Study**:** *Health Concerns and Determinates of Research Participation among Northern Florida Black Americans.*
Faculty Advisors**:** Shellie-Anne Levy, Ph.D., Glenn Smith, Ph.D., ABPP-CN
Goal: Conducted focus groups and quantitative survey data collection to explore general health concerns, knowledge and concerns surrounding brain disorders, and factors that influence decisions to participate in clinical research, particularly with respect to memory decline/ADRDs. This study was an initial assessment of potential barriers to participation in memory disorder clinical research and general clinical research among Black Americans living in North Central Florida prior to study enrollment
Role and responsibilities:

- Developed protocol and executed study related activities.
- Recruited and enrolled potential research participants.
- Led and engaged participants in focus groups.
- Data collection, transcription, and coding of research materials.
- Wrote peer-reviewed manuscript.

Clinical Research Coordinator August 2016 - May 2018
Rush University Medical Center, Alzheimer's Disease Research Center
Studies: *GENETECH-39763, TAKEDA, ASPREE, ADCS-INI, ADCS-LEARN*
Faculty Advisors: David A. Bennett, M.D., Neelum Aggarwal, M.D., Raj C. Shah, M.D., Debra Fleischman, Ph.D.
Goal: Clinical trial interventions aimed at mitigating disabilities/cognitive difficulties associated with cognitive impairments.
Role and Responsibilities:

- Administered neuropsychological and physical function assessments to research participant.
- Collected, organized, and cleaned data.
- Attended investigator meetings, site initiation meetings and other training meetings.
- Assisted in the development of study extension and retention programs.
- Trained staff members.
- Served as a resource to the study staff including coordinators, investigators, and clinicians.
- Developed and maintained an organized, well-labeled regulatory binder and patient-source files.
- Collected, processed, and stored bio-specimens according to protocol**.**
- Recruited, screened, and enrolled research participants.

Research Assistant II October 2015 - August 2016
Rush University Medical Center, Alzheimer's Disease Research Center
Studies: *ASPREE, ADCS-INI*
Faculty Advisors: David A. Bennett, M.D., Neelum Aggarwal, M.D., Raj C. Shah, M.D., Debra Fleischman, Ph.D.
Goal: Clinical trial interventions aimed at mitigating disabilities/cognitive difficulties associated with cognitive impairments.
Role and Responsibilities:

- Administered and scored neuropsychological, lifestyle and physical measurements to patients, participants, and caregivers.
- Scheduled participants for all training-related activities.
- Collected and entered patient information into electronic medical record or internal web-based systems.
- Reviewed patient charts to determine eligibility for clinical trials.
- Served as a resource to clinicians and research coordinators about study protocol.
- Assisted clinicians to ensure research protocol compliance and to maximize participant satisfaction.
- Collected, processed, and stored biomedical specimen.

Lead Lab Technician (Human Brain Autopsy) September 2014 - 2015
Rush University Medical Center, Alzheimer's Disease Research Center
Studies: *MAP, ROS, MARS*
Faculty Advisors: David A. Bennett, M.D., Zoe Arvanitakis, M.D., Julie Schnieder, M.D., Sukriti Nag, M.D., Ph.D.
Goal: To assess human postmortem tissues to better understand and determine diagnostic criteria for Alzheimer's Disease and Related Dementias.
Role and Responsibilities:

- Coordinated and performed daily activities related to routine and complex anatomical dissections of human brain and other tissues in support of several multi-disciplinary research studies.
- Performed anatomical brain dissections and other human postmortem tissue.
- Performed histopathology laboratory procedures of human postmortem and ante-mortem bio-specimens.
- Processed, embedded, cut, and carried out histochemical and immunochemical staining of human tissues.
- Performed biochemical and molecular analysis of human bio-specimens.
- Member of Rapid Autopsy Service.

Senior Thesis - Undergraduate Research January 2012 - June 2013
Carleton College, Department of Psychology, Northfield, MN
Faculty Advisor: Lawrence Wichlinski, Ph.D.
Title: *Effects of Neuropeptide S (NPS) on Spatial Learning and Memory in Rats*
Synopsis: The effects of NPS on learning and memory was unclear even though NPS receptors were expressed in regions of the brain responsible for learning and memory. This empirical study investigated the effects of NPS on spatial memory in Sprague-Dawley rats.
Role and Responsibilities**:**

- Developed protocol and executed study related activities.
- Data collection, transcription, and coding of research materials.
- Initiated and completed poster presentations.

