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Department of Pediatrics, Division of Neurology
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EDUCATION

Universidad Technologica De Santiago 1996-1999
Santo Domingo, Dominican Republic
Doctor of Medicine

POSTGRADUATE TRAINING

Sleep Disorder Institute, New York Medical College 2008-2009
New York, NY
Fellowship in Sleep Medicine

SUNY Downstate Medical Center, State University of New York 2007-2008
Brooklyn, NY
Fellowship in Clinical Neurophysiology (EEG track)

SUNY Downstate Medical Center, State University of New York 2004-2007
Brooklyn, NY
Fellowship in Pediatric Neurology

Lincoln Medical Center at Cornell University 2002-2004
Bronx, NY
Residency in Pediatrics

BOARD CERTIFICATION AND LICENSURE

American Board of Psychiatry and Neurology 2010-present
with Special Qualification in Child Neurology

American Board of Psychiatry and Neurology - Sleep Medicine

2015-present

Board Eligible in Clinical Neurophysiology (Epilepsy)

Board Eligible in Pediatrics

AWARDS AND HONORS

Top Doctor's List
Tampa Magazine
Pediatric Neurology

2022, 2021, 2020,
2019

Best Fellow in Pediatric Neurology
Downstate Medical Center, (SUNY)State University of New York
Brooklyn, NY

2006

Best Resident in Pediatrics
Lincoln Medical Center at Cornell University
Bronx, NY

2003

APPOINTMENTS

- **Academic**

Associate Professor
University of South Florida, Morsani College of Medicine
Tampa, FL

Jan 2022 -
Present

Assistant Professor
University of South Florida, Morsani College of Medicine
Tampa, FL

2016-2022

Assistant Professor
Carle Foundation Hospital, University of Illinois
Urbana-Champaign, IL

2011-2015

Clinical Instructor
New York-Presbyterian Medical Group-NY Methodist Hospital
Brooklyn, NY

2009-2011

- **Administrative**

Associate Program Director, Sleep Medicine Fellowship 2020-present
Department of internal Medicine
University of South Florida, Morsani College of Medicine
Tampa, FL

Division Chief, Pediatric Neurology 2018-present
Department of Pediatrics
University of South Florida, Morsani College of Medicine
Tampa, FL

Director, Pediatric Sleep Medicine 2017-present
Department of Pediatrics
University of South Florida, Morsani College of Medicine
Tampa, FL

Director, Pediatric Sleep Medicine 2017-present
Tampa General Hospital
Tampa, FL

Assistant Director, Pediatric Neurology 2009-2011
New York-Presbyterian Medical Group-NY Methodist Hospital
Brooklyn, NY

- **Hospital**

Attending Physician 2017-present
Advent Health
Tampa, FL

Attending Physician 2016-present
Tampa General Hospital
Tampa, FL

Attending Physician 2011-2015
Carle Foundation Hospital, University of Illinois
Urbana-Champaign, IL

Attending Physician 2009-2011
New York-Presbyterian Medical Group-NY Methodist Hospital
Brooklyn, NY

TEACHING

- **Undergraduate Medical Education (Students)**

Medical students-3rd and 4th year 2016-present
Pediatric Specialty Clerkship
Faculty Preceptor
1 student per month
Outpatient clinics
USF Morsani College of Medicine
Tampa, FL

Medical students -3rd and 4th year 2016-present
Neurology Clerkship
Faculty Preceptor
1 student per month
Outpatient clinics
USF Morsani College of Medicine
Tampa, FL

Physician assistant students 2016-present
Specialty Clinical Training
Faculty Preceptor
1 student per month
Outpatient clinics
USF Morsani College of Medicine
Tampa, FL

Medical students- 3rd and 4th year 2011-2015
Neurology Clerkship
Faculty Preceptor
1 student per month
Carle Foundation Hospital, University of Illinois
Urbana-Champaign, IL

Medical students- 3rd and 4th year 2009-2011
Neurology Clerkship
Faculty Preceptor
1 student per month
New York-Presbyterian Medical Group-NY Methodist Hospital
Brooklyn, NY

