

Vickie M. Dugat, Ph.D., MPH

Curriculum Vitae

vdugat@usf.edu

Education

Ph.D. in Health Education

University of Toledo, Toledo, OH

December 2022

Cognate: Diversity

Dissertation: The Role of Stress and Discrimination
on Exclusive Breastfeeding Duration

Master of Public Health

Morehouse School of Medicine, Atlanta, GA
Master of Public Health Program

May 2017

Bachelor of Science

University of Florida; Gainesville, FL
Major: Family, Youth and Community Sciences
Minor: Health Disparities in Society

May 2015

Specialized Training

Certified Lactation Counselor (In progress)

In Progress

Healthy Children Project

The Center for Breastfeeding

Post-Doctoral MCH Research Fellow

February 2023-Feb 2025

Center of Excellence in Maternal and Child Health
University of South Florida, Tampa, FL

Appreciative Inquiry Facilitator Training (AIFT)

2023

The Center for Appreciative Inquiry

Quality Matters Course Peer Reviewer (PRC)

2022

Quality Matters (QM)

Professional Experience

Fellow

August 2025-Present

The Lawton and Rhea Chiles Center for Women, Children, And Families
University of South Florida, Tampa, FL

Program Director/Research Associate

February 2025-Present

Principal Investigator of Connecting Kids to Coverage Program
University of South Florida, Tampa, FL

Research and Grants Co-Chair

April 2023- February 2025

Maternal Outcome for Translational Health Equity Research (MOTHER Lab)
Tufts University, Boston, MA

Research Assistant August 2022- April 2023
Maternal Outcome for Translational Health Equity Research (MOTHER Lab)
Tufts University, Boston, MA

COVID-19 Case Investigator
Ohio Department of Health August 2021-June 2022
Lucas County Health Department August 2020- June 2021

University of Toledo
School of Population Health
Graduate Research Assistant August 2017-May 2022
Program Evaluator Consultant August 2017-May 2019

Hospital Council of Northwest Ohio April 2019- August 2019
Data Entry Clerk

Morehouse School of Medicine
Master of Public Health Program
Global Health Challenges and Research Methods Teaching Assistant January 2017 – May 2017
Biostatistics Graduate Teaching Assistant August 2016 - December 2016

Fulton County Department of Health and Wellness
Partners to Improve Community Health
Health Administration Specialist Intern May 2016 – December 2016

Satcher Health Leadership Institute (SHLI)
Graduate Research Intern October 2015 - August 2016

University of Florida Office of Admissions
Student Worker August 2012 - May 2015

Leadership/ Involvement

Breastfeeding Advisory Board Member March 2025-Present
National Association of County and City Health Officials (NACCHO)

Health Equity Scholar 2024-25 Cohort August 2024- Present
Scholars Strategy Network (SSN)

Maternal and Child Health Committee Secretary -Elect November 2024-Present
American Public Health Association

Program Manager and Chair of Fundraising & Awareness November 2023-Present
Black Maternal Health Week Initiative of Tampa Bay
University of South Florida

Advisory Board Member of Community Hub November 2023-Present
University of South Florida College of Public Health

Director of Curriculum Development and Implementation 2024 MCH Policy Scholars Summer Program University of South Florida	May 2024-August 2024
Maternal and Child Health Senior Fellow American Public Health Association	November 2023-November 2024
Director of Curriculum Development and Implementation 2023 MCH Scholars Summer Program University of South Florida	May 2023-August 2023
Maternal and Child Health Student Fellow American Public Health Association	November 2022-November 2023
Committee Member, Diversity and Inclusivity Committee University of Toledo, Toledo, OH	November 2017-December 2022
Student Committee Member, College of Health and Human Services Faculty Search Committee University of Toledo, Toledo, OH	March 2018- July 2019
College of Business and Innovation's Leadership Academy University of Toledo, Toledo, OH	January 2019- March 2019
Facilitator, TRAUMA Grant Advisory Board Cullen Center, Toledo, OH	October 2017-May 2021
Co-Chair, Student Wellness Committee (SWC) Morehouse School of Medicine, Atlanta, GA	June 2016 – April 2017
Chair, Community Service Outreach, Morehouse School of Medicine MPH Program Morehouse School of Medicine, Atlanta, GA	May 2016–April 2017
Co-Chair of Community Service, Student Government Association Morehouse School of Medicine, Atlanta, GA	May 2016 – April 2017
Co-Founder, Renaissance Haiti Non-profit organization	August 2009 - Present
<u>Honors, Awards & Scholarships</u>	
The Haitian American Chamber of Commerce of Florida <i>2024 Top 20 Under 40 Young Professionals Award</i>	2024
Sam P. Bell III Memorial Florida Health Kids Fellowship (\$1,500)	2025
University of Toledo Graduate Research Award (\$2,000)	2022
Delta Omega Honorary Society in Public Health- Alpha Lambda <i>Member</i>	November 2017- Present
George Stundon Scholarship (\$1,000)	2019-2022