TEACHING / INVITED GUEST PRESENTER/MEDIA

Guest Presenter, East Stuart Senior Community Center. July 2026
African-American Alzheimer's Caregiver Training and Support Project (ACTS2)
Behavioral Approaches to Improve Cognition.

Featured Podcast Episode July 2026

2026 APSS SLEEP Conference Trainee Merit Award Winners (part 1)" Sleep Research Society Podcast PodBean, Amazon Music, Apple Music, and Spotify.

Guest Presenter, Florida State University. Fall 2025
African-American Alzheimer's Caregiver Training and Support Project (ACTS2)
Sleep-Focused Behavioral Approaches to Reduce the Risk of Dementia.

Guest Lecturer, University of South Florida Spring 2025/2026
Advantages of Collaborations in Research

Guest Lecturer, University of Florida Spring 2023
Psychiatric Disorders

Teaching Assistant, University of Florida Spring 2022
Diseases and Disabilities 2 (HSC4558)

Teaching Assistant, Carleton College Fall 2010
Introduction to Chemistry

PEER-REVIEWER

- Journal of Behavioral Sleep Medicine – Editorial Board Member 2025 -present
- Alzheimer's & Dementia Journal 2026 - present

MENTORED AD-HOC PEER-REVIEWER

- Journal of Racial and Ethnic Health Disparities 2023
- Research on Aging June 2020
- AJADD January 2020

PROFESSIONAL CLINICAL LICENSE AND CERTIFICATE

Licensed Clinical Psychologist, FL (License # PY13213) 2026 - 2028
Provisional Psychologist in FL (License # PPY 396) 2025 – 2027
Licensed Professional Counselor in IL (License # 178.014350) 2018 - 2021
National Certified Counselor (NCC # 1023727) 2018 - 2023

SUPERVISED CLINICAL EXPERIENCES

NEUROPSYCHOLOGY SPECIALTY PRACTICUM

Outpatient Clinical Neuropsychology **December 2025 – April 2026**
Supervisors: Shivani Saible, PhD., ABPP-CN; Duane Dede, PhD.
Site: Saible Neuropsychology (Post-doctoral fellowship)
Community outpatient neuropsychology clinic specializing in comprehensive assessments of cognitive function related to neurodegenerative disorders to determine the potential cause of symptoms and guide treatment planning.

- Conducted outpatient neuropsychological evaluations of middle-aged to older adults with different neurodegenerative and psychiatric disorders, including AD, vascular dementia, DLB, FTD, PD, TBI, tumor, and stroke.
- Conducted structured clinical interviews and neuropsychological assessments, interpreted assessment results, and provided feedback to patients and family members.
- Communicated findings through integrated neuropsychological reports to referring clinician(s).

Memory Disorders/General Outpatient Neuropsychology **July – October 2023**
Supervisors: Erin Bailey, PhD., ABPP-CN; Jessica Vassallo, PhD., ABPP-CN

Site: James A. Haley Veterans' Hospital (Pre-doctoral Internship)
Outpatient memory disorder clinic with a focus on comprehensive assessments of cognitive functioning to ascertain the potential etiology of patient symptoms and guide treatment planning.

- Conducted outpatient neuropsychological evaluations of middle-aged to older veterans with different neurodegenerative and psychiatric disorders, including AD, vascular dementia, DLB, FTD, PD, TBI, tumor, and stroke.
- Conducted structured clinical interviews and neuropsychological assessments, interpreted assessment results, and provided feedback to patients and family members.
- Communicated findings through integrated neuropsychological reports to referring clinician(s).
- Co-facilitated the weekly Memory Disorders Journal Club.

