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**CURRICULUM VITAE**  
**RITA DIGIOACCHINO DEBATE, PhD, MPH, FAED, FAAHB, NBC-HWC**

**OFFICE ADDRESS:** College of Public Health  
University of South Florida  
13201 Bruce B. Downs Blvd. MDC Box 56  
Tampa, FL 33612  
813.974.6683  
[rdebate@usf.edu](mailto:rdebate@usf.edu)

**EDUCATION**

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2022-Present	MA Rehabilitation & Mental Health Counseling University of South Florida, Tampa Anticipated, Spring 2027
1995	PhD Public Health, Health Promotion and Education University of South Carolina, Columbia
1992	MPH Health Promotion and Education University of South Carolina, Columbia
1985	BA Psychology, Minor Sociology State University of New York, Geneseo

**BOARD CERTIFICATIONS**

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2017-Present	National Board-Certified Health & Wellness Coach (NBC-HWC)
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**ACADEMIC EXPERIENCE**

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2013-Present	Professor (Tenured) Director Center for Applied Lifestyle Medicine (CALM) Concentration Lead: Health Promotion & Behavior College of Public Health University of South Florida
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2016-2019 Associate Vice President Health & Wellness  
Director, Center for Transdisciplinary Research in College Student Health & Well-being  
Student Affairs & Student Success  
University of South Florida

2014-2016 Associate Dean of Academic and Student Affairs  
College of Public Health  
University of South Florida

2006-2013 Associate Professor (Tenured)  
Director of Doctoral Programs, College of Public Health  
Graduate Coordinator, Department of Community and Family Health  
Co-Director Center for Transdisciplinary Research in Women's Health  
Department of Community and Family Health  
College of Public Health  
University of South Florida

2004-2006 Associate Professor  
Assistant MPH Program Director Eastern Virginia Medical School  
Department of Community and Environmental Health  
College of Health Sciences  
Old Dominion University

1998-2004 Associate Professor (Tenured)  
Department of Health Behavior and Administration  
College of Health and Human Services  
University of North Carolina at Charlotte

1995-1998 Assistant Professor  
Department of Health Sciences  
College of Health Professions  
Armstrong Atlantic State University, Savannah, Georgia

1995 Assistant Instructor, "Obesity and Eating Disorders"  
Department of Health Promotion and Education  
School of Public Health  
University of South Carolina, Columbia

1992-1995 Instructor, "Personal and Community Health"  
Department of Health Promotion and Education  
School of Public Health  
University of South Carolina, Columbia

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**OTHER EXPERIENCE**

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2025-Present	Editor-in-Chief Journal of American College Health American College Health Association
2024-Present	National Board-Certified Health & Wellness Coach USF Health Morsani Health Center Tampa, FL
2023-Present	National Board-Certified Health & Wellness Coach Tampa General Hospital Tampa, FL
2022-Present	National Board-Certified Health & Wellness Coach Hilton Head Health: H3@Home Hilton Head Island, SC
2022-Present	Research & Evaluation Advisor Active Minds Washington, DC
2017-2020	Editor-in-Chief, Health Behavior Research American Academy of Health Behavior
2016-2020	National Board-Certified Health & Wellness Coach Success & Wellness Coaching University of South Florida Tampa, FL
2018-Present	Faculty, Real Balance Global Wellness Health & Wellness Coach Trainer Real Balance Global Wellness
2001-2016	Evaluator Girls on the Run Int. Charlotte, NC
2006-2007	Consultant Evaluation of Hillsborough Co. STEPS Program Tampa, FL
2000-2004	Endurance Nutrition Consultant Leukemia Society, Team in Training Charlotte, NC

1994-1996	Health Education and Behavior Modification Specialist Hilton Head Health Institute Hilton Head, SC
1994-1995	Counselor Planned Parenthood Columbia, SC
1992	Johnson & Johnson Worksite Wellness General Motors Assembly Plant Doraville, GA
1990-1992	Worksite Wellness Specialist Colonial Life Insurance Company Columbia, SC

## HONORS & AWARDS

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2024	American College of Lifestyle Medicine Research Poster Award
2023	American College Health Association Advancing Health Equity Award
2022	American College of Lifestyle Medicine Research Award
2022	Co-Chair, Health Promotion Section Strategic Planning Committee, American College Health Association
2022	Elected Member-at-large, Health Promotion Section, American College Health Association
2021	NASPA: Florida Researcher Award
2019	NASPA: Student Affairs Administrators in Higher Education Excellence Award: Athletics, Recreation, Counseling, Health, Wellness, and related: <i>MWell4Success</i>
2019	American College Health Association Best Practices in College Health Award: <i>MWell4Success</i>
2019	Weis Award, Journal of American College Health
2018	Active Minds Healthy Campus Award: <i>MWell4Success</i>
2014	Elected Fellow, American Academy of Health Behavior
2012	Ageing and Public Health Erickson Award
2012	Elected President, American Academy of Health Behavior (2013-2014)
2011	Elected Fellow, Academy for Eating Disorders
2007	Fellow, Physical Activity and Public Health Research Course
2006	Excellence in Teaching Award, Eastern Virginia Medical School
2005	Elected to Board, American Academy of Health Behavior
2003	Named to Eating Disorders Research Society
2003	Junior Investigator Award, UNC Charlotte Health Services Research Academy
2001	Named to Academy of Eating Disorders
2000	Excellence in Graduate Teaching Award, UNC Charlotte
1998	Recognition of Research, Armstrong Atlantic State University

## RESEARCH: GRANTS AND CONTRACTS

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### CURRENT

**DeBate, Bleck, Templeton (MPI)** March 2026-February 2027  
University of South Florida Conference Planning Grant: 002620  
*Digital RX: AI Innovations in Lifestyle Medicine Conference*  
Total Award Amount: \$7,500

**DeBate (PI)** October 2025- May 2026  
University of South Florida College of Public Health  
*Personalized Food Rx: Transforming food-as-medicine through digital health technology*  
Total Award Amount: \$49,565

**DeBate (PI)** June 2025- August 2026  
USF Morsani Health  
*Lifestyle Medicine Coaching.*  
Contract Amount: \$60,000

**DeBate (PI)** May 2025- April 2026  
Tampa General Hospital  
*Lifestyle Medicine Coaching.*  
Contract Amount: \$72,555

### COMPLETED

**DeBate (PI)** April 2024- April 2025  
Pamela Muma Women's Health Center  
*Lifestyle Medicine Coaching.*  
Contract Amount: \$25,866

**DeBate (PI)** September 2022-January 2024  
College of Public Health, University of South Florida  
*Development of a Conceptual Model for Reducing Food Insecurity and Associated Health Disparities Among Racial and Ethnic Minority College Students*  
Total Award Amount: \$50,000

**DeBate (PI)** August 2017-October 2020  
University of South Florida  
*MWell4Success: A systems-thinking public health approach to college student mental wellbeing*  
Total Award Amount: \$1.3 million

**DeBate (PI)** May 2018-April 2019  
University of South Florida  
*The Student Life App Replication Project*  
Total Award Amount: \$180,000

Baldwin (PI) April 2017-March 2022  
**NIH: 1R25DA031103-01A1**  
*Institute for Translational Research Education (ITRE) in Adolescent Drug Abuse*  
*Note of Title change: Institute for Translational Research in Adolescent Behavioral Health*  
Total Award Amount: \$1,712,994  
Role: Mentor

**DeBate (PI)** July 2021-June 2022  
Hillsborough County Anti-Drug Alliance  
*Tobacco Prevention & Control Program: Grantee of Bureau of Tobacco Prevention Program (BTFF)*  
Total Award Amount: \$14,000

**DeBate (PI)** July 2021-June 2022  
SAMHSA  
*The Reality of Recovery with Zac Clark and Justin Gurland*  
Total Award Amount: \$750

Vamos(PI) August 2014-July 2016  
**NIH NIDCR 1R41DE023723-01A1**  
*Developing a Novel eHealth Application for Oral Systemic Issues during Pregnancy*  
Total Award Amount: \$219,183  
Role: Co-Investigator

**DeBate(PI)** January 2015-December 2015  
USF Health Women's Health Collaborative  
*Clinical correlations and treatment outcomes associated with comorbid ADHD and binge eating*  
Total Award Amount: \$8,000

Buhi(PI) December 2010-December 2015  
**Office of Adolescent Health, U.S. Department of Health and Human Services**  
*Teen Outreach Program replication project: A randomized control trial of the TOP in 26 non-metropolitan*  
Amount: \$2,500,000  
Role: Co-Investigator

Daley(PI) August 2014-July 2016  
**NIH NIDCR 1R21DE024272-01A1**  
*Exploring Determinants to HPV-Related Oral Health Literacy among Dental Providers*  
Total Award Amount:\$360,696  
Role: Co-Investigator

**DeBate(PI)** September 2009-August 2012  
**NIH NIDCR 1 RC1 DE020274-01**  
*Adapting a web-based eating disorder program for oral health training*  
Total Award Amount: \$1,258,454

Daley(PI) August 2012-July 2013  
**AHRQ: R13HS021832-01**  
*Transforming Women's Health Conference through Discovery, Development, and Delivery*  
Total Award Amount: \$26,000  
Role: Co-Investigator

**DeBate(PI)** March 2008-August 2009  
Girls on the Run International  
*Girls on the Run: Assessment of self-esteem, eating behaviors, body-image and physical activity attitudes and behaviors among 3-5<sup>th</sup> grade girls*  
Contract Amount: \$45,000

McDermott (PI) August 2008-July2009  
**CDC: 1H75DP001733-01**  
*Florida Childhood Obesity Prevention (FCOP)*  
Total Award Amount: \$526,636  
Role: Co-Investigator

Bryant (PI) September 2004-September 2006  
**Centers for Disease Control and Prevention**  
*Community-Based Prevention Marketing: Building Local Capacity for Disease Prevention and Health Promotion*  
Total Award Amount: \$2,479,703  
Role: Co-Investigator

Allen (PI) September 2007-August 2009  
USF Interdisciplinary Initiative on Sustainable Community in the Humanities and Social Sciences  
*Linking Work with Family Health: The Importance of the Family Dinner*  
Total Award Amount: \$142,497  
Role: Co-Investigator

**DeBate/Severson (MPI)** August 2007-October 2009  
**NIH NIMH; 1R43MH080474-01**  
*Web-based Training for Secondary Prevention of Eating Disorders*  
Total Award Amount: \$186,247

**DeBate (PI)** August 2007-October 2009  
Old Dominion Research Foundation  
*Computer-Assisted Assessment of the Intra-Individual Variability and Level of Real-Life Body Image*  
Total Award Amount: \$19,500

**DeBate (PI)** August 2005-May 2006  
Old Dominion Research Foundation  
*Assessment of Eating Disorder Secondary Prevention Curriculum in Dental and Dental Hygiene Schools*  
Total Award Amount: \$3,000 (no indirect)

**DeBate (PI)** August 2007-October 2009  
Old Dominion University Collaborative Research Grants  
*Increasing Behavioral Capacity among Dental Practitioners via a Web-Based Secondary Prevention Toolkit*  
Total Award Amount: \$17,000

**DeBate (PI)** August 2004-July 2005  
Girls on the Run International  
*Assessment of self-esteem, eating behaviors, body-image and physical activity attitudes and behaviors among 3-5<sup>th</sup> grade girls*  
Contract Amount: \$14,000

**DeBate (PI)** May 2004  
**NIH NIDCR: 1 R15 DE13963-01A1**  
*Dental Practitioners and Eating Disorders Prevention*  
Total Award Amount: \$64,000 (direct transfer)

**DeBate (PI)** September 2004-August 2005  
Mecklenburg County Health Department  
*Male Involvement Pregnancy Prevention Project: Impact evaluation*  
Total Award Amount: \$13,000

Plescia (PI) September 2003-August 2007  
Carolinas Healthcare System: Community Health Institute. Funded as part of REACH 2010 Cooperative Agreement with the **Centers for Disease Control and Prevention**  
*Charlotte REACH 2010: Qualitative Assessment*  
Total Award Amount: \$970,000  
Role: Co-Investigator

