

Sarah E. Dickinson, Ph.D.

University of South Florida

Department of Pediatrics, Section of Child Development, Assistant Professor

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CITIZENSHIP

United States

LANGUAGES

English

EDUCATION

2012-2013

B.S. Psychology, Educational Studies Minor

Cum Laude

University of Florida, Gainesville, FL

2014-2019

Ph.D., School Psychology

University of South Florida, Tampa, FL

2018-2019

Predocotrinal Internship

Illinois School Psychology Internship Consortium, APA Accredited, APPIC Approved, Eldorado, IL

POST-GRADUATE TRAINING

2019-2021

Postdoctoral Fellowship, Pediatric Psychology

Department of Pediatrics, University of South Florida, St. Petersburg, FL

BOARD CERTIFICATION AND LICENSURE

2021-Present

Florida Licensed Psychologist

Florida License PY 11003

2022-Present

Nationally Certified School Psychologist

National Association of School Psychologists

Certification #63582

AWARDS, HONORS, HONORARY SOCIETY MEMBERSHIPS

2012

Golden Key Honor Society – University of Florida Chapter

2013

Psi Chi Honor Society – University of Florida Chapter

2014

Phi Beta Kappa Society – University of Florida Chapter

2014-2015	Tutwiler Fellowship (\$4,000)
2017	Dr. Tom Oakland Research Award (\$250)
2017	National Association of School Psychologists Graduate Student Research Grant (\$1,000)

APPOINTMENTS

2014-2018	Graduate Research Assistant Department of Educational and Psychological Studies University of South Florida Tampa, FL
2020-2023	Adjunct Graduate Instructor Department of Educational and Psychological Studies University of South Florida Tampa, FL
2021-Present	Assistant Professor Department of Pediatrics University of South Florida Tampa, FL
2024-Present	Psychology Internship Director APA-Accredited & APPIC-Approved USF Health Doctoral Internship in Professional Psychology University of South Florida Tampa, FL

ADVANCED CLINICAL AND RESEARCH CONTINUING EDUCATION

2014	Florida Problem Solving/Response to Intervention Certification (8 hours; Florida PS/RTI Project, Tampa, FL)
2015	Youth Mental Health First Aid Certification (8 hours; Florida Project AWARE, Tampa, FL)
2016-2017	Parent-Child Interaction Therapy Therapist Training (40 hours; University of South Florida Rothman Center, St. Petersburg, FL)
2017	Cognitive Processing Therapy Web Certification (9 hours; Medical University of South Carolina, Charleston, SC)

- 2018 Managing and Adapting Practices Therapist Training (16 hours; Egyptian Health Department, Eldorado, IL)
- 2019 Administration of the Autism Diagnostic Observation Schedule (16 hours; Vanderbilt Kennedy Center, Nashville, TN)
- 2019 Trauma-Focused Cognitive Behavioral Therapy Therapist Training (26 hours; Southern Illinois Violence Prevention Initiative, Carbondale, IL)
- 2023 Grief and Trauma Intervention for Children Training (8 hours; University of South Florida, Tampa, FL)

TEACHING**Graduate Medical**

2021-Present HOT DOCS & DOCS K-5

Undergraduate

2017 SOP 4744 – Women’s Mental Health
Department of Psychology, USF Undergraduate Psychology Majors, 6 hours weekly

Graduate School Psychology Clinical Instruction

- 2020-2023 EDG 7931 – Cognitive Therapy with Children and Adolescents
Department of Educational and Psychological Studies, USF School Psychology Doctoral Students, 3 hours weekly
- 2020-2023 EDG 7931 – Advanced Practicum in Cognitive Therapy with Children and Adolescents
Department of Educational and Psychological Studies, USF School Psychology Doctoral Students, 3 hours weekly
- 2020-2023 SPS 7701 – Advanced Practicum in Child and Adolescent Psychotherapy
Department of Educational and Psychological Studies, USF School Psychology Doctoral Students, 3 hours weekly

Resident and Psychology Doctoral Internship Lectures

Spring 2021 *Special Education, Multi-Tiered System of Supports, and Evaluation Processes*
Pediatric Residents
Academic Half Day, University of South Florida