Inpatient Rehabilitation Neuropsychology (Acquired Brain Injury) **October 2023 – January 2024**
Supervisors: Tracy Kretzmer, PhD., ABPP-CN; Thomas Oswald, Psy.D.
Site: James A. Harley Veterans' Hospital (Pre-doctoral Internship)
Multidisciplinary clinic with a focus on the assessment and rehabilitation of inpatients acutely recovering from polytrauma and brain injuries of all severities (i.e., mild, moderate, severe, and disorders of consciousness).

- Conducted inpatient structural interviews, neuropsychological evaluations, and serial monitoring of inpatient veterans/active-duty service members with moderate/severe TBIs and other acquired brain injuries (e.g., CVAs).
- Communicated findings through integrated neuropsychological reports to patients, family members, and treating interdisciplinary teams.
- Provided psychoeducation and brief supportive psychotherapy to veterans for adjustment to disability.

Interprofessional Adult Neuropsychology January - May 2023
Supervisor: Glenn Smith, Ph.D., ABPP-CN
Site: UF Health Norman Fixel Institute for Neurological Diseases, Gainesville, FL
Multidisciplinary clinic where trainees conduct outpatient evaluations of various neurocognitive disturbances focusing especially on dementia subtypes, and sequelae of medical disorders. Candidates for memory disorders intervention programs are also evaluated on this clinic.

- Conducted outpatient neuropsychological evaluations of patients with a variety of cognitive concerns, with a particular focus on dementia subtypes.
- Conducted structured clinical interviews and neuropsychological assessments, interpreted assessment results, and provided feedback to patients and family members.
- Communicated findings through integrated neuropsychological reports to referring clinician(s).

Multidisciplinary Brain Injury Clinic May - August 2022
Supervisors: Russell M. Bauer, Ph.D., ABPP-CN; Aliyah Snyder, Ph.D.
Site: UF Health Norman Fixel Institute for Neurological Diseases, Gainesville, FL
Interdisciplinary clinic where trainees conduct both comprehensive neuropsychological (ADRDs, TBI, and movement disorders) and brief (for concussion/brain injury) neurocognitive assessments within an interdisciplinary treatment team.

- Conducted background interviews and neuropsychological assessments for patients with brain injury and other neuropsychological disorders.
- Prepared neuropsychological findings for members of the UF Health Brain Injury Rehabilitation and Assessment Interdisciplinary Clinic (BRAIN) from neurology, neuropsychology, psychiatry, speech and communication disorders, and rehabilitation science.
- Communicated findings during care conferences, wrote integrated neuropsychological reports, and provided feedback to patients.

Inpatient Rehabilitation Clinic May - August 2022
Supervisor: Dahomey Abanishe, Ph.D.
Site: UF Health Rehabilitation Hospital, Gainesville, FL

Interdisciplinary inpatient rotation in the UF Rehabilitation Hospital. Trainees conduct inpatient intake interviews and neurobehavioral/neurocognitive examinations with patients with multi-trauma, cerebrovascular accident, neurodegenerative and neurodevelopmental disorders, and transplant.

- Conducted assessments of cognitive and emotional status, and brief neurocognitive status exam at bedside.
- Consulted with neurology and speech, occupational, physical, and recreational therapy regarding patient's status, adjustment, and progress.
- Prepared reports and findings to be distributed among the treatment team.
- Communicated findings through integrated reports and provided feedback to patients.

Stroke, Vascular, and other Acquired Neurological Conditions January - May 2022
Supervisor: John B. Williamson, Ph.D., ABPP-CN
Site: UF Health Psychology Specialties Clinic, Gainesville, FL
Adult clinical neuropsychology clinic to assess patients with acquired brain injury/diseases including but not limited to stroke, neurodegenerative disorders, and traumatic brain injury.

- Conducted outpatient neuropsychological evaluations of patients with acute and chronic stroke/cardiovascular diseases, concussion and traumatic brain injury, neuropsychiatric disorders, and neurodegenerative syndromes.
- Conducted structured clinical interviews and neuropsychological assessments, interpreted assessment results, and provided feedback to patients and family members.
- Communicated findings through integrated neuropsychological reports to referring clinician(s).