**DeBate (PI)** October 2003-September 2004  
Girls on the Run International  
*Formative Evaluation: Girls on the Run*  
Contract Amount: \$11,000

Kunter (PI) October 2003  
**NIH: RO1 AT0100601A2**  
*Project REST*  
Role: Site Evaluator

**DeBate (PI)** November 2002-October 2003  
Gaston County Health Department, Gaston, North Carolina  
*Formative Evaluation: WIC*  
Total Award Amount: \$15,000

**DeBate (PI)**                      October 2002-September 2003  
Girls on the Run International  
*Eating Attitudes and Body Image among Female Adolescent Athletes Participating in a Running Program*  
Contract Amount: \$10,000

Knollmeyer (PI)                      May 2002-April 2003  
American Massage Therapy Association Foundation  
*The Effect of Chair Massage on Stress Perception Among Hospital Bedside Nurses*  
Total Award Amount: \$3,900  
Role: Co-PI

**DeBate (PI)**                      July 2002-June 2003  
Carolinas Community Health Institute, Charlotte, North Carolina  
*IMAGES: Issues Most Adolescent Girls/Guys Encounter in Society*  
Total Award Amount: \$21,000

**DeBate(PI)**                      July 2001-June 2005  
**NIH/NIDCR: 1 R15 DE13963-01A1**  
*Dental Practitioners and Eating Disorders Prevention*  
Award Amount: \$207,000

Rogers (PI)                      November 2001-September 2002  
UNC Charlotte Academic Program Improvement Grant  
*Interdisciplinary Community Engagement and Service Learning*  
Total Award Amount: \$15,400  
Role: Co-PI

**DiGioacchino (PI)**                      October 2001-September 2002  
UNC Charlotte Junior Faculty Research Grant  
*Disordered Eating Patterns in Female Triathletes: A Theoretically Based Exploration of its Causes*  
Total Award Amount: \$5,998

**DiGioacchino (PI)**                      October 2001-September 2002  
UNC Charlotte Faculty Grant  
*Eating Disorders and Impact on Performance Phase 1: An Assessment of Male and Female Triathletes*  
Total Award Amount: \$4,694 (no indirect)

Pyle (PI)                      February 2000-January 2002  
Gaston and Lincoln Counties, North Carolina  
*SmartStart Community Health and Family Support Assessment*  
Total Award Amount: \$237,702  
Role: Co-PI

Robinson (PI)                      May 1999-September 1999  
UNC Charlotte Summer Faculty Research Grant  
*The Implementation and Evaluation of a University Demand Management Program: A Cost Effectiveness Analysis and Utilization of Services Review*

Total Award Amount: \$4,700

Role: Co-PI

Pyle (PI) June 1999-May 2000

*SmartStart* of Gaston and Lincoln Counties, North Carolina

*Assessment of Needs for Child Care: Partnership for Children of Lincoln and Gaston Counties*

Total Award Amount: \$9,800

Role: Co-PI

Pyle (PI) June 1999-May 2000

*SmartStart*, Gaston and Lincoln Counties, North Carolina

*Readiness to Learn Assessment*

Total Award Amount: \$98,000

Role: Co-PI

**DiGiacchino (PI)** November 1998-October 1999

UNC Charlotte Faculty Research Grant, Charlotte, North Carolina

*Assessment of Practitioners' Knowledge and Skill in the Identification, Treatment, and Referral of Eating Disorders*

Total Award Amount: \$3,500

**DiGiacchino (PI)** April 1998-March 1999

St. Joseph's Hospital, Savannah, Georgia

*St. Joseph's Women's Center Evaluation*

Total Award Amount: \$15,000

LeFavi (PI) August 1998-July 1999

Healthy Start Initiative, Savannah, Georgia

*HealthyStart: Formative Evaluation*

Total Award Amount: \$20,000

Role: Co-PI

**DiGiacchino (PI)** October 1998-September 1999

Georgia Regents Opportunity Grant, Armstrong Atlantic State University, Savannah, Georgia

*Extending Experiential Learning through State-of-the-Art Technology*

Total Award Amount: \$9,522

Stern (PI) August 1998-July 1999

Memorial Medical Center, Savannah, GA

*Growing Healthy*

Total Award Amount: \$10,000

Role: Co-PI

**DiGiacchino (PI)** May 1994-April 1995

Hilton Head Health Institute

*Triggers to Binge Eating*

Total Award Amount: \$10,000

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**PUBLICATIONS**

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**PEER REVIEWED (100+)**

**DiGiacchino RF**, Sargent R, Rankin HJ, Sharpe P, Miller P, Hussey JR, Tavakoli AS (1997). Factors associated with weight change among clients of a residential weight control program Indicating Binge and Non-Binge Traits. *Addictive Behaviors*, 22 (3), 293-303.

**DiGiacchino, RF**, Sargent RG (1999) Binge eating and its relationship to multiple weight control program attendance and alternative methods of weight control. *Journal of Eating and Weight Disorders*, 3(4), 173-178.

**DiGiacchino RF**, Sargent R, Sharpe PA, Miller P (1999) Gender differences among those exhibiting characteristics of binge eating disorder. *Journal of Eating and Weight Disorders*, 4,76-80.

**DiGiacchino RF** (2000). Eating Disorders: A Reference Sourcebook. [Book Review] *Social Science and Medicine*, 50(3), 447.

Sargent RG, **DiGiacchino RF**, Miller PM, Rankin HH, Sharpe PA, Hussey JR (2000) Expanding the criteria for defining success when evaluating weight loss intervention programs. *Eating Behaviors*, 1,137-144.

**DiGiacchino RF**, Keenan MF, Sargent RG (2000). Assessment of dental practitioners in the secondary and tertiary prevention of eating disorders. *Eating Behaviors*, 1, 79-91.

Gromel K, Sargent RG, Watkins J, Shoob HD, Miller P, **DiGiacchino RF**, Malin A. (2000). Measurements of body image in clinical weight loss participants with and without binge-eating traits. *Eating Behaviors*, 1, 191-202.

**DiGiacchino RF**, Sargent RG, Topping M (2001) Body dissatisfaction among white and African American male and female college students. *Eating Behaviors*, 2, 39-50.

**DiGiacchino RF** (2001). Community Worksite Wellness Website: Charlotte area worksite health promotion resource network. *Health Education & Behavior*, 28 (4), 398-399.

**DiGiacchino RF**, Topping M, Sargent R (2001). Racial and gender differences in weight status and dietary practices among college students. *ADOLESCENCE*, 36 (144), 819-834.

**DeBate RD**, Wethington H, Sargent RG (2001). Subclinical eating disorder characteristics among male and female triathletes. *International Journal of Eating and Weight Disorders*, 7(3), 210-220.

**DeBate RD**, Wethington H, Sargent RG (2001). Body size dissatisfaction among male and female triathletes. *International Journal of Eating and Weight Disorders*, 7(4), 316-323.

Wethington H, **DeBate RD**, Flowers C, Turner M. (2002). Eating attitudes, body image, and nutrient intake in female triathletes. *Women in Sport and Physical Activity Journal*. 11(2) Fall, 115-

139.

**DeBate RD** (2003). Oxford Textbook of Public Health: The Scope of Public Health (4th Edition) edited by Roger Detels, James McEwen, Robert Beaglehole and Heizo Tanaka. [Book Review] *Social Science and Medicine*, 57(8), 1527.

**DeBate RD**, Davis T (2004). LEAP: Lifestyle enhancement for African American women population. *Journal of Health Education & Behavior*, 31(6).

Knollmeyer, MK & **DeBate RD** (2004). The effects of chair massage on the stress perception of hospital bedside nurses. *Massage Therapy Journal*, 43(1), 77-86.

**DeBate RD**, Plescia M, Joyner D, Spann L (2004). A qualitative assessment of Charlotte REACH: An ecological perspective for decreasing CVD and diabetes among African Americans. *Ethnicity and Disease*, 14, 77-82.

Thompson SH, Smith P, **DeBate RD** (2004). Performance-related injuries and exercise orientation of National Collegiate Athletic Association Division I, II, and III female collegiate cross-country runners. *Women in Sport and Physical Activity Journal*, 13(2), 17-26.

**DeBate RD**, Tedesco LA, Kerschbaum WE (2005) Knowledge of oral and physical manifestations of anorexia and bulimia nervosa among dentists and dental hygienists. *Journal of Dental Education*, 69: 346-354

**DeBate RD**, Thompson S (2005). *Girls on the Run*: Improvements in self-esteem, body size satisfaction and eating attitudes/behaviors. *International Journal of Eating and Weight Disorders*, 10 March: 25-32.

**DeBate RD** & Plescia M (2005). I could live other places, but this is where I want to be: Support for natural helper initiatives. *International Quarterly of Community Health Education*, 23(4), 343-355.

**DeBate RD**, Tedesco LA, Kerschbaum WE (2005). Oral health providers and secondary prevention of disordered eating: An application of the Transtheoretical Model. *Journal of Dental Hygiene*, 79(4), p 10-10(1).

**DeBate RD**, & Pyle GF (2006). The Behavioral Ecological Model: A framework for early WIC participation. *American Journal of Health Studies*, 19(3), 138-147.

**DeBate RD**, Plichta S, Tedesco LA, Kerschbaum WE (2006) Integration of oral health care and mental health services: Dental hygienists' readiness and capacity for secondary prevention of eating disorders. *Journal of Behavioral Health Services & Research*, 33(1), 113-125.

Brennan MK & **DeBate RD** (2006). The effect of chair massage on stress perception of hospital bedside nurses. *Journal of Bodywork and Movement Therapies*, 10 (4): 335-342.

- DeBate RD**, Vogel E, Tedesco LA, Neff JA. (2006) Sex differences among dentists regarding eating disorders and secondary prevention practices. *Journal of American Dental Association*, 137: 773-781.
- Zhang Y, & **DeBate, RD** (2006) Exploration of social cognitive factors associated with physical activity among Chinese American children. *International Journal of Health Education*, 9: 108-121.
- DeBate RD** & Tedesco LA (2006). Increasing dentists' capacity for secondary prevention of eating disorders: Identification of training, network, and professional contingencies. *Journal of Dental Education*, 70: 1066-1075.
- Thompson SH, Bailey D, **DeBate RD** (2006). Gender differences in body dissatisfaction, weight management, and ideal female body size selections among low-income African American children. *LAHPERD*, 70 (1), 15-21.
- DeBate RD**, Shuman D, & Tedesco L (2007). Eating disorders and the oral health curriculum. *Journal of Dental Education*, 71(5), 655-663.
- DeBate RD**, Zhang Y, Thompson S. (2007). Changes to commitment to physical activity among 8-to-11-year-old girls participating in a curriculum-based running program. *American Journal of Health Education*, 38(5), 277-284.
- DeBate RD**, Lewis M, Blunt H, Zhang, Y, Thompson S. (2008) Similar but different: Sociocultural attitudes towards appearance, body shape dissatisfaction, and weight control behaviors among male and female college students. *American Journal of Health Education*, 39(5), 296-302.
- McDermott RJ, Nickelson J, Baldwin JA, Bryant CA, Alfonso M, Phillips LM, & **DeBate RD**. (2009). A community-school district-university partnership for assessing physical activity of tweens. *Preventing Chronic Disease*, 6(1), A15. [http://www.cdc.gov/pcd/issues/2009/jan/07\\_0243.htm](http://www.cdc.gov/pcd/issues/2009/jan/07_0243.htm).
- DeBate RD**, Huberty J, Pettee K. (2009) Psychometric properties of the commitment to physical activity scale. *American Journal of Health Behavior*, 33(4), 425-434.
- DeBate RD**, Gabriel KP, Zwald M, Huberty J, Zhang Y. (2009). Changes in psychosocial factors and physical activity frequency among third- to eighth-grade girls who participated in a developmentally focused youth sport program: a preliminary study. *Journal of School Health*. 79, 474-484.
- DeBate RD**, Bryant C, McDermott R, Baldwin J, Alfonso M, Phillips L. (2009) Factors associated with tweens' intentions for sustaining participation in an innovative community-based physical activity intervention. *American Journal of Health Education*, 40(3), 130-138.
- DeBate R**, Baldwin J, Thompson Z, Nickelson J, Alfonso M, Bryant CA, Phillips L, McDermott R. (2009) *VERB™* Summer Scorecard: Findings from a multi-level community-based physical activity Intervention for tweens. *American Journal of Community Psychology*. 44 (3-4), 363-373.