- **Graduate Medical Education (Residents)**

Pediatric Neurology Clinical rotations Faculty Preceptor 1 adult neurology resident per 3 weeks; 12 residents per year Outpatient clinics and in-patient consults USF Morsani College of Medicine Tampa, FL	2019-present
Pediatric Neurology Clinical rotations Faculty Preceptor 3-4 pediatric residents a year Outpatient clinics and in-patient consults USF Morsani College of Medicine Tampa, FL	2016-present
Developmental and Behavioral rotations Faculty Preceptor 2 pediatric residents per month Outpatient clinics USF Morsani College of Medicine Tampa, FL	2016-present
Pediatric Neurology Clerkship Faculty Preceptor 1 pediatric resident per month Outpatient clinics and in-patient consults Carle Foundation Hospital, University of Illinois Urbana-Champaign, IL	2011-2015
Adult Neurology Clerkship Faculty Preceptor 1 adult neurology resident per month Outpatient clinics and in-patient consults New York-Presbyterian Medical Group-NY Methodist Hospital Brooklyn, NY	2009-2011
Pediatric Neurology rotations Faculty Preceptor 1 pediatric resident per month Outpatient clinics and in-patient consults New York-Presbyterian Medical Group-NY Methodist Hospital Brooklyn, NY	2009-2011

- **Graduate Medical Education (Fellows)**

Sleep Medicine Fellows 2019-present
Department of Internal Medicine
Assistant Program Director
2 fellows a year
Outpatient clinics and in-patient consults
USF Morsani College of Medicine
Tampa, FL

Clinical Neurophysiology Fellows 2016-present
Department of Neurology
Core Faculty Preceptor
2 fellows a year
In-patient service
USF Morsani College of Medicine
Tampa, FL

Sleep Medicine Fellows 2016-2019
Department of Internal Medicine
Core Faculty Preceptor
2 fellows a year
Outpatient clinics and in-patient consults
USF Morsani College of Medicine
Tampa, FL

- **Student/ Resident/ Fellow Lectures**

Pediatric EEG 2017-present
USF/ STC
Clinical Neurophysiology Didactic Lecture (once a year)
Tampa, FL

Sleep Medicine 2017-present
USF/ STC
Clinical Neurophysiology Didactic Lecture (once a year)
Tampa, FL

Pediatric Epilepsy 2016-present
USF
July Boot Camp Noon Neuro Lecture

Tampa, FL

Headaches Evaluation in Children
Case Based Conference (CBC) Pediatric Med Students Lectures
once every two months, audience of around 25 students
Tampa, FL 2016-present

Pediatric Neurology Lecture Series for Medical Students
Once a year in October
10-20 students
Tampa, FL 2016-present

Sleep Fellow Lectures & Faculty Preceptor
12 lectures a year
2 fellows per year
Tampa, FL 2016-present

Sleep Fellows Lectures & Faculty Preceptor
2 weeks of daily introductory lectures (July)
2 fellows per year
Tampa, FL 2016-present

Clinical Neurophysiology Child Neurology/ Pediatric EEG
Lectures for Epilepsy Fellows
2 lectures a year
2 fellows
Tampa, FL 2016-present

Neonatology Fellows Lecture
2 lectures a year
2 fellows
Tampa, FL 2016-present

Teaching, Supervisory

OSCE Advanced Medical Learning and Simulation Course for Fellows
simulation exam twice a year
2 fellows per year
Tampa, FL 2016-present

Board Review for Pediatric Residents
once a year
10-20 residents 2016-present

Tampa, FL

INVITED LECTURES

- **International**

Lennox-Gaustaut Syndrome and Sleep November 2017
5th International Family and Professional Conference on Lennox-Gastaut
Syndrome
Orlando, FL

- **National**

Insomnia in Parkinson's Disease February 2019
The Insomnia Project
Tampa, FL

- **Regional**

Obstructive Sleep Apnea in Children January 2020
USF's Health Office of Continuing Professional Development
Tampa, FL

Medical Marijuana in Neurology October 2019, 2018, 2017
Tampa General Hospital
CME Presentation
Tampa, FL

(speaker and course director) August 2019
The Future of the Pharmaceutical Treatment of OSA
20th Annual Current Concepts in Sleep
Clearwater, FL