Interdisciplinary Adult Neuropsychology – Movement Disorders Clinic May - August 2021
Supervisor: Dawn Bowers, Ph.D., ABPP-CN
Site: UF Health Norman Fixel Institute of Neurological Diseases, Gainesville, FL
Multidisciplinary clinic that includes specialists from neurology, neurosurgery, and psychiatry. Trainees conduct outpatient evaluations of neurocognitive conditions ranging from movement disorders, dementia subtypes, subcortical diseases, and neuropsychiatric disorders (OCD, Tourette's, psychogenic) to neurocognitive sequelae of medical disorders. Candidates for deep brain stimulation (DBS) are also seen.

- Conducted outpatient neuropsychological evaluations of patients with various neurocognitive and neuropsychiatric disorders, particularly to adults who are candidates for deep brain stimulation (DBS).
- Conducted structured clinical interviews and neuropsychological assessments, interpreted assessment results, and provided feedback to patients and family members.
- Communicated findings through integrated neuropsychological reports to treatment team.
- Attended monthly consensus conferences where DBS candidates were discussed by a multidisciplinary team consisting of neuropsychology, neurology, neurosurgery, psychiatry, occupational and physical therapy, and speech and language pathologists.

Adult Neuropsychology January - May 2021
Supervisor: Duane Dede, Ph.D.
Site: UF Health Psychology Specialties Clinic, Gainesville, FL
Adult neuropsychological clinic that provides outpatient evaluations for patients with learning disabilities/ADHD, traumatic brain injury, epilepsy, dementia, general mental health, forensic evaluations, and competency evaluations for impaired professionals.

- Conducted outpatient neuropsychological evaluations of patients with a variety of cognitive concerns, with a particular focus on adult learning disabilities, ADHD, traumatic brain injury, and competency evaluations for impaired professionals.
- Conducted structured clinical interviews and neuropsychological assessments, interpreted assessment results, and provided feedback to patients and family members.
- Communicated findings through integrated neuropsychological reports to referring clinician(s).

Older Adult Neuropsychology July - September 2020
Supervisor: Shellie-Anne Levy, Ph.D.
Site: UF Health Norman Fixel Institute of Neurological Diseases, Gainesville, FL

Neuropsychological outpatient clinic that provides evaluations of primarily older adults with MCI, typical and atypical dementias within a cultural neuropsychology framework. Other patients' referrals include post-surgical, psychiatric, stroke, movement disorders (Parkinson's post-DBS), TBI, and epilepsy.

- Conducted outpatient neuropsychological evaluations to patients with a variety of cognitive concerns, with a particular focus on adult learning disabilities, ADHD, traumatic brain injury, and competency evaluations for impaired professionals.
- Conducted structured clinical interviews and neuropsychological assessments, interpreted assessment results, and provided feedback to patients and family members.
- Communicated findings through integrated neuropsychological reports to referring clinician(s).

GENERAL CLINICAL PRACTICUM

Military Trauma PTSD January – April 2024
Supervisors: Ryan Coppens, PhD.; Nicole Murray, Psy.D.; Alycia Zink, PhD.
Site: James A. Haley Veterans' Hospital (Pre-doctoral Internship)

- Conducted outpatient psychological evaluations and administered the Clinician-Administered PTSD Scale for DSM-5 Revised (CAPS-5-R) scale to veterans with PTSD, and created relevant treatment recommendations.
- Prepared integrated psychological reports for referring clinicians, veterans, and caregivers with specific recommendations for care.

Primary Care Mental Health Integration April – June 2024
Supervisors: Mark DelGuercio, Psy.D.; Laura Trinastic, Ph.D.
Site: James A. Haley Veterans' Hospital (Pre-doctoral Internship)

- functioned as part of an interdisciplinary team in a primary care setting and conducted brief functional interviews, triaged to appropriate mental health clinics, addressed warm handoffs, and provided individual short-term problem/solution-focused interventions targeted to reduce symptoms and improve health and quality of life.
- Co-facilitated classes including weight management group, sleep hygiene/CBT-insomnia, tobacco cessation, and tinnitus management.

Psychotherapy – Home-Based Primary Care July 2023 – June 2024
Supervisors: Kristen Keune, Ph..D.
Site: James A. Haley Veterans' Hospital (Pre-doctoral Internship)

- Provided empirically supported, individual psychotherapy for veterans and caregivers with medical conditions, neurodegenerative diseases, and co-morbid mood and physical limitations.