- Thompson SH, **DeBate RD**. (2010) An exploratory study of the relationship between night eating syndrome and depression among college students. *Journal of College Student Psychotherapy*, 24(1), 39-48.
- DeBate RD**, Severson H, Zwald M, Shaw T, Christiansen S, Koerber A, Tomar S, McCormack Brown K, Tedesco L. (2009) Development and evaluation of a web-based training program for oral health care providers on secondary prevention of eating disorders. *Journal of Dental Education*, 73(6), 718-729.
- DeBate RD**, Koby EJ, Looney TE, Trainor JK, Zwald ML, Bryant CA, McDermott RJ. (2011). Utility of the Physical Activity Resource Assessment for child-centric physical activity intervention planning in two urban neighborhoods. *Journal of Community Health*, 36 (1), 132-140.
- Martinasek M, **DeBate R**, Walvoord A, Melton S, Himmelgreen D, Allen T, McDermott R. (2010) Using social marketing to understand the family dinner with working mothers. *Ecology of Food and Nutrition*, 49(6), 431-451.
- Gabriel KP, **DeBate RD**, Racine E, High R. (2011). Girls on the Run: A quasi experimental evaluation of a developmentally focused youth sport program. *Journal of Physical Activity & Health*, 8(2), s285-s294.
- Daley E, **DeBate RD**, Dodd V, Smith S, Helmy H, Dyer K, Fuhrmann H. (2011). Exploring awareness, attitudes and perceived roles among oral health providers regarding HPV-related oral cancers. *Journal of Public Health Dentistry*, 71 (2), 136-142.
- DeBate RD**, Cragun D, Severson H, Shaw T, Christiansen S, Koerber A, Tomar S, McCormack Brown K, Tedesco L, Hendricson, W. (2011) Factors for increasing adoption of e-courses among dental and dental hygiene faculty. *Journal of Dental Education*, 75(5), 589-597.
- Racine EF, **DeBate RD**, Gabriel KP, High RR. (2011). The relationship between median use and psychological and physical assets among third-to fifth-grade girls. *Journal of School Health*, 81, 749-755.
- Kaczmariski JM, **DeBate RD**, Marhefka S, Daley EM. (2011). State-mandated school-based BMI screening and parent notification: A descriptive case study. *Health Promotion Practice*, 12(6), 797-801.
- Cragun D, **DeBate RD**, Severson H, Shaw T, Christiansen S, Koerber A, Tomar S, McCormack Brown K, Tedesco L, Hendricson, W. (2011) Developing and pretesting case studies in dental and dental hygiene education: Using the diffusion of innovations model. *Journal of Dental Education*, 76(5), 590-601.
- DeBate RD**, Cragun D, Gallentine A, Severson H, Shaw T, Christiansen S, Koerber A, Tomar S, McCormack Brown K, Tedesco L, Hendricson, W. (2012) Evaluate, Assess, Treat: Development and evaluation of the *EAT* framework to increase effective communication among oral health students regarding sensitive oral-systemic health issues. *European Journal of Dental Education*, DOI: 10.1111/j.1600-0579.2012.00747.x

- Nickelson J, Bryant CA, McDermott RJ, Buhi ER, **DeBate RD**. (2012) A modified obesity proneness model predicts eating guilty behavior among adolescents. *Journal of School Health*, 82, 560-571.
- Ata RN, **DeBate RD**, Cragun D, Thompson JK. (2013) Gender comparisons of unhealthy weight-control behaviors among 6<sup>th</sup> graders. *Journal of Nutrition Education and Behavior*, 45(5), 450-454.
- Cragun D, **DeBate RD**, Ata RA, Thompson JK. (2013) Psychometric of the Body Esteem Scale for Adolescents and Adults in an early adult sample. *Eating and Weight Disorders*, 18,275-282. DOI 10.1007/s40519-013-0031-1
- DeBate RD**, Severson H, Cragun D, Gau J, Merrell L, Bleck J, Christiansen S, Koerber A, Tomar S, McCormack Brown K, Tedesco L, Hendricson, W. (2013) Evaluation of a theory-driven e-learning intervention for future oral healthcare providers on secondary prevention of disordered eating behaviors. *Health Education Research*, 28 (3), 472-487. DOI: 10.1093/her/cyt050.
- Daley E, **DeBate RD**, Vamos CA, Marsh L, Kline N, Albino J, Driscoll A, Muller S, Progulske-Fox A, and Russell S. (2013) Transforming women's health through discovery, development, and delivery: Conference report. *Journal of Women's Health*, 22(4): 299-302.
- Bleck J, and **DeBate RD**. (2013). Exploring the Co-morbidity of Attention-Deficit/Hyperactivity Disorder with Eating Disorders and Disordered Eating Behaviors in a Nationally Representative Community-based Sample. *Eating Behaviors*, 14(3), 390-393. doi:org/10.1016/j.eatbeh.2013.05.009.
- Daley, E.M., **DeBate, R.**, Vamos, C.A., Thompson, E.L., & O'Connell, E. (2013) Transforming women's oral-systemic health through discovery, development, and delivery. *Women's Health*, 9(5):1-3.
- DeBate RD**, Cragun D, Bleck J, Severson H, Shaw T, Christiansen S, Koerber A, Tomar S, McCormack Brown K, Tedesco L, Hendricson, W. (2014) Randomized Trial of Two E-Health Programs on Secondary Prevention of Eating Disorders. *Journal of Dental Education*, 78(1):5-15.
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### MANUSCRIPTS UNDER REVIEW

DeBate R., Bleck J, Poirier A. The Body Neutrality Playbook: A pilot evaluation. *Journal of Eating & Weight Disorders*

Buro, A, Brown N, Jones, R, Dumford AD, Conner, K, Himmelgreen D, Stern M, DeBate, R. (Under Review) Socio-ecological determinants of food insecurity among racially and ethnically diverse college students: A structural equation analysis. *Public Health Nutrition*.

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1. Bleck J, **DeBate R**, Kim ES, Levin B, & Baldwin J. A Model of the Underlying Mechanisms of the ADHD and Eating Disorder Comorbidity.
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### BOOK CHAPTERS

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2. **DEBATE RD.** (2010). Eating Disorders. In Levin BL, Becker M (eds). *A Public Health Perspective of Women's Mental Health Services*. New York: Springer Publishing, 2009.
3. **DEBATE RD**, Bryant CA, Zwald M. (2009) Childhood Obesity. In Coreil, Jeannine, ed. *Social and Behavioral Foundations of Public Health*, 2nd Ed. Thousand Oaks, CA: Sage Publications.
4. Buhi E, **DEBATE RD**, McDermott RJ. (2009) Planning health promotion and disease prevention programs. In Coreil, Jeannine, ed. *Social and Behavioral Foundations of Public Health*, 2nd Ed. Thousand Oaks, CA: Sage Publications.
5. Bryant CA, McCormackBrown K, McDermott RJ, Alfonso A, **DEBATE RD**, Monahagn P, Baldwin P, Phillips L. (2009). Community-Based Prevention Marketing: A New Planning Framework for Designing and Tailoring Health Promotion Interventions. In DeClemente, R, ed. *Emerging Theories in Health Promotion Practice and Research*, 2<sup>nd</sup> Ed. Thousand Oaks, CA: Sage Publications.

6. Kim J, **DEBATE RD**, Daley E. (2013) Dietary behaviors and oral health in women. In Halpern L and Kaste L, eds. *Evidence-based Women's Oral Health*.

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### **PUBLISHED BOOK REVIEWS, EDUCATIONAL MATERIALS, DISSERTATION**

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DIGIOACCHINO RF (1991). *Lighten-Up: Weight Loss Manual for Open Door-Student Health Center*. Assisted in writing and producing manual/workbook, which is used by more than 250 University of South Carolina students each semester. University of South Carolina Press.

DIGIOACCHINO RF (1995) Long-Term Follow-up of a Residential Weight Control Program. (Doctoral Dissertation, University of South Carolina, 1995) *Dissertation Abstracts International*.

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### **UNPUBLISHED TECHNICAL REPORTS**

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DEBATE RD (2001-2004). *Girls on the Run: Evaluation Results*. *Girls on the Run*, Charlotte, NC.

DIGIOACCHINO RF & Pyle GF (2003) *SmartStart of Gaston and Lincoln Co.: Needs Assessment and Access to Care*, Gaston County Health Department, Gaston, NC.

DEBATE RD & Pyle GF (2003) *Gaston County WIC: Identifiers for Early Entry*, Gaston County Health Department, Gaston, NC.

DEBATE RD (2003). A Qualitative Assessment of Charlotte REACH: An Ecological Perspective for Decreasing CVD and Diabetes among African Americans. Charlotte REACH Coalition, Charlotte, NC.

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Racine EF, DeBate RD, Gabriel KP. (2009) *Girls on the Run: 2008-2009 Evaluation Results. Girls on the Run*. Charlotte, NC

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## **INTERNATIONAL/NATIONAL/REGIONAL PRESENTATIONS (125+)**

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DIGIOACCHINO RF. Factors Associated with Post-Intervention Weight Change among Individuals Indicating Binge and Non-Binge Eating Traits  
Seventh New York International Conference on Eating Disorders  
New York, NY – April 1996

\*DIGIOACCHINO RF. Midday Show (Local Community Talk Show, ABC affiliate, Guest host presenting Armstrong State College's focus on health promotion and wellness programs with emphasis on "Pace the Nation"  
Savannah, GA – April 1996

DIGIOACCHINO RF. Factors Associated with Post-Intervention Weight Change among Individuals Indicating Binge and Non-Binge Eating Traits  
International Symposium: Addictions '96  
Hilton Head, SC – September 1996

\*DIGIOACCHINO RF. Redefining the Criteria for Success When Evaluating Long-Term Compliance Interventions Involving Weight Loss, Diet, and Exercise  
American Public Health Association Annual Meeting  
New York, NY – November 1996

\*DIGIOACCHINO RF. Nutrition and the Elderly, Presented relevant nutritional information to service providers as part of a training seminar  
Department of Family and Children's Services  
Savannah, GA – 1997

\*DIGIOACCHINO RF. Eating Disorders  
"Let's Talk" with Linda Ginsburg  
Public Television -- February 1997

DIGIOACCHINO RF. Connecting Health Issues to the Academic Mission: Using Media Generated Promotional Strategies to Enhance Collaboration of Faculty, Staff, and Students in a Campus Wide Fitness Program  
Wellness '97 Conference  
Myrtle Beach, SC – March 1997

DIGIOACCHINO RF. Redefining Criteria for Success when Evaluating Long-Term Compliance in Interventions Involving Weight Loss, Diet, and Exercise  
American Journal of Health Promotion 8<sup>th</sup> Annual Art & Science of Health Promotion Conference  
Hilton Head, SC – May 1997