(speaker and course director) August 2019
Medical Marijuana and Sleep
20th Annual Current Concepts in Sleep
Clearwater, FL

Restless leg syndrome (Invited speaker) November 2018
Neurology Grand Rounds
USF's Health Office of Continuing Professional Development
Tampa, FL

(speaker and course director) Driving with Epilepsy 18th Annual Current Concepts in Sleep with Concurrent Epilepsy Symposium Clearwater, FL	September 2017
(speaker and course director) Medical Marijuana and Epilepsy 18th Annual Current Concepts in Sleep with Concurrent Epilepsy Symposium Clearwater, FL	September 2017
Sleep Disorders in Children Tampa General Hospital CME Presentation Tampa, FL	April 2017 January 2017
Sleep Disorders in Children Joint CME Talk for County School Education Program (Hillsborough, Pinellas, Pasco, and Polk County) Tampa General Hospital Tampa, FL	January 2017
(expert panelist) Florida Medicaid Psychotherapeutic Medication Guidelines for Children and Adolescents Medicaid Drug Therapy for Behavioral Health Program Tampa, FL	October 2016
Neuromuscular Disorders and Sleep 17th Annual Current Concepts in Sleep Clearwater, FL	September 2016
Sleep Disorders in Children: When is a Sleep Study Required? Pediatric Grand Rounds USF Health Tampa, FL	March 2016
Medical Marijuana: What we Know Pediatric Grand Rounds USF Health Tampa, FL	April 2017

Sleep Disorders – Webinar 2008
Sleep Disorder Institute, New York Medical College
New York City, NY

Infantile Spasms 2007
Epilepsy Conference
SUNY Downstate Medical Center
Brooklyn, NY

Non-epileptic Seizures 2006
Epilepsy Conference
SUNY Downstate Medical Center
Brooklyn, NY

- **Local**

(speaker and consultant) November 2019
Sleep Medicine
Care Orchestrator Customer Experience
Philips Respironics
Tampa, FL

Sleep Workshop September 2019
Community Talk January 2019
Bisk Education
Tampa, FL

Pediatric Sleep Disorders 2013
Pediatric Grand Rounds
Carle Foundation Hospital at University of Illinois
Urbana-Champaign, IL

Restless Leg Syndrome and Periodic Limb Movement Disorder in Children 2011
Pediatric Grand Rounds
Carle Foundation Hospital at University of Illinois
Urbana-Champaign, IL

Sleep Disorders 2010
Neuroscience Grand Rounds
New York-Presbyterian Medical Group-NY Methodist Hospital
Brooklyn, NY

Restless Leg Syndrome and Periodic Limb Movement Disorder in Children 2010
Pediatric Grand Rounds

New York-Presbyterian Medical Group-NY Methodist Hospital
Brooklyn, NY

Neurofibromatosis Type I 2007
Residents Grand Rounds
(SUNY)State University of NY at Downstate Medical Center
Brooklyn, NY

Parasomnias 2007
Residents Grand Rounds
(SUNY)State University of NY at Downstate Medical Center
Brooklyn, NY

Tuberous Sclerosis 2006
Case Presentation
(SUNY)State University of NY at Downstate Medical Center
Brooklyn, NY

Cerebellar Astrocytoma 2005
Case Presentation
(SUNY)State University of NY at Downstate Medical Center
Brooklyn, NY

Spinal Cord Tumors 2005
Case Presentation
(SUNY)State University of NY at Downstate Medical Center
Brooklyn, NY

Neurological Complications of Non-accidental Trauma 2005
Case Presentation
(SUNY)State University of NY at Downstate Medical Center
Brooklyn, NY

CLINICAL ACTIVITIES OR INNOVATIONS

- **University of South Florida**

Pediatric Sleep Clinic (creator of clinic) 2016-present
Created and implemented clinical evaluations, diagnostic studies, and counseling protocol for first Pediatric Sleep Disorders Clinic for ages 0-21 years in the state of Florida. Referral base consists of pediatric patients from all across the state of Florida, with various neurodevelopmental disorders, autism, genetic disorders with craniofacial abnormalities, intracranial abnormalities and suspected sleep disordered breathing and other sleep disorders.