Bauman and Lambert Memorial Scholarship (\$1,200)	2018
Fiedler-Fella Scholarship (\$815)	2018
Biostatistics Academic Award, Morehouse School of Medicine	2016
Public Health Ethics Intensive Course at Tuskegee University scholarship recipient (\$1,000)	2016
Morehouse School of Medicine, Friends of VMR Scholarship recipient (\$5,000)	2015

Certifications

ADA Compliance and Online Course Certification	2019
Advance Leadership Academy	2019
Diversity Ambassador Certification	2018
Fundamentals of Emergency Preparedness Certification <i>Mailman School of Public Health Columbia University</i>	2017

RESEARCH ACTIVITIES

Grants and Contracts-active

Principal Investigator/ Program Director Centers for Medicare & Medicaid Services <i>“Connecting Kids to Coverage HEALTHY KIDS 2025 Outreach and Enrollment Cooperative Agreement”</i> Grant amount: \$3,000,000	2025
Co-Investigator Maternal and Child Health Bureau, Health Services and Resources Administration <i>Emerging MCH Issues Supplement</i> Grant amount: \$60,400	2025

Grants and Contracts-completed

Principal Investigator/ Program Director Centers for Medicare & Medicaid Services <i>“Connecting Kids to Coverage HEALTHY KIDS 2022 Outreach and Enrollment Cooperative Agreement”</i> Grant amount: \$1,500,000	2025
Principal Investigator Association of Teachers of Maternal and Child Innovative <i>“Harnessing Knowledge Translation to Bridge MCH Research to Policy”</i>	2024

Grant amount: \$3,000

Co-Investigator

2024

Florida Blue

“*Foundation Healthy Communities*”

Grant amount: \$10,000

Grants and Contracts-in review

Grants and Contracts-submitted, not funded

Principal Investigator

2025

USF College of Public Health Internal Award

“*The Role of Stressful Life Events on Breastfeeding Behaviors*”

Amount: \$45,256.54

Co-Principal Investigator

2025

USF College of Public Health Internal Award

“*Florida Covering Kids and Families Statewide Coalition*”

Amount: \$15,000

Co-Principal Investigator

2025

USF College of Public Health Internal Award

“*Florida Covering Kids and Families Statewide Coalition*”

Amount: \$50,000

PUBLICATIONS

Peer Reviewed Journals

Dhaurali, S., **Dugat, V.**, Whittler, T., Shrestha, S., Kiani, M., Ruiz, M. G., Ali, I., Enge, C., & Amutah-Onukagha, N. (2023). Investigating Maternal Stress, Depression and Breastfeeding: A Pregnancy Risk Assessment Monitoring System (2016–2019) Analysis. *Healthcare 11*(12), 1691.

Dugat, V. M., Dake, J. A., Czaja, E., Saltzman, B., & Knippen, K.L. (2023). Do Stressful Events and Racial Discrimination Explain Racial Gaps in Exclusive Breastfeeding Duration? A Qualitative Interview Study with Black, Hispanic, and White Mothers Living in Ohio. *Journal of Racial and Ethnic Health Disparities*, 1-15.

Dugat, V. M., Chertok, I. R. A., & Haile, Z. T. (2019). Association between stressful life events and exclusive breastfeeding among mothers in the united states. *Breastfeeding Medicine*, 14(7), 475-481.

Dugat, V. (2017). A Means To An End (Poem). *Journal of Healthcare, Science and the Humanities*. Tuskegee University.

Dugat, V. M., Dake, J. A., Czaja, E., Saltzman, B., & Knippen, K.L. (2023). A Quantitative Study: The association between stress and discrimination on breastfeeding duration for more than 8 weeks. Manuscript in review.

Sejourne, S., **Dugat, V.** (2025). The role of father involvement in breastfeeding initiation and duration. Manuscript in progress.

Turner, A., **Dugat, V.** (2025). Maternal mental health and child incarceration in Florida. Manuscript in progress.

Book Chapter

Sharara, L., Gravesande, T., **Dugat, V.**, Yada, F., Amutah-Onukagha, N. (2025). Addressing Maternal Mental Health Trauma in Black and Brown Communities: A Culturally Competent and Bioethical Approach. In *Navigating Black Maternal Mental Health*, Chapter 8.