- DIGIOACCHINO RF. Redefining Criteria for Success when Evaluating Long-Term Compliance in Interventions Involving Weight Loss, Diet, and Exercise  
Georgia Public Health Association Annual Conference  
Jekyll Island, GA – May 1997
- \*DIGIOACCHINO RF. Healthy Start Evaluation Results 1997, Chatham-Savannah  
Healthy Start  
Savannah, GA – June 1997
- DIGIOACCHINO RF. Healthy Start Chatham, Savannah Evaluation Model  
National Healthy Start Annual Meeting  
Bethesda, MD – September 1997
- DIGIOACCHINO RF. The Development of a Worksite Walking Program Based on Stages of Change  
American Public Health Association Annual Conference  
Indianapolis, IN – November 1997
- \*DIGIOACCHINO RF. Gender Differences in Binge Eating Characteristics Among Clients of a Residential Weight Control Program  
American Public Health Association Annual Conference  
Indianapolis, IN – November 1997
- \*DIGIOACCHINO RF. Assessment of Binge Eating Characteristics Among Clients of a Residential Weight Control Program  
American Public Health Association Annual Conference  
Indianapolis, IN – November 1997
- \*DIGIOACCHINO RF. Women's Health Issues: A Global Perspective  
Distance learning class in collaboration with Georgia College. Course focused on the health related issues regarding women here in the US and around the world  
Savannah, GA – March 1998
- \*DIGIOACCHINO RF. The Missing Link: Secondary and Tertiary Prevention of Eating Disorders Among Dental Practitioners  
American Public Health Dentistry, Annual Conference  
San Francisco, CA – October 1998
- DIGIOACCHINO RF. Nightmare on Science Drive: A Collaborative Multimedia Simulation Project  
American Public Health Association Annual Conference  
Washington, DC – November 1998
- \*DIGIOACCHINO RF. Project MIND: An Innovative Approach to Teen Pregnancy and Infant Mortality  
American Public Health Association Annual Conference  
Washington, DC – November 1998
- \*DIGIOACCHINO RF. Eating Disorder Awareness Week, implemented and evaluated first annual eating disorder week on UNC-Charlotte campus

UNC-Charlotte in conjunction with Brocker Student Health center  
Charlotte, NC – February 1999

\*DIGIOACCHINO RF. Childhood Obesity and Eating Disorders  
Facilitated day-long workshop to area health educators on childhood obesity (prevalence, significance, etiology, risk factors and treatment) and presented information on eating disorders (risk factors, signs and symptoms, and treatment)  
Charlotte Area Health Education Center (AHEC)  
Charlotte, NC – March 1999

\*DIGIOACCHINO RF. Eating Disorders and Athletes  
Presented seminar to UNC-Charlotte athletic coaches regarding eating disorders among athletes  
Charlotte, NC – March 1999

\*DIGIOACCHINO RF. UNC Charlotte Student Weight and Nutritional Status  
In-service training for the staff at UNC-Charlotte Brocker Student Health Center  
Charlotte, NC – May 1999

\*DIGIOACCHINO RF. Eating Disorders, Obesity and Fad Diets  
Presented a one-day workshop for local health educators on obesity management, eating disorders and fad diets sponsored by Charlotte Area Health Education Center  
Charlotte, NC – May 1999

\*DIGIOACCHINO RF. Assessment of Needs of Teen Parents in Gaston and Lincoln Counties  
SmartStart Partnerships of Lincoln and Gaston Counties, NC  
Gaston, NC – February 2000

\*DIGIOACCHINO RF. Swinging Local Support for Programs that Work  
Co-facilitator of a one-day workshop for those involved in developing programming for teen pregnancy and related issues  
Planned Parenthood of the Central Carolinas  
Columbia, SC – March 2000

\*DIGIOACCHINO RF. Eating Disorder Awareness among Dental Practitioners: The Missing Link in Secondary and Tertiary Prevention  
International Conference on Eating Disorders  
New York, NY – May 2000

\*DIGIOACCHINO RF. Triathlon Training Workshop  
Presented proper pre/post nutritional workshop for first time participants in the sport of triathlon  
Charlotte, NC – June 2000

\*DIGIOACCHINO RF. Freshman Seminar: Nutrition and Eating Disorders  
Presented a short course on health nutrition and eating disorder characteristics to dance and theater students enrolled in Freshman Seminar Course  
Charlotte, NC – October 2000

\*DIGIOACCHINO RF. The Internet as a Vehicle to Promote Worksite Health Promotion in Your Community  
Society of Public Health Educators Annual Conference  
Boston, MA – November 2000

\*DEBATE RD. Nutrition and Endurance Sport Training Workshop  
Leukemia Society's Team in Training Program  
Charlotte, NC – January and June 2001

DEBATE, RD. Building Confidence: The Relationship between Body Image & Self-Esteem  
Women's Leadership Celebration  
Charlotte, NC – March 2001

\*DEBATE RD. Self-Esteem and Self-Confidence  
"100 Black Women"  
Charlotte, NC – April 2001

\*DEBATE RD. Body Image and Self-Esteem, Facilitated discussion groups on Body Image and Impact on  
Self-Esteem  
Women's Leadership Conference  
Charlotte, NC – April 2001

DEBATE RD & Topping M. Body Dissatisfaction among White and African American Male and Female  
College Students  
American College Health Association Annual Meeting  
Las Vegas, NV – June 2001

DEBATE RD, Fassett, E & Jordan SL. College Health Service Utilization: Is Demand Management  
Effective?  
American College Health Association Annual Meeting  
Las Vegas, NV – June 2001

\*DEBATE, RD, Cook J, Rogers S, Hawthorne F & Davis C. The Community SUPPORT Project: Solving  
Urban Problems through Partnerships of Research and Training  
Society of Public Health Educators Annual Meeting  
Atlanta, GA – October 2001

\*DEBATE RD. Nutrition and Endurance Sports Training Workshop  
Leukemia Society's Team in Training Program  
Charlotte, NC – January and July 2002

\*DEBATE RD. Eating Disorders Awareness Week  
Developed, implemented and evaluated Eating Disorders Week on UNC Charlotte campus.  
Activities included body image workshop, support group, body image activities, and eating  
disorders awareness, prevention and referral activities  
Charlotte, NC – February 2002

\*DEBATE RD. Body Image and Self-Confidence

Conducted seminar on the influence of body image on self-confidence and self-esteem  
UNC Charlotte's 100 Black Women  
Charlotte, NC – April 2002

DEBATE RD. Subclinical Eating Disorder Characteristics among Male and Female Triathletes

International Conference on Eating Disorders  
Annual Meeting of the Academy of Eating Disorders  
Boston, MA – April 2002

DEBATE RD. Body Size Dissatisfaction among Male and Female Triathletes, International Conference on Eating Disorders

Annual Meeting of the Academy of Eating Disorders  
Boston, MA – April 2002

\*DEBATE RD. Triathlon Training Workshop

Co-facilitated workshop with Karl DeBate, MS, for members of the Pan American Sports Organization. This international workshop included sport specific training, sport nutrition, strength conditioning, and stretching.  
Olympic Committee and the Pan American Sports Organization  
St. Martin – July 2002

\*DEBATE RD. Eating Disorders and College Students Workshop

Conducted workshop for UNC Charlotte Residence Life Staff on signs and symptoms of eating disorders, how to approach someone with eating disorder symptoms, and referral procedures  
Charlotte, NC – September 2002

DEBATE RD. *Girls on the Run: An Evaluation of Self-Esteem, Body Image, and Eating Behaviors*

Eating Disorder Research Academy Annual Meeting  
Charleston, SC – November 2002

Pyle G & DEBATE RD. Perceptions of Quality and Access to Healthcare Issues in Two NC Textile Production Areas

Nashville, TN – 2002

\*DEBATE RD. *Girls on the Run: Improvements in Self-Esteem, Eating Attitudes, and Body Image*

Girls on the Run International Annual Summit  
Charlotte, NC – January 2003

\*DEBATE RD. Nutrition and Endurance Sports Training Workshop

Leukemia Society's Team in Training Program  
Charlotte, NC – January and July 2003

DEBATE RD. Social Ecological Approach to College Health Programming

Southern College Health Association Annual Conference  
Charlotte, NC – March 2003

DEBATE RD. Evaluation: The Road to Successful College Health Programming  
Southern College Health Association Annual Conference  
Charlotte, NC – March 2003

\*DEBATE RD. Body Image and Self-Esteem: The Key to Success  
Facilitated workshop on the links between self-esteem and body image for middle school girls at  
Ranson Middle School  
Charlotte, NC – April 2003

DEBATE RD & Pyle G. Early Entry into WIC: Ethnic Perceptions and Cues to Action  
Academy Health  
Nashville, TN – June 2003

Davis T & DEBATE RD. LEAP: Lifestyle Enhancement for African American Women Population  
Society of Public Health Educators Midyear Conference  
Las Cruces, NM – June 2003

Moten A & DEBATE RD. Soy Latino  
Society of Public Health Educators Midyear Conference  
Las Cruces, NM – June 2003

\*DEBATE RD. *Girls on the Run*: More than just a running program  
Academy of Eating Disorders Athletes Special Interest Group Conference  
Indianapolis, IN – September 2003

\*DEBATE RD. Characteristics of Subclinical Eating Disorders among Male and Female Triathletes  
UNC Charlotte Spotlight on Research at University of North Carolina at Charlotte  
Charlotte, NC – October 2003

\*DEBATE RD. Building Better Body Image  
UNC Charlotte Student Affairs Workshop, University of North Carolina at Charlotte  
Charlotte, NC – October 2003

Pyle G & DEBATE RD. A Qualitative Assessment Regarding Perceptions of Quality and Access to  
Healthcare in two NC Textile Production Areas  
American Public Health Association Annual Conference  
San Francisco, CA – November 2003

\*DEBATE RD. *Girls on the Run*: Improvements in Self-Esteem, Body Image, and Eating Attitudes  
Conference on Athletes and Eating Disorders  
Indianapolis, IN – October 2004

\*DEBATE RD. Dental Practitioners and Eating Disorders  
Eating Disorder Research Society Annual Meeting  
Amsterdam, Netherlands – October 2004

\*DEBATE RD, Thompson, S. *Girls on the Run*: Improvements in Self-Esteem, Body Image, and Eating

Attitudes  
Eating Disorder Research Society Annual Meeting  
Amsterdam, Netherlands – October 2004

DEBATE RD, Plescia M, Joyner D, & Spann L. A Qualitative Assessment of Charlotte REACH: An Ecological Perspective for Decreasing CVD and Diabetes among African Americans  
American Academy of Health Behavior  
Charleston, SC – February 2005

DEBATE RD, Plescia, M. I Could Live Other Places, but this is where I want to be: Support for a Natural Helper initiative  
American Academy of Health Behavior  
Charleston, SC – February 2005

DEBATE RD, Tedesco LA, Kerschbaum WE. Oral Health Providers and Secondary Prevention of Disordered Eating: An Application of the Transtheoretical Model  
American Dental Education Association Annual Meeting  
Baltimore, MD – March 2005

DEBATE RD, Tedesco LA, Kerschbaum WE. An Assessment of Oral Health Practitioners' Knowledge of Oral and Physical Manifestations of Disordered Eating  
American Dental Education Association Annual Meeting  
Baltimore, MD – March 2005

DEBATE RD, Tedesco LA, Kerschbaum WE. Like a An Assessment of Dental Practitioners' Readiness and Capacity for Secondary Prevention of Eating Disorders  
International Association of Dental Research  
Baltimore, MD – March 2005

DEBATE RD, Tedesco LA, Kerschbaum WE. Like a Bridge Over Troubled Waters: An Assessment of Dental Hygienists' Readiness and Capacity for Secondary Prevention of Eating Disorders  
Academy of Eating Disorders Annual Meeting  
Montreal, Quebec, Canada – April 2005

DEBATE RD, Plescia M, Joyner D & Spann L. A Qualitative Assessment of Charlotte REACH: An Ecological Perspective for Decreasing CVD and Diabetes among African Americans  
Academy Health  
San Diego, CA – May 2005

\*DEBATE RD. Dental Professionals and Eating Disorders  
Virginia Dental Association  
Newport News, VA – November 2005

DEBATE RD, Tedesco LA, Kerschbaum WE, Plichta, S. Integration of oral health care and mental health services: Dental Hygienists' readiness and capacity for Secondary Prevention of Eating Disorders  
American Public Health Association Annual Meeting  
Philadelphia, PA – December 2005