1 half day clinic per week, 10-16 patients per week, 4-6 patient referrals per week from outside of Tampa Bay area

Pediatric Neurology Clinic 2016-present
Provide diagnostic evaluation and treatment/counseling for pediatric patients (0-21 years) for various neurological conditions including headaches, cerebral palsy, seizures/epilepsies, neurodevelopmental and neuromuscular disorders. Broad patient referral base across Florida.
3 half day clinics per week, 35-40 patients per week

- **Tampa General Hospital**

Pediatric Neurology Inpatient Consult Service 2016-present
Provide inpatient neurological consultations/assessments for various conditions, including, but not limited to pediatric strokes, intractable epilepsies, head traumas, intracranial infections, autoimmune and neuromuscular disorders.
20-30 per week

Pediatric and Neonatal Sleep Consult Service 2016-present
First in Florida to implement neonatal sleep consults/evaluations, diagnostic testing to differentiate apneas versus seizures, presurgical and post-surgical diagnostic (sleep studies) consultations for NICU babies. Newborn babies are transferred from various surrounding hospitals to obtain these diagnostic studies and evaluations.
10-15 per week

Adult Sleep Clinics 2016-present
Diagnose, treat, and counsel adult patients referred from throughout Florida for initial and second opinions regarding underlying sleep conditions such as narcolepsy, restless leg syndrome, neurodegenerative disorders with sleep difficulties, obstructive sleep apnea, insomnia, and parasomnias.
3 half-day clinics per week, 30-40 patients per week

Adult Sleep Medicine Inpatient Consult Service 2016-present
Inpatient sleep consultation/assessment for underlying sleep disorders for patients admitted with various neurological conditions such as strokes, neuromuscular disorders, epilepsies, etc.
10 per week

Diagnostic testing/ studies:

Sleep Studies Interpretations for all ages 2016-present

Read, interpret, and write up reports for in lab polysomnograms, home sleep studies, multiple sleep latency tests, maintenance of wakefulness tests, CPAP/BiPAP titration sleep studies.
50-100 per week

Neuro Diagnostic testing (EEG Interpretations for all ages) 2016-present
Read, interpret, and write up reports for long-term EEG monitoring in the epilepsy unit, ICUs, ambulatory, and routine EEG studies.
10-20 per week

- **Advent Health**

Sleep Studies Interpretations for all ages 2017-present
Read, interpret, and write up reports for in lab polysomnograms, home sleep studies, multiple sleep latency tests, maintenance of wakefulness tests, CPAP/BiPAP titration studies.
10-20 per month

- **Other**

Sleep Studies Interpretation for Pediatric Epilepsy & Neurology Specialists (PENS) 2018-present
Provide diagnostic interpretations for outside clinical group/diagnostic labs.
Read, interpret, and write up reports for in lab polysomnography tests, home sleep studies, multiple sleep latency tests, maintenance of wakefulness tests, CPAP/BiPAP titration studies.
10-20 per month

EEG Interpretation for SleepMed/ Bioserenity 2017-present
Provide diagnostic EEG interpretations for outside company.
Read, interpret, and write up reports for long-term EEG monitoring, ambulatory, and routine EEG studies.
2-5 per month

SPONSORED RESEARCH AND CONTRACTS

A. Current Contracts

Agency: Hikma Pharmaceuticals USA Inc.
I.D.# NCT04320940
Title: *A Randomized, Double-Blind, Controlled Study to Assess the Efficacy and Safety of Intravenous Phenobarbital in Neonatal Seizures*
P.I.: Taeun Chang, M.D.