Conference Presentations

Oral

Dugat, V. 2024. The role of Stress and Racial Discrimination on Exclusive Breastfeeding Duration. *2024 Annual MCHB Joint Grantee Meeting*, Berkely, CA.

Dugat, V. 2023. Black women and barriers to exclusive breastfeeding. *Health Resources & Services Administration Center of Excellence/Catalyst Grantee Meeting*. Atlanta, GA.

Dugat, V., Dake, J., Czaja, E., Saltzman, B., & Knippen, K. (2022, November). The association between stress and discrimination on exclusive breastfeeding. *2022 Annual Meeting of the American Public Health Association*, Boston, MA.

Poster

Jacobs, X., Garza, C., & **Dugat, V.** 2025. Health Belief and Health Access: Responding to Intersecting Identities. *2025 Florida Public Health Annual Conference*, Orlando, FL

Rios, K.M., **Dugat, V.**, Fross, M., & Kirby, R. 2024. The quality of life of fathers and partner emotional support and its effects on exclusive breastfeeding. A cross-sectional analysis from the NSCH 2020-2021. *2024 USF Health Research Day*, Tampa, FL.

Jasper, A., Perez-Cans, K., Rejano, C.J., **Dugat, V.**, Wilson, R., Powis, R. 2024. "A Cultural Domain Analysis of How Dads and Doulas Perceive Maternal Support in Tampa, FL." *2024 American Anthropological Association*. Tampa, FL.

Jasper, A., Perez-Cans, K., Rejano, C.J., **Dugat, V.**, Wilson, R., Powis, R. 2024. "A Cultural Domain Analysis of How Dads and Doulas Perceive Maternal Support in Tampa, FL." *USF Undergraduate Summer Research Symposium*. Tampa, FL.

Dugat, V., Dake, J., Czaja, E., Saltzman, B., & Knippen, K. (2023, May). The association between stress and discrimination on exclusive breastfeeding. *2023 Annual Chiles Center Symposium*, Tampa, FL.

Mundy, D.S., **Dugat, V.M.**, & McBride, K.R. (2020, October). Predictors of contraception use among women who have experienced non-voluntary intercourse. *2020 Annual Meeting of the American Public Health Association*, San Francisco, CA., USA.

Dugat, V., Chertok, I. R. A., & Haile, Z. T. (2019, November). Association between stressful life events and exclusive breastfeeding among mothers in the United States. *2019 American Public Health Association Conference*, Philadelphia, Pennsylvania.

Dugat, V., Miles-Richardson, S., Archie-Booker, E., Tolbert, N., Claridy, M. & Gerbi, G. (2016, October). Association between adverse childhood experiences and mentally unhealthy days among women 18 years and over in the United States. *2016 American Public Health Association Conference*, Denver, Colorado.

Archie-Booker, E., Byrd, K., Cook, C., Diallo, K., **Dugat, V.**, Hurt, A., Mosley, D. & Miles-Richardson, S. (2016, September). Morehouse School of Medicine Master of Public Health Program: Community-Academic Partnership with Mother Hubbard Daycare and Kindergarten Center, Inc. *Community Engagement Day, Morehouse School of Medicine*, Atlanta, GA.

Dugat, V., Dufreny, C., Crooks, K., Darville, G. & Anderson-Lewis, C. (2015, March). A community Assessment of a Community in Southwest Gainesville, FL: UF student's perspective towards community building practice. College of Health & Human Performance: *Stanley Lecture Student Research Symposium* – Gainesville, FL

Abstracts

Logan, R., Fross, M., **Dugat, V.**, Odems, D., Black in Repro (BIR) Research Committee, Bell, AJ. Using digital storytelling to promote sexual and reproductive health equity and well-being among Black communities in Florida following a near-total abortion ban. (2025). University of California San Francisco Family and Community Medicine Rodnick Colloquium. Submitted.

Media Communication

Fross, M. (Co-Host), Dugat, V. (Co-Host), & Wilson, R. (Co-Host). (2025, April 11). All things #BMHWofTampaBay [Ep. 7]. Birthincolor Podcast. <https://creators.spotify.com/pod/profile/fl-black-maternal-health-/episodes/All-things-BMHWofTampaBay-e31dvm7>

Dugat, V. (Host), Peoples, Z (Co-Host), Hill, A. (Guest), & Walker, A. (Guest). (2025, March 28). 4th Trimester [Ep. 6]. Birthincolor Podcast. <https://creators.spotify.com/pod/profile/fl-black-maternal-health-/episodes/4th-Trimester-e30pv2k>