Assessment – Community Living Center July 2023 – June 2024
Supervisors: Bethan Robert, Ph.D.
Site: James A. Haley Veterans' Hospital (Pre-doctoral Internship)

- Conducted comprehensive cognitive, personality, and psychological evaluations of adult and geriatric veterans with medically complex conditions residing at the CLC in the long-term care and short-term rehabilitation units, as well as in the community. Administered personality measures included MMPI-2RF, PAI, and MCMI-IV.
- Provided integrated reports to treating clinicians.

Advanced Psychotherapy Practicum June 2019 - 2023
Supervisors: Lori Waxenberg, Ph.D., ABPP; Jessica Payne-Murphy, Ph.D., ABPP; William Perlstein, Ph.D.; Deidre Pereira, Ph.D., ABPP; Aliyah Snyder, Ph.D.; Sandra Swantek, M.D.
Site: UF Health Psychology Specialties Clinic, Gainesville, FL; Rush University Medical Center Geriatric Unit; Psychiatric Department

- Provided psychotherapeutic interventions to patients across the lifespan with mental health concerns, insomnia, trauma, chronic pain, and neurodegenerative disorders.

- Applied manualized treatment protocols for insomnia (cognitive behavioral therapy for insomnia, CBTi) and chronic pain.
- Delivered short-term and long-term evidence-based psychotherapy including Cognitive Behavioral Therapy (CBT), CBT for insomnia, Acceptance and Commitment based Therapy, pain management therapy, mindfulness, behavioral interventions, supportive therapy, and cognitive rehabilitation.

Practicum in Health Psychology – Oncology April - June 2020
Supervisor: Deidre Pereira, Ph.D., ABPP
Site: UF Health Psychology Specialties Clinic, Gainesville, FL
- Conducted outpatient mental health evaluations for adults with various cancer diagnosis and treatment stages.
- Conducted intake evaluations, structured interviews, and provided feedback and recommendations to patients and family members.
- Prepared integrated psychological reports for patients and caregivers with specific recommendations for care.

Practicum in Pediatric Neuropsychology January - March 2020
Supervisor: Shelley Heaton, Ph.D.
Site: UF Health Psychology Specialties Clinic; UF Health Shands Hospital, Gainesville, FL
This rotation focused on neuropsychological disorders in children including individuals with epilepsy, brain tumor, traumatic and acquired brain injury, and neurocognitive sequelae of medical conditions.
- Conducted both inpatient and outpatient neuropsychological evaluations of children with traumatic and acquired brain injury, learning disabilities and ADHD, and other neuropsychiatric disturbances.
- Conducted neuropsychological evaluation with children in the multidisciplinary diagnostic and training program with complex learning, behavioral, medical, and socio-emotional problems.
- Administered structured interviews, interpreted assessment results, and provided feedback to multidisciplinary teams, teachers, and family members.
- Prepared integrated psychological reports for patients and caregivers with recommendations for care.

Practicum in Mental Health Psychology September - Dec. 2019
Supervisor: William Perlstein, Ph.D.
Site: UF Health Psychology Specialties Clinic, Gainesville, FL
- Conducted outpatient evaluations for adults with various psychological disturbances, including, but not limited to depression, anxiety, personality disorders, adjustment disorders, and other psychiatric conditions.
- Conducted intake evaluations, structured interviews, and provided feedback and recommendations to patients and family members.
- Prepared integrated psychological reports for patients and caregivers with recommendations for care.

Clinical Mental Health Intern – Roosevelt University May 2017 - June 2018
Supervisor: Sandra Swantek, M.D.
Site: Rush Medical Center Geriatric Psychiatry Unit, Chicago, IL
- Provided evidence-based individual/group psychotherapy (CBT techniques) to inpatient geriatric patients.
- Conducted assessments to inform treatment plans.
- Modified treatment plans for patients with cognitive decline, neurodegenerative disorders, and other psychiatric disorders.