Role on Project: Sub-I
Percent effort: 1%
Project period: June 2021-ongoing

Agency: Pulse Inframe US, LLC
I.D.# Health CATNAPN.A.
Title: CATNAP: Pediatric Narcolepsy Registry
P.I.: Sagarika Nallu, MD
Percent effort: 5%
Project period: August 2020-present

B. Completed Contracts

Agency: Syneos Health
ID#: EPiCOG 18060
Title: *Continuity of Treatment with Epidiolex® (cannabidiol) CV at Close of Clinical Study.*
P.I.: Sagarika Nallu, MD
Percent effort: 5%
Project period: June 2019-March 2020

Agency: Sunovion
I.D# SEP093-364
Title: *An Open-label Eslicarbazepine Acetate Long-term Safety and Tolerability Study in Children and Adolescents (4-17 years)*
Role on Project: Co-investigator
Percent effort: 1%
Project period: July 2017-October 2017

PEER-REVIEWED PUBLICATIONS

*served as senior author

Journal Publications

Wallace, D. M., Wohlgemuth, W. K., Trotti, L. M., Amara, A. W., Malaty, I. A., Factor, S. A., **Nallu, S.**, Wittine, L., & Hauser, R. A. *Practical Evaluation and Management of Insomnia in Parkinson's Disease: A Review*. *Movement disorders clinical practice*, 2020; 7(3), 250–266.
<https://onlinelibrary.wiley.com/doi/full/10.1002/mdc3.12899>

Nallu, S., *Recommended Sleep Duration for Adults and Children: An American Academy of Sleep Medicine and Sleep Research Society Consensus Statement* *Brain Injury Professional*, Sleep Disorders and Traumatic Brain Injury, 2018; 14(4): 24
https://issuu.com/braininjuryprofessional/docs/bip_february_2018

Nallu, S., *What is Polysomnography and Why are There Different Types?*, *Brain Injury Professional*, Sleep Disorders and Traumatic Brain Injury, 2018; 14(4): 24
https://issuu.com/braininjuryprofessional/docs/bip_february_2018

Song, X., Choi, J., Rao, C., **Nallu, S.**, Nicastrì, A., *Primary Ewing Sarcoma of Lumbar Spine with Massive Intraspinous Extension*, *Pediatric Neurology*, 2008; 38: 58-60
[https://www.pedneur.com/article/S0887-8994\(07\)00426-2/fulltext](https://www.pedneur.com/article/S0887-8994(07)00426-2/fulltext)

*Waseem, M., **Nallu, S.**, Gernsheimer, J., *“SIDS” and Its Preventable Risk Factors: Do Parents Know?*, *Southern Medical Journal*, 2004; 97(11): 1144-1145 <https://sma.org/southern-medical-journal/article/sids-and-its-preventable-risk-factors-do-parents-know/>

Book Chapters

*Rosas, J., Anderson, W.M., Cabral, L., **Nallu, S.**, *Questionnaires and Rating Scales*. *Encyclopedia of Sleep and Circadian Rhythms* 2nd edition, 2021.

*Matarese, C.A., **Nallu, S.**, *Multiple Sleep Latency Test (MSLT)*. *Encyclopedia of Sleep and Circadian Rhythms* 2nd edition, 2021.

*Anderson, W.M., **Nallu, S.**, *Respiratory Monitoring During Sleep*. *Encyclopedia of Sleep and Circadian Rhythms* 2nd edition, 2021.

*Winslow, C, Holderman, D., Kociolek, E., **Nallu, S.**, *Sleep-Related Resources for Patients and Providers*. *Encyclopedia of Sleep and Circadian Rhythms* 2nd edition, 2021.

Nallu, S. *Disorders of Sleep*, *Cecil Essentials of Medicine* 10th Edition, 2021.

Nallu, S., *Pediatric Neurology*. Prepare for the Pediatric Emergency Medicine Board Examination, 1st ed. Waseem, M., Barata, I.A., Chao, J., Foster, D., Kondamudi, N. Springer International Publishing, Switzerland, pp. 191-219, 2020.

INVITED REVIEWS

*Sharma, A., **Nallu, S.**, Padhya, T., *An Update on Surgical Management of Failed Tonsillectomy and Adenoidectomy for Pediatric OSA*, *Advances in Pediatrics*, for publication in issue #69, 2022.