Public News Service. (2025, August 11). USF wins \$3 million grant to insure more Florida kids. Public News Service. <https://app.publicnewsservice.org/story/usf-wins-3-million-grant-to-insure-more-florida-kids/5cd23314-78c7-401f-af39-e1f768a5af3b>

American Public Health Association. (2025). *Ongoing crisis of Black maternal deaths requires broader approach*. *The Nation's Health*, 55(2), 3. <https://www.thenationshealth.org/content/55/2/3.1>

Logan, R., **Dugat, V.**, Odems, D., & Caesar, V.A. (2024). Here's what Florida can do to solve the Black maternal health crisis. Tampa Bay Times

TEACHING ACTIVITIES

Undergraduate

HEAL 4200: Methods and Materials Community Health
School of Population Health
University of Toledo, 2017

Year	Semester	Role
2017	Fall	Course Assistant

Course Assistant

HEAL 2700: Introduction to Public Health
 School of Population Health
 University of Toledo

2019 Spring Instructor of Record

HEAL 3600: Prevention and Control of Disease

2020 Fall Instructor of Record

School of Population Health
 University of Toledo

Masters

PHC 6537: Case Studies in MCH Programs, Policies, and Research
 College of Public Health
 University of South Florida

2024 Spring Co-Instructor

PHC 6708: Evaluation & Research Methods
 College of Public Health
 University of South Florida

2024 Summer Co-Instructor

**Translating Maternal and Child Health Research into Policy
 2024 Summer Pilot Program**
 College of Public Health
 University of South Florida
 Curriculum Developer and Strategist

2024 Summer Instructor

**Translating Maternal and Child Health Research into Practice
 2023 Summer Pilot Program**
 College of Public Health
 University of South Florida
 Curriculum Developer and Strategist

2023 Summer Instructor

Guest Lecture

Foundations of Research and Evaluation (PHC 4755)

Spring 2025

Student Supervision & Mentorships**A. Doctoral Students****MCH Policy Scholars Program**

Mirine Richey
 Nicole Harris

B. Master Students**Center of Excellence in MCH Education, Practice and Science, COPH**

Kiannyz Morales (Role: co-mentor)
 Alexis Rice (Role: co-mentor)

MCH Policy Scholars Program

Anna Broich (Role: co-mentor)
 Paula Hernandez (Role: co-mentor)
 Jacqueline Houston (Role: co-mentor)
 Alexis Rice (Role: co-mentor)

Translating MCH Research into Practice Scholars Program

Ja'Kyra Austin (Role: co-mentor)
 Melissa Avila (Role: co-mentor)
 Shelby Davenport (Role: co-mentor)
 Dowensly Jean Brice (Role: co-mentor)
 Mackenzie Maggio (Role: co-mentor)
 Yadhira Maldonado (Role: co-mentor)

C. Undergraduate Students**Health Administration**

Angel Turner (Role: co-mentor)

Program and Curriculum Development**Introduction to Health Policy Scholars Program**

2025

Partially funded by Maternal and Child Health Bureau, Health Services and Resources Administration and USF College on Public Health. In this new, innovative training program, Scholars (competitively selected) engaged in understanding, translating, and applying policy.

MCH Summer Scholar Program: Translating MCH Research into Policy

2024

Funded by Maternal and Child Health Bureau, Health Services and Resources Administration In this new, innovative training program, Scholars (competitively selected) engaged in translating MCH evidence into policy. Scholars work in teams with MCH Faculty/Florida Perinatal Quality Collaborative on ongoing projects.

MCH Summer Scholars Program: Translating MCH Research into Practice

2023

Funded by Maternal and Child Health Bureau, Health Services and Resources Administration In this new, innovative training program, Scholars (competitively selected) engaged in translational research, amplifying their proficiency and familiarity with community-related topics, advocacy, ethics, communication and Dissemination, quantitative and qualitative research methods, and knowledge translation. Scholars work in teams with MCH Faculty/community partners on ongoing projects.