- Spring 2022 *Bullying in Childhood and Adolescence.*
Pediatric Psychology Interns and Psychiatry Residents
Weekly Didactics, University of South Florida
- Fall 2022 *Trauma-Informed Assessment*
Pediatric Psychology Interns and Psychiatry Residents
Weekly Didactics, University of South Florida
- Fall 2022 *Trauma-Focused Cognitive Behavioral Therapy*
Pediatric Psychology Interns and Psychiatry Residents
Weekly Didactics, University of South Florida
- Fall 2022 *Smart Start: Parenting Tools for Children with Developmental Delay,
Social-Emotional Concerns, and Trauma*
Pediatric Psychology Interns and Psychiatry Residents
Weekly Didactics, University of South Florida
- Spring 2023 *Bullying in Childhood and Adolescence.*
Pediatric Psychology Interns and Psychiatry Residents
Weekly Didactics, University of South Florida
- Fall 2023 *Recognizing Fatigue: Refueling Your Mental Health*
Pediatric Residents
Academic Half Day, University of South Florida
- Fall 2023 *IEP and 504 Plans*
Pediatric Psychology Interns and Psychiatry Residents
Weekly Didactics, University of South Florida
- Spring 2024 *Assessment of Anxiety*
Pediatric Psychology Interns and Psychiatry Residents
Weekly Didactics, University of South Florida
- Spring 2024 *Working with LGTBTQI+*
Pediatric Psychology Interns and Psychiatry Residents
Weekly Didactics, University of South Florida
- Fall 2024 *Mental Health Comorbidities with Pediatric Obesity*
Pediatric Residents
Academic Half Day, University of South Florida

Medical Student Directed Research

Name	Academic Program	Dates
Amornrat (Joy) Sawangkum	College of Medicine, University of South Florida	June 2022-March 2023
Sarah Commaroto	College of Medicine, SELECT Program, University of South Florida	February 2023-Present

Graduate Psychology Doctoral Internship Instruction

Fall 2021-Present Internship Supervisor for HOT DOCS/DOCS K-5 Rotation

Name	Academic Program	Dates
Courtney Ball, M.A.	Clinical Psychology, Pacific University	August 2021-July 2022
Lauren Gispert, M.S.	Clinical Psychology, Nova Southeastern University	August 2021-July 2022
Tyler McCoy, M.S.	School Psychology, Nova Southeastern University	August 2022-July 2023
Leanna Rosinski, M.A.	Clinical Psychology, Northern Illinois University	August 2022-July 2023
Katrina Scarimbolo, M.A.	School Psychology, University of South Florida	August 2022-July 2023
Tiffany Dangleben, M.S.	School Psychology, North Carolina State University	August 2023-present
Julia Jordan, M.A.	Clinical Psychology, Chicago School of Professional Psychology	August 2023-present
Dhara Patel, M.A.	Clinical Psychology, University of Indianapolis	August 2023-present

INVITED LECTURES

1. **Dickinson, S.** (2018, September). *Trauma in childhood: Effects on the mind and body*. Prepared for the Court Appointed Special Advocates (CASA), Harrisburg, IL.
2. **Dickinson, S.** (2018, October). *Multi-tiered system of supports (MTSS)*. Presented at the Regional Office of Education Conference, Eldorado, IL.
3. **Dickinson, S., & Lacey, H.** (2018, December). *LEADS: For youth (Linking Education and Awareness of Depression and Suicide)*. Presented at the Illinois School Psychology Internship Consortium Intervention Showcase, Normal, IL.

4. **Dickinson, S.** (2019, June). *Building trauma-informed learning environments*. Presented at the Regional Office of Education Summer Academy, Norris City, IL.
5. Agazzi, H., & **Dickinson, S.** (2019, December). *Physician guide to Section 504 Plans and Individualized Education Plans for students with special needs*. Presented at USF Pediatrics Grand Rounds, Tampa, FL.
6. **Dickinson, S.** (2021, December). *Bullying in childhood and adolescence: A physician's guide to understand and respond*. Presented at USF Pediatrics Grand Rounds, Tampa, FL.
7. **Dickinson, S.**, Small, B., Ehrenreich-May, J., & Lewin, A. (2022, September). *Unified Protocol to help emotions and promote auditory relief (U-HEAR)*. Presented at Misophonia Research Fund annual meeting, Chicago, IL.
8. **Dickinson, S.** (2022, November). *Trauma-informed and evidence-based approaches to parenting during COVID-19*. Panel discussion presented at the annual conference of the Association for Behavioral and Cognitive Therapies, New York, NY.
9. Plant, R. M., Lafnitzegger, A., & **Dickinson, S.** (2023, March). *Pediatric mental health: Now and moving forward*. Presented at USF Pediatrics Grand Rounds, Tampa, FL.