- DEBATE RD, Thompson S. *Girls on the Run*: Improvements in self-esteem, body size satisfaction, and eating attitudes and behaviors  
American Public Health Association Annual Meeting  
Philadelphia, PA – December 2005
- DEBATE RD, Tedesco LA, Kerschbaum WE. Knowledge of oral and physical manifestations of anorexia nervosa and bulimia nervosa among dentists and dental hygienists  
American Public Health Association Annual Meeting  
Philadelphia, PA – December 2005
- DEBATE RD, Zhang Y, Kopitzke AM. Changes in Motivations to participate in physical activity among girls aged 8-11  
American Public Health Association Annual Meeting  
Philadelphia, PA – December 2005
- \*DEBATE RD. Putting the INK in THINK: How to get your research ideas on paper  
PRIDE Research Seminar, Eastern Virginia Medical School  
Norfolk, VA – January 2006
- DEBATE RD, Tedesco LA. Gender differences among dentists regarding secondary prevention of eating disorders  
International Association for Dental Research & American Association for Dental Research  
Orlando, FL – March 2006
- DEBATE RD, Darby M, Tedesco LA. Eating disorder secondary prevention resource for oral health care professionals  
International Association for Dental Research & American Association for Dental Research  
Orlando, FL – March 2006
- DEBATE RD. From research to practice: Development of a web-based secondary prevention toolkit for oral health professionals  
International Conference on Eating Disorders  
Barcelona, Spain – June 2006
- DEBATE RD. Eating disorder secondary prevention web resource for dental practitioners  
Society for Public Health Education (SOPHE)  
Boston, MA – November 2006
- DEBATE RD, Tedesco LA, Darby M. Using a web-based resource kit to increase capacity for eating disorder secondary prevention among dentists  
American Public Health Association (APHA)  
Boston, MA – November 2006
- DEBATE RD, Tedesco LA. Increasing secondary prevention of eating disorders among dental professionals: Research to Practice  
American Public Health Association (APHA)

Boston, MA – November 2006

\*DEBATE RD. Evaluation 101: Paving the road to success

Girls on the Run Annual Summit

Orlando, FL – January 2007

\*DEBATE RD. Using BMI to change BMI: An Introduction to Brief Motivational Interviewing. Obesity

Prevention and Treatment: Practical Approaches to Obesity Management in Adults

USF Health Continuing Education

Tampa, FL – March 2007

DEBATE RD, Zhang Y, Thompson S. Changes in motivation to participate in physical activity among 8–11-year-old girls

American Academy for Health Behavior (AAHB) annual meeting

Savannah, GA – March 2007

\*DEBATE RD. Using BMI to change BMI: An Introduction to Brief Motivational Interviewing. Obesity

Prevention and Treatment: Practical Approaches to Obesity Management in Children and

Adolescents

USF Health Continuing Education

Tampa, FL – March 2007

\*DEBATE RD. An Introduction to Brief Motivational Interviewing for Obesity Management in Children and

Adolescents

USF Health Continuing Education

Tampa, FL – September 2007

DEBATE RD. Brief Motivational Interviewing and Obesity Management

8<sup>th</sup> Annual Conference on Obesity Management

Sand Key, FL – September 2007

DEBATE RD, Tedesco LA, Darby M. From Research to Practice: A web-based resource kit to increase capacity for eating disorder secondary prevention

3<sup>rd</sup> Annual Symposium on Addictive & Health Behaviors Research

Amelia Island, FL – September 2007

Lews M, Blunt H, DEBATE RD. Socio-cultural attitudes towards appearance and body dissatisfaction

Annual Meeting of the Eating Disorders Research Society

Pittsburgh, PA – October 2007

DEBATE RD & Wethington H. Changes in self-esteem and body image among 8–11-year-old girls participating in a curriculum-based running program

Annual Meeting of the Eating Disorders Research Society

Pittsburgh, PA – October 2007

DEBATE RD, Darby M, Tedesco L. From research to practice: Using technology to increase secondary prevention of eating disorders

Annual Meeting of the Eating Disorders Research Society  
Pittsburgh, PA – October 2007

DEBATE RD & Tedesco L. Linking oral, systemic, and mental health: Increasing dental professionals' capacity for secondary prevention of eating disorders  
Annual Meeting of the Eating Disorders Research Society  
Pittsburgh, PA – October 2007

\*DEBATE RD. *Girls on the Run*: Short-term impacts and next steps  
Girls on the Run Annual Summit  
San Diego, CA – January 2008

Lewis M, Blunt H, DEBATE RD. Similar but Different: Gender differences in socio-cultural attitudes towards appearance and body dissatisfaction  
Annual Meeting of the Academy of Eating Disorders  
Oxnard, CA – March 2008

DEBATE RD, McDermott RJ, Affonso ML, Baldwin JA, Bryant CA, Courtney AH, Hogeboom DL, Nickelson JE, Phillips LM. TWEENS' INTENTIONS TO PARTICIPATE IN A COMMUNITY-BASED PHYSICAL ACTIVITY PROMOTION PROGRAM  
Annual Meeting of the American Academy of Health Behavior  
Oxnard, CA – March 2008

DEBATE RD, Lewis M, Blunt H, Zhang Y, Thompson S. Gender Differences in Socio-cultural Attitudes towards Appearance, Body Shape Dissatisfaction, and Weight change behaviors.  
2008 International Conference on Eating Disorders  
Seattle, WA-May 2008

Thompson S, & DEBATE RD. Examining Night Eating Syndrome and depression among college students.  
2008 International Conference on Eating Disorders  
Seattle, WA-May 2008

Nickelson J, Bryant C, Buhi E, DEBATE R, McDermott R, O'Rourke K, Eichler D. A Modified Obesity Proneness Model Describes How Mothers May Influence the Development Of Disordered Eating Behaviors And Obesity  
2008 Food & Nutrition Conference & Expo  
Chicago, IL-Oct 2008

DEBATE RD, McDermott R, Baldwin J, Bryant C, Courtney A, Hogeboom D, Nickelson J, Phillips L, Alfonso M. Factors associated with tweens' intentions for sustaining participation in an innovative physical activity program is scheduled for session.  
2008 Annual Meeting of the American Public Health Association  
San Diego, CA—November 2008

Nickelson J, Alfonso M, Baldwin J, Bryant C, DEBATE R, Hogeboom D, McDermott R, Phillips L, Thompson Z, Zhu Y. Influences of a community-based intervention to promote physical activity among youth ages 9-13.

2008 Annual Meeting of the American Public Health Association  
San Diego, CA—November 2008

DEBATE RD, Severson H, Zwald M, Shaw T, Christiansen S, Koerber A, Tomar S, McCormack Brown K, Tedesco L. Eating Disorders & Oral Health: Training for Dental Professionals. 2009 Annual Meeting of the American Academy of Health Behavior  
Hilton Head, SC—March 2009

DEBATE RD, Severson H, Zwald M, Shaw T, Christiansen S, Koerber A, Tomar S, McCormack Brown K, Tedesco L. Eating Disorders & Oral Health: Training for Dental Professionals. 2009 Annual Meeting of the Society of Behavioral Medicine  
Montreal, CA—April 2009

DEBATE RD, Huberty J, Pettee K. Psychometric Properties of the Commitment to Physical Activity Scale. 2009 Annual Meeting of the Society of Behavioral Medicine  
Montreal, CA—April 2009

DEBATE RD, Pettee K, Zwald M, Huberty J, Zhang Y. Changes in psychosocial factors and physical activity frequency among 3rd to 8th grade girls who participated in a developmentally focused youth sport. 2009 Annual Meeting of the Society of Behavioral Medicine  
Montreal, CA—April 2009

DEBATE RD, Severson H, Zwald M, Shaw T, Christiansen S, Koerber A, Tomar S, McCormack Brown K, Tedesco L. Eating Disorders & Oral Health: Training for Dental Professionals. 2009 Annual Meeting of the Academy of Eating Disorders  
Cancun, Mexico—April 2009  
*\*Accepted for presentation. Meeting Canceled.*

DEBATE RD, Pettee K, Zwald M, Huberty J, Zhang Y. Changes in psychosocial factors and physical activity frequency among 3rd to 8th grade girls who participated in a developmentally focused youth sport. 2009 Annual Meeting of the Academy of Eating Disorders  
Cancun, Mexico—April 2009  
*\*Accepted for presentation. Meeting Canceled.*

\*DEBATE RD, Kaly, P. Using BMI to Change BMI: An introduction to Brief Motivational Interviewing. 10<sup>th</sup> Annual Conference on Obesity: New insights in metabolic health and diabetes  
Orlando, FL—September 2009

Looney, T., Koby, E., DEBATE, R.D., Trainor, J.K., Bryant, C.A., & McDermott, R.J. (2010). Exploring the built environment of physical activity venues through qualitative and observation data: An application of methodology. Society for Applied Anthropology 70<sup>th</sup> Annual Meeting, Mérida, México—June 2009

- DEBATE, R.D., Trainor, J.K., Koby, E.J, Zwald, M., Bryant, C.A. & McDermott, R.J. (2009). Application of the physical activity resource assessment (PARA) around urban schools. 137<sup>th</sup> Annual Meeting of the American Public Health Association, Philadelphia, PA—November 2009.
- DEBATE, R.D, McDermott, R.J., Trainor, J.K, Zwald, M., Koby, E.J, & Bryant, C.A., Adapting the physical activity enjoyment scale (PACES) for 3rd-5th grade youth. 137<sup>th</sup> Annual Meeting of the American Public Health Association, Philadelphia, PA—November 2009.
- McDermott, R.J., DEBATE, R., Zwald, M., Trainor, T., Koby, E., & Bryant, C.A. (2009). Patterns of physical activity among 3rd - 5th graders in a low-income urban community. 137<sup>th</sup> Annual Meeting of the American Public Health Association, Philadelphia, PA—November 2009.
- DEBATE RD, Severson H, Zwald M, Shaw T, Christiansen S, Koerber A, Tomar S, McCormack Brown K, Tedesco L. (2010). Development and Pilot Evaluation of a Web-based Training Program for Oral Health Care Providers on Secondary Prevention of Eating Disorders. 2010 International Conference on Eating Disorders. Salzburg, Austria—June 2010
- Menzel J, DEBATE RD. (2010) Testing a Structural Equation Model Predicting Body Image Outcomes in a Developmentally Focused Youth Sport Program for Girls. 2010 International Conference on Eating Disorders. Salzburg, Austria—June 2010.
- Ata R. DEBATE RD, Brunaugh J, Thompson JK. (2010) Assessing Intervention Effects of Health Report Cards on 6th Graders' Body Image and Weight Control Strategies. 2010 International Conference on Eating Disorders. Salzburg, Austria—June 2010.
- Daley, E., Vamos, C., DEBATE, R., Dodd, V., Chandler, R. & Giuliano, AR. Oral health providers' knowledge and perceived role regarding prevention of HPV-related oral cancers. 26th International Papillomavirus Conference, Montreal, Canada. July 2010.
- McDermott, RJ, DEBATE, RD, Zwald, M, Trainor, J, Koby, EJ, & Bryant, CA. (2010). Strategies for assessing physical activity of 3rd-5th graders in a low-income urban community. 83<sup>rd</sup> Annual American School Health Association Conference, Denver, CO.
- DEBATE, RD, Cragun D, Severson, H. (2010) Development and Pretesting of Theory-based Interactive Case Studies Modeling Eating Disorder-specific Secondary Prevention by Oral Health Providers. 16th Annual Eating Disorders Research Society Meeting, Boston, MA.
- Pettee Gabriel K, DEBATE, R, High, R, Racine (2010) Role of intervention dose on developmental assets in 3rd-5th grade girls: Results from an evaluation study of Girls on the Run. 138<sup>th</sup> Annual Meeting of the American Public Health Association, Denver, CO.
- Pettee Gabriel K, DEBATE, R, High, R, Racine (2010) Girls on the Run: Evaluation of a developmentally focused youth sport program designed for 3rd-5th grade girls. 138<sup>th</sup> Annual Meeting of the American Public Health Association, Denver, CO.
- DEBATE RD, Cragun D, Severson H, Shaw T, Christiansen S, Koerber A, Tomar S, McCormack Brown K, Tedesco L. Hendricson B. (2010). Exploring factors for increasing adoption of e-courses in the oral