***Nallu, S.**, Guerrero, G., Lewis-Croswell, J., Wittine, L., *Review of Narcolepsy and Other Common Sleep Disorders in Children*, *Advances in Pediatrics*, 2019; (66): 147-159
<https://www.sciencedirect.com/science/article/pii/S0065310119300088>

Nallu, S., *Recommended Sleep Duration for Adults and Children: An American Academy of Sleep Medicine and Sleep Research Society Consensus Statement*, *Brain Injury Professional, Sleep Disorders and Traumatic Brain Injury*, 2018; 14(4):22.
https://issuu.com/braininjuryprofessional/docs/bip_february_2018

Nallu, S., *Narcolepsy*, *Medscape*, 2017
<https://emedicine.medscape.com/article/1188433-overview>

BOOK EDITOR

Nallu, S., *Section: Assessment, Methodology, Training and Policies of Sleep*, *Encyclopedia of Sleep and Circadian Rhythms* 2nd edition, 2021.

OTHER PUBLICATIONS

Cheng, S., Beauchamp, W., Calero, K., **Nallu, S.**, Cabral, L., Holderman, D., Schoonover, D., Johnson, L., Anderson, W. M., *A Pilot Hospital Intervention Program for Treatment of Obstructive Sleep Apnea*, *Sleep*, 2019; 42(1):A206.
<https://doi.org/10.1093/sleep/zsz067.512>

Nallu, S., *How to put your nightmares to rest*. *Tampa General Hospital News*, 2019
<https://www.tgh.org/news/tgh-news/how-put-your-nightmares-rest>

Nallu, S., *Recommended Sleep Duration for Adults and Children*. *BrainLine*, 2018
<https://www.brainline.org/article/recommended-sleep-duration-adults-and-children>

Nallu, S., Tossing, turning and aging: why does sleep get harder as we get older? *Tampa General Hospital News*, 2018
<https://www.tgh.org/news/tgh-news/tossing-turning-and-aging-why-does-sleep-get-harder-we-get-older>

Nallu, S., *Narcolepsy*, *Medscape*, 2017
<https://emedicine.medscape.com/article/1188433-overview>

ABSTRACT PRESENTATIONS

Matarase, C., Richardson, R.N., Almeida, E., Whyte, J., **Nallu, S.**, Anderson, W., Schwartz, D.J., Kieffer, K. *Dysphagia a Marker for Obstructive Sleep Apnea (OSA) in Traumatic Brain Injury (TBI) Patients: A VA TBI Model System Study*. Poster at SLEEP 2021 national conference, June 2021.

Gulati, G., Schwartz, D., **Nallu, S.**, Bell, K., Wittine, L., Fann, JR., Nakase-Richardson,R., *Central Sleep Apnea and Traumatic Brain Injury: A NIDILRR and VA TBI Model System Study*. Poster at SLEEP 2020 National Conference, June 2020.

Cheng, S., Beauchamp, W., Calero, K., **Nallu, S.**, Cabral, L., Holderman, D., Schoonover, D., Johnson, L., Anderson, W. M., *A Pilot Hospital Intervention Program for Treatment of Obstructive Sleep Apnea*, Poster at SLEEP 2019 National Conference, June 2019.

SERVICE

- **Editorial Activity**

Reviewed manuscript

Morkous, S., *A Case A 10-Year-Old with Frequent, Disruptive Unexplained Night Awakenings*, IMpact Academic Case Report (IACR), 2019.

- **Professional Memberships and Activity**

American Academy of Pediatrics 2018-present

American Academy of Sleep Medicine 2012-present

American Academy of Neurology 2005-present

American Epilepsy Society 2009-present

Child Neurology Society 2009-present

- **Committee Assignments**

Member 2018-Present
Inter-Professional Opioid Crisis Task Force
USF College of Public Health
Tampa, FL

- **Community Service**

Nightmares can plague adults, too, FOX 13, February 2019

<https://www.fox13news.com/news/nightmares-can-plague-adults-too>

Sleep disorders, National Every Kid Healthy Week at USF Health – Facebook Live video, April 2018 <https://www.facebook.com/usfhealth/videos/10155747088561715/>

Sleep storming, FOX 13, May 2018 <http://www.fox13news.com/news/331092525-video>

Ask the Doctor - Pediatric Neurology consultant, Channel 97-The NET, 2009-2010

<https://thetablet.org/category/ask-the-doctor/>