Invited Seminars, Lectures, and Panel Discussions

Health Policy Panel Host: Maternal and Child Health Student Organization Panelist	2025
It Takes a Village Community Baby Shower Host: Beulah Baptist Institutional Church Panelist	2025
Listen Up! Reclaiming Our Narrative & Centering Our Stories for Breastfeeding Justice Host: Nurturely Presenter	2024
Beyond the Stethoscope: Diverse Perspectives in Healthcare Conference Host: Pre-Health Association of Minority Students Panelist	2024
Road to Resilience Workshop Host: Black Maternal Health Week Initiative of Tampa Bay Panel Moderator	2024
N'ap Boule Film Screening Host: Black Maternal Health Week Initiative of Tampa Bay Panelist	2024
Healthcare Disparities in Maternal and Child Health Host: Tampa Metropolitan Alumnae Chapter of Delta Sigma Theta Sorority, Inc. Delta GEMS Program Co-Presenter	2024
Health Equity and Reproductive Care Host: Maternal and Child Health Student Organization Panelist	2024

Student Research Experience

The Role of Stress and Discrimination on Exclusive Breastfeeding Duration Quantitative and Qualitative Study Doctoral Dissertation	April 2021-September 2022
Increasing access to Trauma-informed care University of Toledo, Toledo, OH Research Assistant	August 2017-May 2021
Kidney Foundation of Northwest Ohio's Patient Services Program Evaluation Team Kidney Foundation of Northwest Ohio Research Assistant	August 2017- August 2018

Harbor Work Experience Program Evaluation Team

Harbor Behavioral Health, Toledo, OH
Research Assistant

August 2017- August 2018

Patient-Provider Communication in Metastatic Breast Cancer Patients

University of Toledo, Toledo, OH
Research Assistant

August 2017-June 2018

Adverse Childhood Experiences and Frequent Mental Distress

Morehouse School of Medicine, Atlanta, GA
Master's Thesis

August 2016-August 2017

The Digital Health Equity Research (DHE) Undergraduate

University of Florida, Gainesville, FL
Research Assistant

June 2014 - May 2015

Community Engagement

Black Infant Maternal Mortality Taskforce

Member

2023- Present

Community Service Activities, University of South Florida, Tampa, FL

Judge for the Three Minute Thesis Competition (3MT) of Southern Graduate Schools

March 2023

COVID-19 Contact Tracer, Toledo, OH

Volunteer

April 2020- August 2020

Community Service Activities, Toledo, OH

Guiding Light Tabernacle Food Bank
Frederick Douglas Community Center
Health Educators Institute (HEI) Student Poster Judge, Columbus, OH
Health Occupations Students of America (HOSA) Judge
Feeding my starving children

September 2017-May 2020

Community Service Activities, Atlanta, GA

National Public Health Week
Historic Westside Cultural Arts Council 7th Annual Black History Celebration
Atlanta Community Food Bank
37th Annual Community Health and Wellness Fair at Greenbriar Mall
Mother Hubbard Take-Over MSM
Mother Hubbard Daycare and Kindergarten Center, Inc.
8th Annual Dr. Daniel S. Blumenthal Public Health Summit Student Facilitator
Peanut Butter and Jelly Sandwich Drive
Healthy Living & Community Engagement Day, Morehouse School of Medicine
Festival of Lights
Empowering Males to Build Opportunities for Developing Independence
Mother Hubbard School Supply and Toy Drive
Mother Hubbard Christmas Toy Drive
Thanksgiving Adopt Mother Hubbard

August 2016 – May 2018

Community Service Activities, University of Florida, Gainesville, FL

Student Volunteer, University of Florida College of Medicine, Gainesville, FL

August 2011 – May 2015

Student Volunteer, UF Health Shands Hospital, Gainesville, FL
Student Volunteer, St. Francis House, Gainesville, FL
Gator for a Day Mentor
Road to Zero Program HIV Program

Community Service Activities, Abroad

June 2014

Haiti Medical Mission Trip

Professional Affiliations

Association of Maternal and Child Health Programs (AMCHP)

January 2024

Florida Public Health Association (FPHA)

June 2023-Present

American Public Health Association (APHA)

2015- Present

Ohio Society for Public Health Education (OSOPHE)

August 2017- Present

Skills

- Program Management
- Contract Management
- Mixed Methodological Approaches - Social Epidemiology
- Thematic Analysis - Descriptive Epidemiology - Phenomenological Methods
- Program Planning - Evaluation - IRB Submission - Grant Writing - Research Design
- Literature Review - Needs Assessment - Community Engagement - Community Advocacy
- Stakeholder Engagement - Community-Based Participatory Research - Poster Presentation
- Culturally-Tailored Recruitment - Audience Tailored Communication - Oral Presentation
- Survey & Questionnaire Development - Theory-Based Research - Mentorship & Training
- Data Collection - Data Cleaning - Data Management - Data Synthesis & Dissemination
- Abstract & Manuscript Writing - Curriculum Development - Classroom Management
- Quantitative Analytic Software: SAS, SPSS, Qualtrics
- Qualitative Analytic Software: Dedoose, Nvivo, Qualtrics
- Educational Insights Platform: Canvas, Blackboard
- Reference Library Software: Endnote, Zotero