SPONSORED RESEARCH AND CONTRACTS

A. Current Grants

Agency: Children's Board of Hillsborough County
 I.D. #: 6119154600
 Title: Trauma Informed Schools: Tiered Interventions
 P.I.: Heather Agazzi Ph.D., M.S.
 Role on Project: Co-Principal Investigator
 Percent Effort: 50%
 Total Award: \$1,366,219 to date
 Project Period: 07/2023-Present

Agency: Children's Board of Hillsborough County
 I.D. #: 6119153000
 Title: HOT DOCS & DOCS K-5
 P.I.: Heather Agazzi Ph.D., M.S.
 Role on Project: Co-Principal Investigator

Percent Effort: 40%
Total Award: \$679,227 to date
Project Period: 10/2022-Present

B. Completed Contracts

Agency: Early Childhood Council
I.D.#: N/A
Title: Smart Start: Inclusion Support Services Cohort
P.I.: Sarah Dickinson, Ph.D.
Role on Project: Principal Investigator
Percent Effort: 5%
Total Award: \$7,074.00
Project Period: 10/2022-09/2023

PUBLICATIONS

Peer-Reviewed Publications

Journal Publications

1. Mendez, L. M. R., **Dickinson, S.**, Esposito, E., Connolly, J., & Bonilla, L. (2017). Common themes in the life stories of unaccompanied homeless youth in high school: Implications for educators. *Contemporary School Psychology, 22*(3), 332-343.
2. Boylston, A., Raffaele Mendez, L. M., Dedrick, R., **Dickinson, S.**, Wingate, E., & Hanks, C. (2018). Early elementary teacher ratings of behavior as predictors of grade retention: Gender, race, and SES as potential moderators. *Psychology in the Schools, 55*(10), 1171-1187.
3. **Dickinson, S.**, & Agazzi, H (2019). A father with posttraumatic stress disorder and a son with autism spectrum disorder: A Parent-Child Interaction Therapy case study. *Military Behavioral Health, 7*(3), 345-353.
4. **Dickinson, S.**, Shaffer-Hudkins, E., & Raffaele Mendez, L. M. (2020). Treatment for challenging behaviors: Are IDEA Part C interventionists using functional interventions?. *Journal of Early Intervention, 42*(1), 31-48.
5. Lewin, A. B., **Dickinson, S.**, Kudryk, K., Karlovich, A., Gruen, R., Small, B., & Ehrenreich-May, J., (2021). Transdiagnostic cognitive behavioral therapy for misophonia in youth: Methods for a clinical trial and four pilot cases. *Journal of Affective Disorders, 291*(2021), 400-408.

6. **Dickinson, S.**, Agazzi, H., Shaffer-Hudkins, E., & Ferron, J. (2021). Smart Start: A feasible intervention for young children with disabilities and trauma. *Journal of Public Child Welfare, 16*(3), 402-426. doi.org/10.1080/15548732.2021.1896625
7. Agazzi, H., Hayford, H., Thomas, N., **Dickinson, S.**, Ortiz, C., & Salinas-Miranda, A. (2022). Pandemic parenting: A nonrandomized trial of in-person versus internet-DOCS K-5 for caregivers of school-age children with disruptive behaviors. *Clinical Child Psychology and Psychiatry, 27*(3), 569-585. https://doi.org/10.1177/13591045221096313
8. Lewin, A. B., Murphy, T. K., Mink, J. W., Small, B. J., Adams, H. R., Brennan, E., Augustine, E. F., Vermilion, J., Vierhile, A., Collins, A., Kudryk, K., **Dickinson, S.**, Danielson, M. L., & Bitsko, R. H. (2023). Brief youth self-report screener for tics: Can a subscale of the Motor tic, Obsession and compulsion, and Vocal tic Evaluation Survey (MOVES) identify tic disorders in youth?. *Evidence-Based Practice in Child and Adolescent Mental Health, 9*(2), 181-191. https://doi.org/10.1080/23794925.2023.2191354
9. Lewin, A. B., Milgram, L., Cepeda, S. L., **Dickinson, S.**, Bolen, M., Kudryk, K., Bolton, C., Karlovich, A. R., Grassie, H. L., Kangavary, A., Harmon, S. L., Guzick, A., & Ehrenreich-May, J. (2024). Clinical characteristics of treatment-seeking youth with misophonia. *Journal of Clinical Psychology, 80*(6), 1405-1419. https://doi.org/10.1002/jclp.23672
10. Lewin, A. B., Brennan, E., Small, B., Bolton, C., **Dickinson, S.**, & Murphy, T. K. (2024). Development of a tic screener: The Motor or Vocal Inventory of Tics (MOVEIT-14). *Evidence-Based Practice in Child and Adolescent Mental Health, 9*(2), 205-215. https://doi.org/10.1080/23794925.2024.2324769