- health curriculum. 138<sup>th</sup> Annual Meeting of the American Public Health Association, Denver, CO.
- Cragun DL, DEBATE RD. (2011) State mandated health report cards: Cues to Action? A Preliminary Case study. International Conference on Eating Disorders, Miami, FL.
- DEBATE RD, Cragun D, Severson H, Shaw T, Christiansen S, Koerber A, Tomar S, McCormack Brown K, Tedesco L. Hendricson B. Gallentine A. (2011). Application of Diffusion of Innovations: Development and pre-testing of four interactive oral health case studies. 2011 ADHA Center for Lifelong Learning and 88th Annual Session, Nashville, TN.
- DEBATE RD, Cragun D, Severson H, Shaw T, Christiansen S, Koerber A, Tomar S, McCormack Brown K, Tedesco L. Hendricson B. Gallentine A. (2011). Effectiveness of a Web-based Training Program on Secondary Prevention of Eating Disorders. 17th Annual Meeting of the Eating Disorders Research Society, Edinburgh Sept. 22nd - 24th
- \*Buhi E and DEBATE RD. (2011) Evaluating the public health impact of a state-wide positive youth development program: An application of the RE-AIM framework. Centers for Disease Control and Prevention, Division of Reproductive Health, Maternal and Child Health Epidemiology. MCH EPI Grand Rounds, Webinar, September 2011.
- Buhi ER, DEBATE R, Perrin K, Daley E, Marhefka, SL, Wang W, Blunt HD, McGinnis K, Klinkenberger N. Evaluation planning for school-based implementation of the Teen Outreach Project in 26 Florida counties: An application of the RE-AIM evaluation framework. Annual Meeting of the American Public Health Association, Washington, DC, November 2011.
- DEBATE RD, Daley E, Dyer K, Marhefka SL, Smith SA, Helmy HL, Marsh L. Oral-systemic women's health across the lifespan: A systematic review of the literature. Annual Meeting of the American Public Health Association, Washington, DC, November 2011.
- Daley E, DEBATE RD, Driscoll, Frost J, Baker E, Ebbert J, Anstey EH. Missing provider connections in women's health: Identifying disconnects between oral health providers and medical providers. Annual Meeting of the American Public Health Association, Washington, DC, November 2011.
- Daley E, DEBATE R, Wheldon C, Dodd VJ, Smith SA, Helmy HL, Fuhrmann HJ, Vamos C, Dyer K. HPV vaccine and oral cancer: Barriers to prevention among oral health providers. Annual Meeting of the American Public Health Association, Washington, DC, November 2011.
- Daley E, DEBATE R, Kline N, Marsh L. Developing a transdisciplinary systems approach for improving women's health. Annual Meeting of the American Public Health Association, Washington, DC, November 2011.
- Nicklelson J, Bryant CA, Buhi ER, DEBATE R, McDermott RJ. A modified obesity proneness (MOP2) model explains adolescent weight concerns and lack of self-control with food. Annual Meeting of the American Public Health Association, Washington, DC, November 2011.
- Blunt, H. D., Noble, C. A., Klinkenberger, N. R., Maness, S., McGinnis, K. E., DEBATE, R. D., Perrin, K. M., Daley, E., Marhefka, S. L., Wang, W., & Buhi, E. R. (2012, February). Assessing the psychometric

properties of a positive youth development/teen pregnancy prevention program evaluation instrument. USF Health Research Day 2012. Tampa, FL.

Maness, S., Blunt, H. D., Klinkenberger, N., Noble, C., McGinnis, K. E. Daley, E., Perrin, K., DEBATE, R., Marhefka, S. F., Wang, W., & Buhi, E. R. (2012, February). Sexual and reproductive health behaviors of ninth grade youth: Findings from a pilot study in a rural Florida high school. USF Health Research Day. Tampa, FL.

McGinnis, K., Blunt, H., Klinkenberger, N., Maness, S., Noble, C., Daley, E., Perrin, K., DEBATE, R., Marhefka, S., Wang, W., & Buhi, E.R. (2012, February). Evaluation protocol for an adolescent pregnancy prevention program in non-metropolitan Florida high schools. USF Health Research Day. Tampa, FL.

DEBATE RD, Cragun D, Gallentine A., Severson H, Shaw T, Christiansen S, Koerber A, Tomar S, McCormack Brown K, Tedesco L., Hendricson W. (2012). Development and Evaluation of Interactive, Web-based Case Studies: Application of Diffusion of Innovations. American Dental Education Association Annual Session & Exhibition. Orlando, FL.

DEBATE RD, Cragun D, Severson H, Gallentine A., Shaw T, Christiansen S, Koerber A, Tomar S, McCormack Brown K, Tedesco L., Hendricson W. (2012). An Interactive, Theory-Based, Web-Based Training Program for Dental and Dental Hygiene Students on Secondary Prevention of Eating Disorders. American Dental Education Association Annual Session & Exhibition. Orlando, FL

DEBATE RD, Cragun D, Gallentine A, Ellis A, Merrell L., Severson H, Cantwell C, Christiansen S, Koerber A, Tomar S, McCormack Brown K, Tedesco L., Hendricson W. (2012). Evaluation of an Interactive Web-Based Training Program on Secondary Prevention of Disordered Eating Behaviors. American Academy of Health Behavior Annual Meeting, Austin TX.

DEBATE RD, Cragun D, Gallentine A, Krone T, Merrell L., Severson H, Cantwell C, Christiansen S, Koerber A, Tomar S, McCormack Brown K, Tedesco L., Hendricson W. (2012). Efficacy of a Web-Based Training Program on Disordered Eating Behaviors. American Academy of Dental Research Annual Meeting, Tampa, FL.

DEBATE RD, Cragun D, Gallentine A, Vander Molen A, Merrell L., Severson H, Cantwell C, Christiansen S, Koerber A, Tomar S, McCormack Brown K, Tedesco L., Hendricson W. (2012). Increasing the Capacity of Oral Health Students to Deliver Secondary Prevention of Disordered Eating Behaviors: Evaluation of a Theory-Based Online Training Program. 33<sup>rd</sup> Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, New Orleans, LA.

DEBATE RD, Cragun D, Gallentine A, Vander Molen A, Merrell L., Severson H, Cantwell C, Christiansen S, Koerber A, Tomar S, McCormack Brown K, Tedesco L., Hendricson W. (2012). Increasing the Capacity of Oral Health Students to Deliver Secondary Prevention of Disordered Eating Behaviors: Evaluation of a Theory-Based Online Training Program. 33<sup>rd</sup> Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, New Orleans, LA.

- Blunt H, Klinkenberger N, Maness S, McGinnis K, DEBATE RD, Perrin k, Daley E, Marhefka, SL, Wang W, Buhi E. Assessing the psychometric properties of a Positive Youth Development/Teen Pregnancy Prevention program evaluation instrument. APHA 2012 Annual Meeting, San Francisco, CA
- DEBATE RD, Cragun D, Gallentine A, Vander Molen A, Merrell L., Severson H, Cantwell C, Christiansen S, Koerber A, Tomar S, McCormack Brown K, Tedesco L., Hendricson W. (2012). Project EAT: Evaluation of a web-based secondary prevention training program for eating disorders. APHA 2012 Annual Meeting, San Francisco, CA
- DEBATE RD, Cragun D, Gallentine A, Vander Molen A, Merrell L., Severson H, Cantwell C, Christiansen S, Koerber A, Tomar S, McCormack Brown K, Tedesco L., Hendricson W. (2012). Secondary prevention of disordered eating behaviors: Psychosocial differences between dental and dental hygiene students. APHA 2012 Annual Meeting, San Francisco, CA
- Mars L, Daley E, DEBATE RD, Vamos C, Kline N, Smith S. Complexity of women's oral-systemic health: A call for transdisciplinary research. APHA 2012 Annual Meeting, San Francisco, CA
- DEBATE RD and Cragun D. Triangulation of two methodologies to identify relationships between key theoretical constructs associated with secondary prevention of disordered eating behaviors. American Academy of Health Behavior Annual Meeting, March 2013, Santa Fe, NM.
- Bleck J and DEBATE RD. Exploring the co-morbidity of ADHD and Disordered Eating behaviors among a nationally representative sample of US adults. Academy for Eating Disorders Annual Meeting, May 2013, Montreal, CA.
- Buhi, E. R., Singleton, A., Blunt, H. D., Noble, C., Maness, S., Mahony, H., Franzen, E. A., DeBate, R., Marhefka, S. L., Daley, E. M., Perrin, K., & Wang, W. (2013, November). *Characteristics of youth participating in an evidence-based positive youth development program in Florida: Lessons learned from a state-wide school-based replication study*. 140th Annual Meeting of the American Public Health Association. Boston, MA.
- DeBate, RD, Bleck J, Rosini K. (2013) Positive youth development through sport: Assessing developmental outcomes among 3rd-5th grade girls on the run program participants. 140th Annual Meeting of the American Public Health Association. Boston, MA.
- DeBate, RD, Bleck J, Marsh L, Merrell L. (2013) Short-term and long-term impacts of adolescent positive youth development. 140th Annual Meeting of the American Public Health Association. Boston, MA.
- Bleck J, DeBate RD. (2013) Exploring the co-morbidity of attention-deficit/hyperactivity disorder with eating disorders and disordered eating behaviors in a nationally representative community-based sample. 140th Annual Meeting of the American Public Health Association. Boston, MA.
- Vamos, C.A., Sun, H., Flory, S., DeBate, R., Thompson, E., & Merrell, L. (November 2013). Structural factors influencing physical activity among women during the preconception period. *141st Annual American Public Health Association Conference*, Boston, MA.

- Weiss, M., DeBate RD, Riley A. (January 2014) Positive Youth Development through Sport Instrument: Psychometric Properties and Processes for Implementation. 2014 Girls on the Run Summit, San Antonio, TX.
- Mahony H, Buhi ER, Skvoretz J, DeBate R. (2014, February). "All the cool kids are doing it": A social network analysis on the role of natural peer leaders regarding sexual behavior among adolescents. International Network for Social Network Analysis Sunbelt XXXIV. St. Pete Beach, FL.
- Noble, S. M., Singleton, A., Chambers, C. R., Franzen, E., Mahony, H., Maness, S. B., Noble, C. A., Powers, E.V., Wang, W., DeBate, R., Marhefka, S.L., Daley, E.M., Perrin, K., Buhi, E.R. (2014). *Lessons learned from a School-Based Randomized Control Trial Evaluation of a Positive Youth Development Program: Successes, Challenges, and Solutions*. USF Health Research Day 2014. Tampa, FL.
- Franzen, E., Powers, E.V., Mahony, H., Maness, S.B., Noble, S.M., Noble, C., Singleton, A., Wang, W., DeBate, R., Marhefka, S.L., Daley, E.M., Perrin, K., Buhi, E.R. (2014). *Preliminary Sexual Behavior and Contraceptive Differences among Youth Participating in a State-Wide Positive Youth Development Program Evaluation*. USF Health Research Day 2014. Tampa, FL.
- Powers, E.V., Franzen, E., Mahony, H., Maness, S.B., Noble, S.M., Noble, C., Singleton, A., Wang, W., DeBate, R., Marhefka, S.L., Daley, E.M., Perrin, K., Buhi, E.R. (2014). *The Effects of an Evidence-Based Positive Youth Development Program on Academic Outcomes in Non-Metropolitan Florida: A Preliminary Analysis*. USF Health Research Day 2014. Tampa, FL.
- Mahony, H., Maness, S., Noble, S. M., Franzen, E., Powers, E. V., Noble, C. A., Singleton, A., DeBate, R. D., Marhefka, S. L., Wang, W., Daley, E. M., Perrin, K., Buhi, E. R. (2014). *The 5 Cs Model of Positive Youth Development: A Preliminary Confirmatory Factor Analysis and Assessment of Measurement Invariance*. USF Health Research Day 2014. Tampa, FL.
- Sun, H., Vamos, C.A., Flory, S.B, **DeBate, R.**, Thompson, E., & Bleck, J. May 2014. Correlates of long-term physical activity adherence in women: A longitudinal study. 61st Annual Meeting of American College of Sport Medicine, Orlando, FL.
- Gatto, A., Powell, S.E., & DeBate, R. Evaluating a University Tobacco-Free Campus Policy: Implications for Implementation and Enforcement. Society for Public Health Education 69th Annual Conference. Columbus, OH, April 2018.
- Paola, J., & DeBate, R. Feed-A-Bull: Employing evaluation research to inform campus food pantry policy and practice. Society for Public Health Education 69th Annual Conference. Columbus, OH, April 2018.
- Powell S.E., Gatto A., & DeBate R. Unique College Tobacco-Free Policy Evaluation Technique Using ArcGIS. Society for Public Health Education 69th Annual Conference. Columbus, OH, April 2018.