CLINICAL / COGNITIVE INTERVENTIONS

Holistic Intervention for Brain Health and Recovery (HI-BHaR Clinic) May 2022 – May 2023
Supervisor: Aliyah Snyder, Ph.D.; Russell M. Bauer, PhD., ABPP-CN
Site: UF Health Norman Fixel Institute of Neurological Diseases, Gainesville, FL
The BI-BHaR Clinic provides behavioral health interventions focused on biopsychological factors to support recovery and brain health for patients with neurological disorders and other medical conditions. The clinic employs a neuropsychology-informed educational approach to brief, time-limited therapeutic models aimed at improving cognitive, emotional, and health behavior that impact recovery and rehabilitation. Interdisciplinary

collaboration and communication are central tenants of the HI-BHaR clinic and therapists are integrated within occupational therapy, physical therapy, and medical treatment teams.

- Provided patient-centered evidenced-based cognitive (Brain HQ, CogSMART, Econ-Exec, Econ-Mem) and psychological brain health treatments to patients with neurologic disorders and medical conditions.
- Conducted intake interviews and created treatment plans according to presented difficulties.
- Prepared integrated psychological reports for patients and caregivers with recommendations for care.

Cognitive Rehabilitation and Support Group Therapist: HABIT Program May - June 2021
Supervisor: Glenn Smith, Ph.D., ABPP-CN
Site: UF Health Psychology Specialties Clinic; Community Locations/Retirement Centers, Gainesville, FL
The HABIT program is an intensive multicomponent model of intervention for amnestic MCI. Trainees provide memory compensation training, supportive group therapy for patients and caregivers, wellness education, and computerized cognitive training.

- Intensive two-week cognitive rehabilitation program for older adults with mild cognitive impairment and their caregivers as part of the Physical Exercise and Cognitive Engagement Outcomes for Mild Neurocognitive Disorders (PEACEOFMND) program.
- Conducted daily cognitive rehabilitation training (i.e., calendar training), supportive therapy sessions, and co-led group therapy sessions for older adults with MCI.
- Presented and led group discussion about brain health.

ADDITIONAL CLINICAL SERVICES

Clinical Sleep Intervention September 2024 - 2026
USF College of Nursing
Sleep and Health Innovations in Neurobehavioral (SHINE) Science Center
Supervisor: Christina McCrae, PhD, DBSM, FSBSM, FAASM

- Discusses sleep intervention to research participants
- Provides clinical supervision for sleep interventions (CBTi) provided to research participants

Graduate Student Therapist April 2022 – June 2023
UF Health Equal Access Clinic
UF Health Community Mental Health Clinic (student-run)
Supervisors: Robert Guenther, PhD., ABPP-Rp; Lori Waxenberg, Ph.D., ABPP

- Conducted therapy intakes and short-term psychotherapy to underserved and uninsured adults via telehealth.
- Presenting concerns include trauma, substance use disorders, depression, anxiety, lack of access to care, and psychosocial stressors.

Graduate Student Coordinator August 2018 – June 2023
UF Neurocognitive Screening Initiative
Supervisor: Shellie-Anne Levy, Ph.D.

- Community-based outreach clinic that offers free neurocognitive screening to adults who are uninsured or underinsured with cognitive concerns typically pertaining to dementia, stroke, TBI, epilepsy, depression, medical comorbidities, and normal aging.
- Integrated clinical practice and research to offer patient-centered care.

Community Leader & Wellness Coordinator June 2013 - 2014
AmeriCorps - HealthCorps: HealthFinders Collaborative Inc., Northfield, MN
Supervisor: Charlie Mandile

- Designed and implemented community outreach strategies and events to create health awareness in underserved communities.
- Wrote reports to measure and demonstrate success in different wellness programs.
- Supervised more than 60 clinic volunteers and interns on various public health projects.
- Recruited, formulated, and carried out strategic plan for program growth (Wellness programs).

Student Intern June - August 2012
Komfo Anokye Teaching Hospital, Kumasi, Ghana
Supervisor: Stephen Kwakye Ansong, M.D.
- Recruited and screened for patient eligibility and assisted patients with completing consent forms for Sever Malaria in African Children.
- Assisted clinicians with day-to-day clinical activities.
- Attended grand rounds and clinical meetings to determine area of need.
- Performed administrative duties.