Invited Publications

1. Agazzi, H., **Dickinson, S.**, & Plant, R. (2022). Helping Our Toddlers, Developing Our Children's Skills: Innovative behavioral management training for pediatric residents. *Advances in Pediatrics, 69*(1), 13-21. doi.org/10.1016/j.yapd.2022.03.007

Publications Under Review

1. McCoy, T., **Dickinson, S.**, & Agazzi, H. (2023). *One is good, but are two really better? Outcomes for dual versus single attendees in the HOT DOCS parent-training program.* Manuscript submitted for publication.
2. **Dickinson, S.**, Rosinski, L., & Agazzi, H. (2023). *Addressing early childhood disruptive behavior and parenting stress through group behavioral parent training: Effects of socioeconomic risk and homework completion.* Manuscript submitted for publication.

OTHER PUBLICATIONS

Publications in Newsletters and Other Outlets

1. Suldo, S. M., Hearon, B. V., **Dickinson, S.**, Esposito, E., Wesley, K. L., Lynn, C., & Lam, G. Y. H. (2015). Adapting positive psychology interventions for use with elementary school children. *Communiqué*, 43(8), 4-8.

ABSTRACT PRESENTATIONS (peer reviewed)

National Oral Presentations

1. Suldo, S., Hearon, B., McCullough, M., Lam, G. Y. H., **Dickinson, S.**, Esposito, E., Lynn, C., & Wesley, K. (2016, February). *Targeting evidence-based positive psychology interventions to improve students' happiness*. Mini-skills session presented at the annual conference of the National Association of School Psychologists, New Orleans, LA.
2. Esposito, E., **Dickinson, S.**, Mariano, J. M., & Moran, S. (2016, February). *Service-learning: A catalyst for youth purpose*. Paper presented at the annual conference of the National Association of School Psychologists, New Orleans, LA.
3. **Dickinson, S.**, Raffaele Mendez, L. M., & Esposito, E. (2017, February). *Fostering success for impoverished and homeless youth: Building trauma-informed schools*. Paper presented at the National Association of School Psychologists annual conference, San Antonio, TX.
4. Wingate, E., Suldo, S., Shum, K. Z., Tan Wei Shur, R., Storey, E., & **Dickinson, S.** (2018, February). *Improving children's positive mental health within an MTSS framework*. Paper presented at the annual conference of the National Association of School Psychologists, Chicago, IL.
5. Raffaele Mendez, L. M., & **Dickinson, S.** (2018, February). *Applications of dialectical behavior therapy in schools*. Mini skills session presented at the annual conference of the National Association of School Psychologists, Chicago, IL.
6. **Dickinson, S.**, Harbor, R., O'Brennan, L., & Raffaele Mendez, L. M. (2018, February). *Cognitive Behavioral Intervention for Trauma in Schools: A field application*. Paper presented at the annual conference of the National Association of School Psychologists, Chicago, IL.