- Rafal, G., Gatto, A., & DeBate, R. A Social Marketing Approach to Address Mental Health Literacy among Male University Students. Society for Public Health Education 69th Annual Conference. Columbus, OH, April 2018.
- DeBate, R., Bleck J., & Perez, J. Psychological distress, flourishing, resiliency, COVID-19 related stress, and perceived faculty support: A longitudinal study of undergraduate students during the COVID-19 pandemic. Southern College Health Association Annual Conference. Jacksonville, FL. May 2022.
- Buro, A. W., Brown, N. I., Jones, R., Dumford, A. D., Conner, K., Himmelgreen, D., Stern, DeBate, R. (2024, July). Socio-ecological determinants of food insecurity among racial and ethnically diverse college students, Society for Nutrition Education and Behavior conference, Knoxville, TN. July 29-August 1, 2024.
- Jarvis, J.E., Brown, N., Buro, A.W., Dumford, A.D., Himmelgreen, A.D., Conner, K.O., Stern, M., & Debate, R. (March 2025). Predictors of Loneliness and Psychological Distress among College Students who have Experienced Discrimination. Poster presented at the 45th Annual Meeting and Scientific Sessions for the Society for Behavioral Medicine. March 13-16, Philadelphia, PA.
- Jarvis, J.E., Perez, J., Dumford, A.D., Himmelgreen, A.D., Conner, K.O., Stern, M., & Debate, R. (March 2024). Association between a Single Food Insecurity Screening Question and Food Insecurity within Food Insecure College Students. Poster presented at the University of South Florida's Annual Graduate Student Research Symposium, Tampa, FL.
- Chowdhury R, Jarvis, J.E., Hinds K, Perez J, Dumford, A.D., Himmelgreen, A.D., Conner, K.O., Stern, M., & Debate, R. The Lived Experience of College Students Facing Food Insecurity: Recollections of Inequity, Discrimination, and Need. Panel Presentation. The American Anthropological Association Annual Meeting 2024, Tampa FL.
- Bleck, J. & DeBate, R. University-based health and wellness coaching: Comparing the efficacy of staff and peer coaches. American College of Lifestyle Medicine Annual Meeting, 2024. October 27, 2024. Orlando, FL.
- Davari, M, Dumford, A. D., Conner, K., Himmelgreen, D., Stern, DeBate, R. "**Relations between Food Insecurity and Overweight/Obesity Classifications among College Students who Self-Report as Food Insecure**" 46th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, March 26 - March 29, 2025, San Francisco, CA.
- DeBate, R. & Bleck, J. Food-as-Medicine in Action: Impact of a Clinical Food Rx Program on Food Security and Diet. American College of Lifestyle Medicine Annual Meeting, 2025. November 15, Orlando, FL.
- Bleck, J. & DeBate, R. Lifestyle Medicine Program Process and Outcome Monitoring Made Easy. American College of Lifestyle Medicine Annual Meeting, 2025. November 16, Orlando, FL.

DeBate, R, Bleck, J., Templeton J. Personalized Food Rx: Transforming Food-as-Medicine through Digital Health Technology. American College of Lifestyle Medicine Annual Meeting, 2025. November 16, Orlando, FL.

***\*Denotes invited presentation***

## **TEACHING**

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### **University of South Florida, College of Public Health**

#### **GRADUATE COURSES**

PHC 6508	Case Studies in Health Education
PHC 6521	Public Health Nutrition
PHC 6500	Theoretical and Behavioral Basis of Health Education
PHC 6934	Program Planning Methods in Community Health
PHC 7405	Theoretical Foundations of Community and Family Health
PHC 7935	Professional Foundations II: Teaching Methods
PHC 6100	Populations Assessment I
PHC 6145	Translation to Practice
PHC 6589	Health & Wellness Coaching: Core Principles
PHC 6587	Health & Wellness Coaching: Advanced Methods
PHC 6942	Health & Wellness Coaching: Lifestyle Medicine
PHC 7702	Advanced Public Health Research Methods
PHC 7934	Writing for Scholarly Publication

#### **UNDERGRADUATE COURSES**

PHC 4030	Introduction to Epidemiology
PHA 6898	Foundations in Public Health
PHC 4472	Health & Wellness Coaching: Core Methods
PHC 4934	Health & Wellness Coaching: Practicum
PHC 4471	College Peer Health Education
HSC 4933	Lifestyle Medicine

### **Old Dominion University, College of Health Sciences, Department of Community and Environmental Health**

### **Eastern Virginia Medical School, Joint Program in Public Health**

#### **GRADUATE COURSES**

HLSC 600	Principles of Community Health
HLSC 814	Theory in Health Sciences
MPH 722	Methods of Program Evaluation
MPH 768	MPH Practicum A

**University of North Carolina at Charlotte, College of Health and Human Services**  
**Department of Health Behavior and Administration**

**GRADUATE COURSES**

HLED 5130	Applied Nutrition
HLED 6471	Graduate Internship
HLTH 6899	Evaluation of Community Health Programs
HPKD 6153	Worksite Wellness
HPKD 6154	Health Promotion Planning and Evaluation
HPKD 6250	Health Promotion Methods

**UNDERGRADUATE COURSES**

HLED 2160	Nutrition for Health Fitness
HLTH 4290	Epidemiology
HPKD 2101	Healthy Lifestyles
HPKD 3130	Life-Time Weight Management
HPKD 3140	Behavior Change for Health Fitness
HPKD 4660	Practitioner Seminar

**STUDENT COMMITTEES/SUPERVISION**

**University of South Florida, College of Public Health**  
**Department of Community and Family Health**

**DOCTORAL DISSERTATION COMMITTEES**

- Student Name: Guy Cafri, Ph.D. Candidate Psychology  
 Title: Investigating the role of appearance-based factors in predicting sunbathing and tanning salon use  
 Role: Committee Member (J. Kevin Thompson, Chair)  
 Year: 2007-2008
- Student Name: Katherine Kelly, Ph.D. Candidate Anthropology  
 Title: An Anthropological Study: Does Intergenerational Perception of Body Image Satisfaction Lead to Eating Disorders?  
 Role: Committee Member (Nancy Romero-Daza, Chair)  
 Year: 2007-2008
- Student Name: Jennifer Nickelson, Ph.D. Candidate Public Health  
 Title: A modified obesity proneness models in prediction of weight status among high school students  
 Role: Committee Member (Carol Bryant, Chair)  
 Year: 2007-2008
- Student Name: Edgar Amador, Ph.D. Candidate Anthropology  
 Title: Acculturation, stress, and obesity (formal title TBD)  
 Role: Committee Member (David Himmelgreen, Chair)

- Year: 2007-Present
5. Student Name: Elizabeth Danforth, Ph.D. Candidate Anthropology  
Title: How does international nutrition policy reach adolescents at the local level?  
Role: Committee Member (David Himmelgreen, Chair)  
Year: 2007-2011
  6. Student Name: Jason Miller, Ph.D. Candidate Anthropology  
Title: Formal title TBD  
Role: Committee Member (Elizabeth Byrd, Chair)  
Year: 2008-Present
  7. Student Name: John Trainor, Ph.D. Candidate Anthropology  
Title: Formal Title TBD  
Role: Committee Member (David Himmelgreen, Chair)  
Year: 2008-Present
  8. Student Name: Racine Brown, Ph.D. Candidate Anthropology  
Title: An assessment of the co-occurrence of economic and dietary changes in a small island community  
Role: Committee Member (David Himmelgreen, Chair)  
Year: 2009-2013
  9. Student Name: Deborah Cragun, Public Health  
Title: Implementation effectiveness of universal tumor screening for Lynch Syndrome  
Role: Chair  
Year: 2009-Present
  10. Student Name: Amanda Terry, Anthropology  
Title: The Political Economy of Food Security Among Low-Income Mothers: Disentangling the Roles of Class and Race in the U.S. "Foodscape"  
Role: Committee Member (David Himmelgreen, Chair)  
Year: 2009-Present
  11. Student Name: Airia Papodopoulos, Anthropology  
Title: An examination of cultural variation among Black adolescent girls in the perception of obesity and weight-related depression through examining fat stigmatization.  
Role: Committee Member (Roberta Baer, Chair)  
Year: 2010-Present
  12. Student Name: Ethel Serratt, Anthropology  
Title: TBD  
Role: Committee Member (David Himmelgreen, Chair)  
Year: 2010-Present

13. Student Name: Amy Green, Public Health  
Title: TBD.  
Role: Chair (Co-Chair with Bruce Levin)  
Year: 2010-2016
14. Student Name: Judy Syfrett, Public Health  
Title: Identifying Factors for Increasing Enrollment into Clinical Trials for Cancer Treatment  
Role: Committee Member (Ellen Daley, Chair)  
Year: 2010-2016
15. Student Name: Jennifer Bleck, Public Health  
Title: Exploring the Co-Morbidity of ADHD and Eating Disorders in a Nationally Representative Sample  
Role: Chair (Co-Chair with Bruce Levin)  
Year: 2012-2016
16. Student Name: Amy Gatto, Public Health  
Title: TBD  
Role: Chair  
Year: 2016-present
17. Student Name: Blake Barrett, Public Health  
Title: TBD  
Role: Co-Chair with Etienne Pracht  
Year: 2022-Present

### **MASTER THESIS COMMITTEES**

1. Student Name: Claire Bell, Public Health  
Title: Factors that influence nutrition appointment and attendance  
Role: Committee member (Carol Bryant, Chair)  
Year: 2007-2009
2. Student Name: Jenna Brunaugh, Public Health  
Title: Evaluation of the BMI Report Card in Hillsborough, Co  
Role: Chair  
Year: 2009-2010
3. Student Name: Ashley Gallentine, Dual Public Health/Anthropology  
Title: Exploring the Motives, Perceptions and Constructed Identities of the Facilitators for a National Positive Youth Development Program: Girls on the Run  
Role: Chair (Co-Chair with Dr. David Himmelgreen, Anthropology)  
Year: 2012-Present

**HONORS THESIS COMMITTEES**

1. Student Name: Melissa Lewis, BS Political Science Candidate  
Title: An exploration of racial and gender differences in body image and body shape preferences among college students  
Role: Thesis Director  
Year: 2007
  
2. Student Name: Stephanie Hinton, BS Accounting  
Title: A theory-based assessment of vitamin and mineral supplement use among college students  
Role: Thesis Director  
Year: 2008
  
3. Student Name: Demyanna Azer, BS Pre Dental  
Title: Evaluating a web-based program for dental students on secondary prevention of eating disorders.  
Role: Thesis Director  
Year: 2011
  
4. Student Name: Chelsea Russell, BS Political Science  
Title: Assessing the need for mandatory health programming among USF undergraduate college students  
Role: Thesis Director  
Year: 2012
  
5. Student Name: Frank Laga, BS Pre Dental  
Title: Changes in secondary prevention of eating disorders among dental students.  
Role: Thesis Director  
Year: 2012
  
6. Student Name: Christian Berrios, BS Pre Dental  
Title: From Genes to Gums: Exploring the Biological and Behavioral Foundations of Oral Health Disparities in Down Syndrome  
Role: Thesis Director  
Year: 2025
  