LEADERSHIP / MENTORSHIP

LEADERSHIP

Member, The Cultural and Diversity Neuropsychology Network (CDN) June 2023 – June 2024
Veterans' Health Affairs
- Provides timely consultation and educational programming of culturally conscious care to clinicians across various VA hospitals.

Co-Chair of Presenter and Speaker Committee 2023- 2024
Hispanic Neuropsychological Society at National Academy of Neuropsychology Yearly Conference
- Assisted in planning for conference and reviewing abstracts.

Co-Chair of Health Disparities / Diversity Symposium October 2023
Southeastern Neurodegenerative Diseases Conference (SENDCon) Planning Committee
- Assisted in planning for conference, reviewing abstracts, and chairing symposium.

Communications Liaison, Science Committee January 2022 - 2024
Hispanic Neuropsychological Society (HNS)
- Disseminate information to other committees.

Student Representative, Science Committee February 2022 - 2024
Hispanic Neuropsychological Society Committee (HNS)

Student Judge, University of Florida January 2022 - 2024
Center for Translational Research in Neurodegenerative Disease (CTRND)
- Evaluated potential Alzheimer's Disease and Related Dementias T32 candidates' proposed work/research.

Chair September 2020 – June 2023
APA Division 20; Race, Ethnicity, and Culture SIG
- Promoted among early career professionals the understanding of diversity in the aging process, particularly how race, ethnicity, and culture influence the experience and expression of health and psychological conditions in adulthood.

Taskforce on Racism, Diversity, & Inclusion June 2020 – June 2023
Department of Clinical & Health Psychology, University of Florida, Gainesville, FL
- Implemented proposed initiatives related to racism, diversity, and inclusion.
- Addressed additional initiatives to address racism and increase diversity among the student body and faculty.

Diversity and Inclusion Committee August 2019 – June 2023
College of Public Health & Health Professionals, University of Florida, Gainesville, FL
- Organized and implemented different initiatives concerning diversity and inclusion within the College.

Civic/Community Engagement August 2018 - 2024
North Central Florida
Supervisor: Shellie-Anne Levy, Ph.D.
- Organize and participate in community events to address concerns regarding general mental health and healthy brain aging.

APA Deep Poverty Initiative Liaison, University of Florida May 2019 - 2024
- Advocate and confront income insecurity through psychological practices.
- Assist the Deep Poverty Initiative to mobilize psychologists across the state of Florida and the country to make deep poverty a more central issue in their practice.

MENTORSHIP

Research Supervisor and Mentor, University of South Florida September 2024 - present
- Provide research mentorship to graduate and undergraduate students interested in sleep and dementia prevention interventions.
- Supervised research projects.

Mentor, Keys to Success, University of Florida June 2021 - 2024
- Provide mentorship and guidance to undergraduate students from under-represented communities interested in a career in a healthcare-related field.

Research Supervisor and Mentor, University of Florida August 2018 - 2024
- Provide research mentorship to undergraduate students interested in mild cognitive impairment and dementia prevention interventions.
- Supervised undergraduates' research project supported by the UF's University Scholars Program.

PROFESSIONAL AFFILIATIONS AND MEMBERSHIPS

Sleep Research Society	2025 - present
American Academy of Sleep Medicine	2024 - present
Alzheimer's Association International Society to Advance Alzheimer's Research and Treatment	2024 - present
American Counseling Association (ACA)	2015 - present
Rho Chi Alpha Chapter of Chi Sigma Iota	2017 - 2018
APA Division 20, Adult and Aging Society	2018 - present
APA Division 40, Clinical Neuropsychology	2018 - present
International Neuropsychology Society (INS)	2018 - present
American Psychology Association (APA)	2019 - present
Association of Neuropsychology Students & Trainees (ANST)	2019 - present
APA Division 20; Research Methods SIG	2020 - present
APA Division 20; Race, Ethnicity, and Culture SIG	2020 - present
APA Division 20; Coping, Resilience, and Successful Aging SIG	2020 - present
Hispanic Neuropsychological Society (HNS)	2021 - present
National Register of Health Service Psychologists	2023 - present