7. **Dickinson, S.**, Agazzi, H., & Shaffer-Hudkins, E. (2019, February). *Smart Start: Trauma-informed parenting made easy*. Paper presented at the annual conference of the National Association of School Psychologists, Atlanta, GA.
8. **Dickinson, S.**, & Agazzi, H. (2021, August). *Smart Start: An inclusive adaptation of PCIT in Early Intervention Settings*. Paper presented at the Parent-Child Interaction Therapy biennial convention, virtual location.
9. **Dickinson, S.**, Bolton, C., Kudryk, K., Bolen, M., Small, B., Ehrenreich-May, J., & Lewin, A. (2022, November). *Transdiagnostic treatment for youth with misophonia, U-HEAR: Unified Protocol to help emotions and promote auditory relief*. Symposia session presented at the annual conference of the Association for Behavioral and Cognitive Therapies, New York, NY.

Regional Oral Presentations

1. Raffaele Mendez, L. M., Randle, C., Ornduff, R., Lam, G. Y. H., Delach, T., Esposito, E., **Dickinson, S.**, & Mulrenin, S. (2014, November). *Helping youth develop emotion regulation skills: Practical strategies for schools*. Mini skills session presented at the annual conference of the Florida Association of School Psychologists, Sarasota, FL.
2. Silvestri, B. B., Arney, L., McBrien, J. L., Moran, S. Mariano, J. M., Esposito, E., & **Dickinson, S.** (2015, February). *How service-learning can instill in youth purposes to transform society*. Symposium session presented at the annual conference of the Eastern Educational Research Association, Sarasota, FL.
3. Suldo, S., Hearon, B., McCullough, M., Lam, G. Y. H., **Dickinson, S.**, Esposito, E., Lynn, C., & Wesley, K. (2015, October). *Increasing students' happiness: Small group positive psychology interventions*. Mini skills session presented at the annual conference of the Florida Association of School Psychologists, Orlando, FL.
4. **Dickinson, S.**, Esposito, E., Mariano, J. M., & Moran, S. (2015, October). *Using service-learning to promote youth purpose*. Paper presented at the annual conference of the Florida Association of School Psychologists, Orlando, FL.
5. Mattison, A., Raffaele Mendez, L. M., Hanks, C., Wingate, E., **Dickinson, S.**, & Bonilla, L. (2016, November). *Early elementary teacher ratings of classroom behavior and disproportionality*. Paper presented at the annual conference of the Florida Association of School Psychologists, Palm Harbor, FL.

6. **Dickinson, S.**, Hernandez Gonzalez, O., Kauk, N., & LaRosa, K. (2016, November). *Child abuse and neglect: Implications for school psychologists*. Paper presented at the annual conference of the Florida Association of School Psychologists, Palm Harbor, FL.
7. **Dickinson, S.**, Esposito, E., & Raffaele Mendez, L. M. (2016, November). *Opening doors for impoverished and homeless youth: Trauma informed approaches*. Paper presented at the annual conference of the Florida Association of School Psychologists, Palm Harbor, FL.
8. **Dickinson, S.**, Raffaele Mendez, L. M., & Shaffer-Hudkins, E. (2016, November). *Behavior interventions at Early Steps: Implications for school psychologists*. Paper presented at the annual conference of the Florida Association of School Psychologists, Palm Harbor, FL.
9. Raffaele Mendez, L. M., & **Dickinson, S.** (2017, November). *Dialectical behavior therapy: Applications in schools*. Mini skills session presented at the annual conference of the Florida Association of School Psychologists, Daytona Beach, FL.
10. **Dickinson, S.**, Harbor, R., O'Brennan, L., & Raffaele Mendez, L. M. (2017, November). *Cognitive Behavioral Intervention for Trauma in Schools: Lessons learned*. Paper presented at the annual conference of the Florida Association of School Psychologists, Daytona Beach, FL.
11. **Dickinson, S.**, Agazzi, H., & Shaffer-Hudkins, E. (2018, June). *Smart Start in action: A review of a manualized approach to early intervention for trauma and challenging behavior*. Workshop presented at the annual Early Childhood Conference, Tampa, FL.
12. Agazzi, H., & **Dickinson, S.** (2024, May). *Trauma-informed schools: Tiered interventions*. Workshop presented at the annual PACES conference, Tampa, FL.

Poster Presentations

1. Agazzi, H., **Dickinson, S.**, Shaffer-Hudkins, E., Salloum, A. (2017, March). *Trauma-informed behavioral parenting*. Poster presented at the 30th Annual Research and Policy Conference on Child, Adolescent, and Young Adult Behavioral Health, Tampa, FL.