7. Student Name: Brandon Lopez  
Title: Evaluating a Clinic-Based Food Prescription Program: Impacts on Metabolic Health, Food Security, and Dietary Behavior in Tampa Bay  
Role: Thesis Director  
Year: 2025

**CAPSTONE PROJECTS**

1. Student Name: Courtney Delmar, MPH  
Title: Relationship between physical activity, body image, and self-esteem among 3-5<sup>th</sup> grade girls  
Role: Faculty Advisor  
Year: 2006
  
2. Student Name: Michael Burke, MPH  
Title: Impacts of a developmentally focused youth sport program for 3<sup>rd</sup> to 5<sup>th</sup> grade girls  
Role: Faculty Advisor  
Year: 2006

**INDEPENDENT STUDIES**

1. Student Name: Suzanne Wright, MPH Candidate  
Title: Public Health Nutrition  
Role: Faculty Advisor  
Year: 2006
  
2. Student Name: Lizbeth Reyes, MPH Candidate  
Title: Case Studies in Health Education  
Role: Faculty Advisor  
Year: 2006
  
3. Student Name: John Trainor, Ph.D. Candidate  
Title: Nutrition and Social Marketing  
Role: Faculty Advisor  
Year: 2007
  
4. Student Name: Cassandra Workman, Ph.D. Candidate  
Title: Nutrition and Social Marketing  
Role: Faculty Advisor  
Year: 2007
  
5. Student Name: Stephanie Melton, Ph.D. Candidate  
Title: Nutrition and Social Marketing  
Role: Faculty Advisor  
Year: 2007

**Old Dominion University, College of Health Sciences**  
**Department of Community and Environmental Health**  
**Eastern Virginia Medical School, Joint Program in Public Health**

**DOCTORAL DISSERTATION COMMITTEES**

1. Student Name: Susan Tweed, Ph.D. Candidate Health Services Research  
Title: Union Supported Worksite Wellness: An application of the Precede/Proceed Model  
Role: Dissertation Committee Chair  
Year: 2006

**MASTER THESIS COMMITTEES**

1. Student Name: Leslie Smith, MS Community Health Graduate Student  
Title: The relationship between the built environment and physical activity among middle school students  
Role: Thesis Committee Chair  
Year: 2005

**CAPSTONE PROJECTS**

1. Student Name: Camilla Buchanan, MPH Graduate Student  
Title: Educational assessment of factors affecting hand washing behaviors of caregivers of children under five years of age in the village of Losho  
Role: Practicum Advisor  
Year: 2005
2. Student Name: Kevin Prince, MPH Graduate Student  
Title: Patient education assessment: Chesapeake General Hospital  
Role: Practicum Advisor  
Year: 2006

**INDEPENDENT STUDIES**

1. Student Name: Ann Marie Kopitzki, Ph.D. Student  
Title: Health Services Research  
One abstract accepted for presentation at the 2005 Annual Meeting of the American Public Health Association  
Role: Faculty Advisor  
Year: 2004-2005
2. Student Name: Yan Zhang, Ph.D. Graduate Health Services Research  
Title: Health Services Research  
One abstract accepted for presentation at the 2005 Annual Meeting of the American Public Health Association  
Role: Faculty Advisor  
Year: 2004-2005

3. Student Name: Camilla Buchanan, MD/MPH Graduate Student  
Title: Program planning and evaluation of a public health program for the Maasi  
Role: Independent Study Mentor  
Year: 2005-2006

**University of North Carolina at Charlotte, College of Health and Human Services**  
**Department of Health Behavior and Administration**

**MASTER THESIS COMMITTEES**

1. Student Name: Holly Wethington, MSPH  
Title: Eating Attitudes, Body Image, and Nutrient Intake in Female Triathletes  
Role: Thesis Committee Chair  
Defense Year: 2000
2. Student Name: S. Leigha Jordan, MSPH  
Title: Body Mass Index and Blood Pressure among Preschoolers  
Implementation of University Demand Management Program  
Role: Thesis Committee Member and Research Preceptor  
Defense Year: 2000
3. Student Name: M.K. Knollmeyer, MSPH  
Title: The Effect of Chair Massage on the Perception of Stress by Hospital Bedside Nurses  
Role: Thesis Committee Chair  
Defense Year: 2004

**CAPSTONE PROJECTS**

1. Student Name: Susan Bailey, MSPH  
Title: Planned and developed Charlotte Area Worksite Wellness Resource Network website  
Role: Capstone Project Preceptor and Faculty Advisor  
Year: 1998-1999
2. Student Name: Jessica Ellis, MSPH  
Title: Charlotte Worksite Wellness Website: Charlotte Area Worksite Health Promotion Resource Network  
Conducted qualitative research analysis of focus groups, planned, and developed Charlotte Area Worksite Wellness Resource Network website  
Role: Capstone Project Preceptor and Faculty Advisor  
Year: 1998-1999
3. Student Name: Camina Davis, MSPH  
Title: IMAGES: Issues Most Adolescent Guys and Girls Encounter in Society  
Role: Capstone Project Preceptor and Faculty Advisor  
Year: 2002-2003
4. Student Name: Audrea Moten, MSPH

Title: Soy Latinas  
 Role: Capstone Project Preceptor and Faculty Advisor  
 Year: 2003

5. Student Name: Toshia Davis, MSPH  
 Title: LEAP: Lifestyle Enhancement and Physical Activity among African American Women  
 Role: Capstone Project Preceptor and Faculty Advisor  
 Year: 2003

#### **OTHER ROLES**

1. Student Name: Liz Fassett, MSPH  
 Title: Research preceptor for grant entitled, "Implementation of University Demand Management Program"  
 Role: Faculty Advisor and Research Preceptor  
 Year: 2000
2. Student Name: Takiyya McKaskill, Undergraduate Student  
 Title: Eating and Exercise Attitudes and Beliefs Among African American College Students  
 Role: UNC Charlotte McNair Scholars Mentor  
 Year: 2001
3. Student Name: Tamara Wathington, Undergraduate Student  
 Title: Body-Image Perceptions Among African American College Students  
 Role: UNC Charlotte McNair Scholars Mentor  
 Year: 2002
4. Student Name: Angel Roberts, MSPH  
 Title: Research preceptor for NIH grant entitled, "Eating Disorders and Dental Practitioners"  
 Research preceptor for grant entitled, "Evaluation of Girls on the Run"  
 Role: Faculty Advisor and Research Preceptor  
 Year: 2003
5. Student Name: Nicole Dowsett, MSPH  
 Title: Research preceptor for grant entitled, "Disordered Eating Patterns in Female Triathletes: A Theoretically Based Exploration of its Causes"  
 Research preceptor for "Evaluation of Strive for 5"  
 Role: Faculty Advisor and Research Preceptor  
 Year: 2003
6. Student Names: Lakeshia Anders, Sophia Jordan-Marshall, Shelly Kay, MSPH Students  
 Title: Abstract entitled, "I Am My Sister's Keeper," accepted for presentation at 2003 American Public Health Association Meeting  
 Role: Faculty Advisor

- Year: 2003
7. Student Names: Vanessa Perry, Arylette Brown, Antoinette Smith, MSPH and Ph.D. Students  
 Title: Abstract entitled, "Let's Talk About Sex," accepted for presentation at 2003  
 American Public Health Association Meeting  
 Role: Faculty Advisor  
 Year: 2003

## **SERVICE**

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### **University Service**

#### **Department of Community & Family Health**

- 2006-2009 Co-Chair: Curriculum Committee  
 2006-2016 Member: Health Education Concentration Committee  
 2009-2011 Chair: Curriculum Committee  
 2009-2013 Graduate Coordinator  
 2009-2012 Elected Member: Appointment, Promotion, and Tenure Committee  
 2025-Present Member: Curriculum Committee

#### **College of Public Health**

- 2024-Present Chair, Faculty Affairs Committee  
 2024 Elected Member: Faculty Affairs Committee  
 2021-2023 Member: Strategic Planning Committee  
 2023-Present Concentration Lead: Health Promotion & Behavior  
 2006-2016 Member: Curriculum Committee  
 2010-2011 Chair: Competency Committee for CEPH self-study  
 2011-2014 Director of Doctoral Programs  
 2012-2014 Chair: Curriculum Committee

#### **University of South Florida**

- 2017 USF Strategic Planning Committee  
 2016-2019 Campus Leadership Council  
 2007-2010 Publications Council, USF Faculty Senate  
 2011-2014 USF Faculty Senate--College of Public Health Representative  
 2013 Member: Review Committee USF Department of Wellness  
 2013-2014 Member: USF Exercise is Medicine Committee  
 2014-2020 Chair, Healthy Campus 2020 Coalition

#### **Professional Service**

- 1996 Advisory Board Member, Life Systems of Hilton Head, South Carolina  
 2004-2005 Abstract Chair for 2005 Annual Meeting of the American Academy of Health Behavior  
 2005-2006 Program Director, Virginia Public Health Association 2005 Annual Meeting  
 2006-Present Board Member, American Academy of Health Behavior

2000-Present	Ad Hoc Reviewer, American Journal of Health Behavior
2002-Present	Ad Hoc Reviewer, Health Promotion Practice
2002-Present	Ad Hoc Reviewer, Journal of Eating and Weight Behaviors
2005-Present	Ad Hoc Reviewer, Body Image: An International Journal of Research
2004-Present	Co-Chair, Males and Eating Disorders Special Interest Group, Academy for Eating Disorders
2005-Present	Co-Editor, American Academy of Health Behavior Newsletter
2006-Present	Ad Hoc Reviewer, American Journal of Health Education
2007-2010	Member: Academy for Eating Disorders Website Committee
2007-2010	Continuing Education Coordinator and member of Website Committee, Academy for Eating Disorders
2007-2011	Member, Physical Activity Policy Research Network
2008	Program Chair, 10 <sup>th</sup> Annual Meeting of the American Academy of Health Behavior
2011	Elected Treasurer, American Academy of Health Behavior
2012	Elected President, American Academy of Health Behavior
2017-2021	Editor-in-Chief Health Behavior Research
2021-Present	Editorial Board, Health Behavior Research
2022-Present	Member-at-large, Health Education Leadership Board, American College Health Association

### **Community Service**

1996-1998	Program Developer and Facilitator: "Pace the Nation"--a fitness program involving faculty, staff and students. Savannah, GA
2000-2002	Board Member: Kinetic Works of Charlotte, North Carolina
2002-2004	Board Member and Co-Chair Career Compass Program Advisory Committee, ADA Jenkins Center of Charlotte, North Carolina
2004-2006	Founding board member, <i>Girls on the Run Hampton Roads (VA)</i>
2007	Co-Founder: <i>Girls on the Run Greater Tampa Bay</i>
2007-2009	Mentor: Young Women's Leadership Board for Ophelia Project of Tampa, Florida
1986-2010	Nationally Certified Aerobics Instructor
2000-2014	Evaluator, <i>Girls on the Run International</i>
2006-Present	Tampa Bay Eating Disorders Task Force, Tampa, Florida
2008-Present	Research Task Force: Tampa Bay Girls Network
2010-2012	Board Member: Frameworks (formerly known as Ophelia Project) Tampa, Florida
2012-2014	Interim Council Director: <i>Girls on the Run Greater Tampa Bay</i>
2014-2017	Board Member: <i>Girls on the Run Greater Tampa Bay</i>
2022-present	Board Member: Tampa WELL

### **PROFESSIONAL MEMBERSHIPS**

1998-2004	North Carolina Society of Public Health Educators
2004-2006	Virginia Public Health Association
1994-Present	American Public Health Association

1995-Present	Society of Public Health Educators
1996-2013	CHES
2021-Present	American Mental Health Counselors Association
2021-Present	Suncoast Mental Health Counselors Association
2001-Present	American Academy of Health Behavior
2001-Present	Eating Disorder Research Society
2001-Present	Academy of Eating Disorders
2007-Present	Florida Public Health Association
2011-Present	Society of Behavioral Medicine
2016-Present	American College Health Association
2016-Present	NASPA
2021-Present	American College of Lifestyle Medicine

## REFERENCES

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Available upon request.