2. **Dickinson, S.**, Agazzi, H., Shaffer-Hudkins, E., & Salloum, A. (2017, November). *Smart Start for trauma: A pilot study*. Poster presented at the annual conference of the Florida Association of School Psychologists, Daytona Beach, FL.
3. **Dickinson, S.**, Agazzi, H., Shaffer-Hudkins, E., & Salloum, A. (2018, February). *Smart Start for trauma: Findings from a pilot study*. Poster presented at the annual conference of the National Association of School Psychologists, Chicago, IL.
4. **Dickinson, S.**, Shaffer-Hudkins, E., & Agazzi, H. (2019, August). *Smart Start: An adaptation of PCIT in early intervention settings*. Poster presented at the biennial Parent-Child Interaction Therapy convention, Chicago, IL.
5. Gispert, L., **Dickinson, S.**, & Agazzi, H. (2022, February). *Homework completion rates in a behavioral parent training: The influence of socioeconomic status*. Poster presented at the annual USF Health research day, Tampa, FL.
6. Patrusky, L., Agazzi, H., & **Dickinson, S.** (2022, February). *Practice makes perfect: The impact of weekly text-based homework reminders on parent homework adherences in the HOT DOCS behavior management program*. Poster presented at the annual USF Health research day, Tampa, FL.
7. Scarimbolo, K., Agazzi, H., & **Dickinson, S.** (2022, February). *Integrated behavioral health care: Trends and best practices in patient centered care*. Poster presented at the annual USF Health research day, Tampa, FL.
8. Agazzi, H., Hayford, H., Thomas, N., **Dickinson, S.**, Ortiz, C., & Salinas-Miranda, A. (2022, August). *Pandemic parenting: DOCS K-5 programs for caregivers of school-age children with disruptive behavior*. Poster presented at the annual convention of the American Psychological Association, Minneapolis, MN.
9. **Dickinson, S.**, Agazzi, H., & Plant, R. (2022, August). *Promoting interdisciplinary behavioral healthcare: Models for training resident physicians*. Poster presented at the annual convention of the American Psychological Association, Minneapolis, MN.
10. Andrews, J. L., **Dickinson, S.**, & Agazzi, H. (2023, March). *Investigating referral source trends for a Behavioral Parent Training Program*. Poster presented at the annual USF Health research day, Tampa, FL.

11. Rosinski, L., **Dickinson, S.**, Agazzi, H. (2023, March). *Socioeconomic risk and intervention effects on child disruptive behavior: Mediation by homework completion*. Poster presented at the annual USF Health research day, Tampa, FL.
12. McCoy, T., **Dickinson, S.**, & Agazzi, H. (2023, March 3). *Is two better than one? Differences in outcomes for dual versus single HOT DOCS attendees*. Poster presented at the annual USF Health research day, Tampa, FL.
13. Sawangkum, A., **Dickinson, S.**, & Agazzi, H. (2023, March 3). *Do satisfaction rates differ by race among caregivers who attended a parent management training program?* Poster presented at the annual USF Health research day, Tampa, FL.
14. Patrusky, L., Rosinski, L., Agazzi, H., **Dickinson, S.**, & Smith, N. (2023, March 3). *Case study: Adaptations and modifications to Parent-Child Interaction Therapy for a caregiver and child diagnosed with Autism Spectrum Disorder*. Poster presented at the annual USF Health research day, Tampa, FL.

SERVICE

Editorial Service

2020-Present Ad Hoc Reviewer *Journal of Child and Family Studies*

2020-2021 Ad Hoc Reviewer *Child Psychiatry and Human Development*

University Committee Assignments

2022-Present USF Psychology Internship Social Committee Chair

PROFESSIONAL MEMBERSHIPS AND ACTIVITIES

Memberships

2014-Present National Association of School Psychologists (NASP)

2014-2019 Florida Association of School Psychologists (FASP)

2021-Present American Psychological Association (APA)

2019-Present American Psychological Association Division 53 (APA)

2015-2016 International School Psychology Association (ISPA)

2022-Present Florida Institute for Child Welfare Research Affiliate (FICW)

Revision date: September 5, 2024